

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

President's Message.....	1
OT Month.....	2
Staff Golf Tournament...3	
Flu Shots.....	4



PRESIDENT'S MESSAGE: JAVA WITH JACUZZI



I can't believe I've been hosting Java with Jacuzzi sessions for more than three years! Thank you to everyone who has made the time to share your thoughts and opinions with me.

The intention of these informal Java with Jacuzzi sessions is for me to spend time with staff

and speak to you on a personal level – something we typically wouldn't have time to do on a day-to-day basis.

Human Resources randomly selects staff, and checks they are working that day, before invites are sent. Java with Jacuzzi sessions are held in corporate office.

I'm genuinely enjoying hearing firsthand about MHC's success stories and challenges.

It's heart-warming to hear repeatedly that staff enjoy working at MHC and feel party of a family.

I also recognize Misericordia is not without challenges, and with your help we are able to

work towards solutions. We keep an action log of areas of improvement that are assigned to senior leaders.

Some requests may be beyond our control due to funding, like purchasing big-ticket items or hiring more staff, but we are always looking for creative resolutions.

All items stay on our list and some are, thankfully, fulfilled when we do have money. Like adding another level on our parkade; that sure has made life easier for patients, visitors and staff!

Other Java with Jacuzzi suggestions are very easy to implement. For example, a staff member mentioned the public

telephone at switchboard was disruptive and violated PHIA, so we moved the telephone to nearby wall. In another instance, the PHCC implemented "what happens after the phone call" team debriefings at the suggestion of a staffer.

Watch for your invitation to a Java with Jacuzzi session! You provide your thoughts and we'll provide the coffee and treats!

Rosie Jacuzzi

President & CEO

GUINNESS WORLD RECORDS - OFFICIAL!

By Karen Woloschuk, Executive Director, MHC Foundation



On December 1, 2015 the Misericordia Health Centre Foundation broke the Guinness World Record for the largest gathering of angels. We have now received our certificate to prove it!

You may recall that Germany held the previous record with a gathering of 1,039 angels and in true Misericordia style we didn't just beat their record by a few angels, instead we gathered 1,275 angels at Mulvey School.

We couldn't think of a better way to celebrate the 20th anniversary of Angel Squad. This would not have been possible without the staff, friends, family and community members who

came out in flights on a beautiful December day, without you, and all of the volunteers behind the scenes, we would not have been able to make history for the Misericordia Health Centre Foundation.

This years Angel Squad will take place on December 1 and 2. We cannot wait to see you in wings!

To see the record online go to <http://www.guinnessworldrecords.com/world-records/largest-gathering-of-angels>



OCTOBER IS OCCUPATIONAL THERAPY MONTH

An Interview with Corie Haslbeck, MHC Occupational Therapist

Corie Haslbeck has been an occupational therapist at Misericordia Health Centre for 24 years, starting here after graduation. She is currently working for the Ophthalmology and Easy Street programs. In the Easy Street program Corie assists clients with power mobility, this includes training and assessing them to use power wheelchairs and scooters. For the Ophthalmology program Corie assists clients with low vision or monocular vision with education, referrals and the occasional home visit.

Corie described occupational therapy as assisting people to do their activities of daily life. These activities are different for everyone so the goals for each client vary and it is up to the occupational therapist to assist their clients in attaining them.

Recently Corie assisted one of her clients who has very low vision and recently lost his ability to walk to get a power wheelchair, provided through the Society for Manitobans with Disabilities (SMD) Wheelchair Services. This client is now back at work using his wheelchair and he is looking forward to the next Winnipeg Transit training session through Easy Street to find out if he can use this city service with his new chair. Many people think that you cannot use a power wheelchair if you have

very low vision but with the proper training it is possible.

Corie has done many presentations about working with people with vision loss who need power wheelchairs; this September, grateful for the support of MHC, she presented this work in Denver, Colorado at the Envision Low Vision Rehabilitation Conference where she also learned about many low vision rehabilitation ideas and

programs.

Corie also spoke of a young Easy Street client who recently got her driver's license back after a brain injury. This client will now be going to SMD for employment counselling and training.

October is Occupational Therapy Month and here at MHC we are very proud of all of the good work our OT team is able to accomplish!



Tracy Goertzen, Corie Haslbeck, Teresa Peterson, Nadia Malchuk
Maureen Hamonic, Rusty (missing, Danielle Nykoluk)

RETIREMENTS / NEW HIRES

NEW HIRES:

Ankelika Bonn Briosos
Environmental Services Attendant

Banet Jean
Environmental Services Attendant

Katherine Jacobson
MDR Technician
Medical Device Reprocessing

Xiao Yan Tao
General Duty Respiratory
Therapist
Sleep Disorder Centre

Norman Del Barrio
Environmental Services Attendant

Myra Macam
Licensed Practical Nurse
Cornish 6

Connie Dimen
Clinical Dietician
Nutrition Services

Eileen Coates
Education Facilitator
Education Services

Courtney Hildebrand
Grad Nurse
Urgent Care

Sarah Goddard
Grad Nurse
Cornish 2

Yvonne Mendoza
Registered Nurse II
Operating Room

Candice Masters
Corporate Admin. Assistant
Corporate Office

RETIREMENTS:

Buster Green
Psychiatric Liaison Nurse
Urgent Care



STAFF GOLF TOURNAMENT!

SEPTEMBER 15, 2016



INTRODUCING...



German Tureckiy recently started at Misericordia Health Centre in the role of Supervisor for Distribution Services, Stores and Laundry. He comes to us from Medigas where he worked for six years as the Warehouse and Logistical Coordinator.

Born and raised in Latvia, German then lived in Israel for 15 years prior to moving with his wife to Winnipeg seven years ago. When asked what he likes about Winnipeg he said, "The simple life." He explained that he expected Winnipeg to be a modern western city and was surprised to find out that something as simple as getting air for your tires at a gas station not only costs money here but you require your own tire gauge. In Israel not only is the air free but there is a digital read out with the pressure and you can set it to fill to the amount you need.

German's wife is a Dental Assistant who recently finished college with honors and got her Canadian license as a Dental Assistant. His five and a half year old daughter has just started Kindergarten this year. In his spare time German practices Muay Thai, scuba diving and enjoys reading and watching movies.

Please join us in welcoming German Tureckiy to the Misericordia Family.

YOU'VE BEEN MISSIONED!

Misericordia Place 1: You've Been **Missioned!** Thank you for your hard-work, continuous care and living the Misericordia Sisters' legacy!

Want to know who will be **Missioned** in October? Watch MHC's Instagram and Facebook accounts for the reveal!



INTERFAITH CALENDAR

- October 4 **Saint Francis Day - Catholic Christian**
Christian recognition of service to people and appreciation of the natural world, as practiced by Saint Francis and the Franciscan Monastic Order which he founded.
- October 10 **Thanksgiving - Interfaith**
Interfaith celebration of the created earth.
- October 12 **Yom Kippur - Jewish**
Jewish day of atonement. The holiest day of the Jewish year is observed with strict fasting and ceremonial repentance.
- October 20 **Birth of the Báb - Baha'i**
Baha'i honouring of the founder of the Babi religion, forerunner to Baha'u'llah and the Baha'i faith.
- October 30 **Diwali - Hindu**
Hindu Festival of Lights symbolizing the human urge to move toward the light. Celebrated with gift exchanges, fireworks and festive meals.
- October 31 **All Hallows Eve - Christian**
Christian celebration of mystery. Combining prayers and merriment while involving children and families. It is a prelude to All Saint's Day.

MHC STAFF INFLUENZA VACCINE CLINICS 2016

Tuesday, October 11	11 a.m. - 5 p.m.	Auditorium
Wednesday, October 12	1 p.m. - 5 p.m.	Auditorium
Thursday, October 13	10:30 a.m.-5:30 p.m.	Unit carts
Friday, October 14	10 a.m. - 2 p.m.	Auditorium
Tuesday, October 18	1 - 5 p.m.	Auditorium
Wednesday, October 19	10:30 a.m. - 5:30 p.m.	Unit carts
Thursday, October 20	10:30 a.m. - 5:30 p.m.	Unit carts
Friday, October 21	12:30 p.m. - 5:30 p.m.	Auditorium
Saturday, October 22	9:30 p.m - 1 a.m.	Unit carts
Sunday, October 23	2 - 5 p.m.	Unit carts
Wednesday, November 2	2 - 3:30 p.m.	Room 183W
Wednesday, November 9	2 - 3:30 p.m.	Room 183W
Wednesday, November 16	2 - 3:30 p.m.	Room 183W
Wednesday, November 30	2 - 3:30 p.m.	Room 183W

Get vaccinated. Don't Spread the flu!
(Please bring your Manitoba Health card)

Flu shots are also available from:

- Pharmacists
- Public Health Clinics
- Quick Care & Walk-in Clinics
- Family physicians
- For more information go to: <http://www.wrha.mb.ca/healthinfo/a-z/influenza/clinics.php>

MHC Fitness: Tai Chi

If you are looking for a way to reduce stress, consider Tai Chi. Originally developed for self-defense, Tai Chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements.

Learn authentic Wu-style Tai Chi from Master Shoa Lei.

Learn authentic **Wu-Style Tai Chi** from Master Shao Lei

All skill levels welcome

SHAO LEI
TAIJI WUSHU

Every Tues/Fri, 1:30-2:30pm

MHC Fitness Centre Studio

691 Wolseley Ave.,

6th Floor, North East Room

Classes start on October 4, 2016

\$10/class (drop in) or \$60/month

Registration takes place in class

More info: shaoleitaichi.com

"HEIRLOOM" - RESIDENT ART SHOW

By Kelly Harris, Recreation Facilitator, Cornish 5

On Thursday September 22 residents, families, staff and MHC's friends from the community all gathered in the Great-West Life Rooftop Garden and Solarium for "Heirloom," an art show where the artwork of Misericordia Place and Interim Care residents was showcased. The residents created their artwork using many different mediums including acrylic, water colours, textiles, markers, pencil crayons and ink though the focal point of the evening was "Heirloom" the ceramic mosaic that is a permanent installation in the space.

"Heirloom" was the first resident art show at MHC and we are proud to say that another is scheduled for Misericordia Place on October 12 at 6 p.m. in the multipurpose room.

We would like to thank The Manitoba Arts Council, Artists in Residence Toby Gillies, Hannah Doucet and Natalie Baird and everyone else who assisted in making this event possible.

