

FUN IN THE SUN!

Between the Staff Appreciation Barbecue, Bike Week Winnipeg, MHC Foundation's Canada Day Fun Run, and recreation events there has been no lack of fun for MHC's staff and volunteers. This trend continues with the upcoming Misericordia Health Centre Foundation Golf Classic on July 13, 2016. Happy Summer!



Nicole Perras, Recreation Facilitator, at the Fathers' Day Motorcycle Show



Peri Venkatesh, MHC Board Director, and Rosie Jacuzzi, President & CEO, serving chips at the Staff Appreciation Barbecue



Mayor Brian Bowman meeting Stephanie, a 97-year-old resident of Misericordia Place, who served and helped bake banana bread for the Bike Week Pit Stop.



MHC Foundation Canada Day 5K Fun Run Participants.

USE STRONG PASSWORDS

INFORMATION SECURITY STARTS WITH YOU

When creating a password, use a minimum of eight characters that contain upper/lowercase letters, numbers or special characters.

An online security awareness course is available through eHealth LMS (link available on M-Net).

Best practices in security, provided by Manitoba eHealth Services.



SAFETY CORNER

By Colleen Telford, Occupational Health RN

SPOT THE HAZARD. . .

REPORT THE HAZARD!

- Broken or missing equipment?
- Equipment not suitable for a task?
- Transfer logo needs to be reassessed?
- Cords that create a trip hazard?

Safety is everyone's job!

Report hazards BEFORE they cause an accident!



MISSION MOMENT

By Cathy-Anne Cook, Corporate Admin Assistant

This year marked my first Staff Appreciation Barbecue, not only an employee of the Misericordia Health Centre, but one of the staff organizing this event, the food, music, and, most importantly, the volunteers.

Now, I have worked many places with boards of directors and at those jobs not only did I never meet any of the board members, I would never have expected one of them to serve me a hamburger. Many of the MHC Board Directors volunteered for this event and to all of them I would like to say how appreciative I am that you would take time out of the middle of your day to be here; but this Mission Moment is about one Board Director in particular.

Peri Venkatesh volunteered for every day and evening shift with a smile on his face. Thank you Peri and all of the MHC Board Directors for volunteering. I can sincerely say it was a pleasure to meet you.



YOU'VE BEEN MISSIONED!

Human Resources: You've Been **Missioned!** Thank you for your hard-work, continuous care and living the Misericordia Sisters' legacy!

Want to know who will be **Missioned** in July? Watch MHC's Instagram and Facebook accounts for the reveal!

Life@MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: BRING ON SUMMER



A STRONG YEAR

I'm so proud to report this is the *ninth* year in a row MHC has had a balanced budget.

I want to thank everyone for their continued efforts to keep us on the right financial track.

The Winnipeg Health Region has not only allowed us to retain our surplus, but has also significantly funded our personal care home respite program on Cornish 5. The scheduled respite program provides relief to families who care for a dependent senior.

We currently have eight beds and are expanding to 16 with renovations in the fall.

HOLIDAYS

I know winters seem long in Manitoba and everyone rejoices when summer is finally here.

It's a quieter time to catch-up on work - and a time for holidays! Cottages! Cabins! Camping!

Holidays are well-deserved and everyone needs time to rejuvenate and recharge.

In the WRHA's President & CEO's recent message, Milton Sussman advocated for staff to use all their holiday time every year - and not check emails or call into the office.

I know that's difficult when we have demanding jobs, but I absolutely agree it's important to have downtime and a true mental break.

I feel strongly if staff don't take their holiday time, it's harder to be productive and creative throughout the year.

Take a break - you deserve it.

Happy Summer,

Rosie Jacuzzi
President & CEO

The MHC Foundation Thanks You!

By Karen Woloschuk, Executive Director, MHC Foundation

As I stepped into this role last November one thing most evident to me was the amazing staff at Misericordia. Turning out in flocks to support Foundation events such as the 20th Anniversary of the Angel Squad and the Guinness World Record attempt for the Largest Gathering of Angels, serving Christmas dinner to our residents and helping support our Gala in numerous ways, from the creation of our video and volunteering at the event, it's wonderful to see staff so engaged in the many activities here at Misericordia.

In addition to this support, I've witnessed the generosity of Misericordia staff participating in our joint United Way campaign and our Charities campaign. These gifts have helped to make a difference in many ways at Misericordia.

Currently, staff gifts are helping to support Life Enrichment programs, including music, art and horticulture programs. Programs that bring so much joy to our residents while bringing back memories of working in their gardens and trips to the Opera. The emotional, cognitive and social benefits of these programs are significant for our residents.

Whether by supporting an event, purchasing a raffle ticket or making a payroll gift, the donations from our staff are helping our residents and continuing what the Misericordia Sisters lived for, *Compassion of the heart for those in need* and for this I, and the Misericordia Health Centre Foundation, thank you.



Report to the Community

Misericordia Health Centre's Annual report to the Community is now available.

Pick one up from Volunteer Services, MHC's Corporate Office or find it on www.misericordia.com/news/publications



News This Month

FRIENDS FOR LIFE LADIES' LUNCHEON

The Misericordia Health Centre Foundation along with Jocelyn House hosted the 2nd Annual Friends for Life Ladies' Luncheon. Held at the Fort Garry Hotel, this event provided the opportunity to catch up with old friends while contributing to two wonderful organizations.



DEMENTIA CARE PROJECT OPEN HOUSE

MHC was selected to participate in the Dementia Care Project. This project focuses on educating staff in the P.I.E.C.E.S approach and decreasing antipsychotic medication use. P.I.E.C.E.S. aims at understanding the meaning behind a person's behaviour, considering their physical, intellectual, and emotional capabilities, environment and social

aspects. P.I.E.C.E.S. training provides knowledge and tools for staff to put in their toolbox to assist with dementia care management and help residents and families cope.

The Open House was held June 23, 2016.



WEAAD - JUNE 15

June 15, 2016 was World Elder Abuse Awareness day when all staff were encouraged to wear purple to show their support.

Prevent Elder Abuse Manitoba Coordinator Dara maternick stopped by the information table with a thank you to MHC's Social Work staff.



MY LITTLE CHOIR GIRL

By Annalee Abubo-Parke, Environmental Services Clerk

For the past eight years my daughter Sudan has been a student at Mulvey School, conveniently located across the street from the



Misericordia Health Centre, where she's been an active member of the Mulvey Touring Ensemble for the past three years.

Every year I would watch my daughter and the Mulvey Touring Ensemble perform at the Misericordia Health Centre and Misericordia Place, beaming with pride as all mothers do.

This year they performed on Friday June 10, 2016 at PRIME and Misericordia Place for the clients and residents. It was amazing, as always, to see

the girls sing, dance and act while performing the songs. The finale, a compilation from the 1965 classic movie, The Sound of Music, particularly resonated with the clients and residents, during which I watched them rather than my daughter as their eyes lit up and they grew taller in their chairs while they clapped or sang along.

It was a wonderful performance, but bittersweet for me, as it would be the last time I would be able to watch my little choir girl perform; at the end of June my daughter

graduated from Grade 6, the class valedictorian, and, in September, will be moving onto another school for Junior High. It may be the last time my eldest daughter will perform for the clients and residents of Misericordia Health Centre but it will only be a couple more years until my middle daughter Mali will be able to join the Mulvey Touring Ensemble to carry on the tradition. I, along with the clients and residents, will be there again singing and clapping along with tears in our eyes!

THE MULVEY TOURING ENSEMBLE

By Peter Corriea, Principal of Muvley School

The Mulvey Touring Ensemble consists of 10 marvelous Mulvey Students that are in grades 3-6 and give freely of their own time to practice and get ready for the touring dates, one in December and then one in June. All of the students have demonstrated great music and performing skills and their love of performing and giving back to the community is something they are very proud of. The Mulvey Touring Ensemble is under the direction of Ms. Wanita Mackenzie and Ms. Karlee Rosenberg.

The songs are carefully selected with our specific audience in mind. Some songs have been written by the members of the ensemble along with Mr. Dan Donohue, Juno Award Winner. The Mulvey School Touring Ensemble always appreciates the opportunity to perform for wonderful audiences across Winnipeg; Misericordia being one of our favourite stops.



IN APPRECIATION...

This letter is to say a very special thank you to Dr. Krishand Sethi, the nurses and the other health-care givers at the Misericordia Health Centre.

I was admitted for emergency treatment for a serious health issue at Misericordia on Sunday, May 22, 2016 and, follow-up treatment the following day Monday, May 23, 2016. I was in very bad shape.

I've been a resident of Winnipeg for 42 years and, one usually hears about the negative comments and read the bad headlines about the health-care system in Winnipeg from the various news media etc.

However; I must let you know that, that was one of the best health-care treatments that I've received compared to any of the other health-care institutions in Winnipeg. Whether it's at a hospital, clinic or otherwise. The staff and the professionals at the Misericordia were kind, courteous and very attentive on both days. On the follow-up visit on Monday the 23, I noticed that the Centre was twice as busy and intensive than the previous day. In spite of that, the staff and the professionals were just as caring and attentive. I'm not sure how they get it done but, they did. I do not believe that I received any special treatment or was treated differently than any of the other patients. For good measure, I received a follow-up call two days later, on Wednesday, May, 25, 2016 from a doctor (sorry, I did not get his name) checking to see that I was doing fine. To me, that's going above and beyond customer service in the health care field.

If that's the norm at the Misericordia Health Centre. I want to offer my congratulation and my heart-felt appreciation and gratitude to the staff and the professionals at the Misericordia. Thanks again to everyone and keep up the good works. For me, life is back to normal and I'm doing just fine.

Very best regards to all.

Sincerely,
A. Charles



RETIREMENTS / NEW HIRES

RETIREMENTS:	Aurea Severa Health Care Aide, MP31	Christine Forsman Manager, Patient Registration & Telecommunications
	Marcia Adair Registered Nurse II, Urgent Care	Leonard Bendell Health Care Aide, Surgical Complex
	Jane Van Dam Manager, Social Work	

NEW HIRES:	Mohammad Zeid ESA, Housekeeping	Anne Encabo Diet Aide III, Resident Food Services	Kate McEachern RN II, PACU/DS/POAC	Catherine Gosselin Patient Care Manager, Urgent Care & Ambulatory Care Clinics
	Shannon Bittner General Duty Radiology Technologist, Diagnostic Imaging	Kirsten Connors HCA, Cornish 6	Vincent Ha Grad Nurse, Urgent Care	Shannon Shushkewick Fund Development Officer, Special Events, Foundation
	Jianbo Mao Ophthalmic Photographer, Ophthalmology Clinic	Myka Plett Recreation Facilitator, Recreation Services	Stephanie Vandenberg RN II, Ophthalmologic Clinic	Danielle Nykoluk Occupational Therapist, PRIME Rehab Services
			Andrea Cormier RN II, PRIME	

INTERFAITH CALENDAR

- July 7-9 **Eid ul Fitr - Islam**
Islamic event marking the close of Ramadan. It is a festival of thanksgiving to Allah for enjoying the month of Ramadan. It involves wearing the finest clothing, saying prayers, and fostering understanding with other religions.
- July 11 **Saint Benedict Day - Catholic Christian**
Recognition of the father of The Benedictine Order. It was the first Order of the Western Church Monastic traditions and lived by the Benedictine Rule.
- July 24 **Pioneer Day - Mormon**
Observation of the arrival of the first settlers at Great Salt Lake, USA on July 24, 1847.

INTRODUCING...

We're very pleased to announce that Catherine Gosselin, RN BN, has accepted the position of Manager of Patient Care, Urgent Care and Ambulatory Care.

Catherine joins us with two years management experience in Long-Term and Chronic Care at Deer Lodge Centre. In addition, six years of acute care Emergency Program experience. Catherine makes an excellent addition to the team with very positive interpersonal and communication skills.

As an avid traveller, and someone who has enjoyed exercise her entire life, Catherine has been to Thailand twice, recently for vacation and once, when she was 15, for 6 weeks of martial arts training. This summer, when she's not at work, you will probably find her fishing.

Please join us in welcoming Catherine to the Misericordia family.

