



MISERICORDIA
Health Centre
The future of care

JULY 2015

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

INSIDE THIS ISSUE

- President's Message.....1
- Introducing2
- Bike to Work Day 2015.....3
- You've Been Missioned ..4



M-NET
MHC Intranet



PRESIDENT'S MESSAGE: WHAT A BANNER YEAR!



It's summer!

Time to rest, rejuvenate and reflect on all we've accomplished this year.

I know it seems like there's

always so much more to do, but it's important to breathe and take pride in our achievements.

Our 2014-2015 strategic achievements are now on M-NET! Please take a look to see how your department contributed and how MHC is growing as a facility.

It's really overwhelming to see what can be done in a year – from SAP and EDIS implementations to the 20th Anniversary of Health Links – Info Santé to launching M-NET to the “You've Been Missioned!” initiative and so

much more!

Our 2014-2015 Report to the Community has also been published, highlighting Phase 1 of our redevelopment, the opening of the new Maryland building with expanded Ambulatory Diagnostic Centre, Buhler Eye Care Centre and the new PRIME program.

Congratulations to our volunteers, staff and

physicians who helped us achieve the designation as a 2015 Manitoba Top Employer by living our Mission.

We even had sunny weather for our staff appreciation barbecue!

Enjoy your holiday time,

Rosie Jacuzzi

Rosie Jacuzzi
President & CEO



THANK YOU FOR SUPPORTING OUR FIRST FRIENDS FOR LIFE LADIES LUNCHEON

By Katie Hartle, MHC Foundation

IN SUPPORT OF MHC FOUNDATION AND JOCELYN HOUSE HOSPICE

MHC Foundation and Jocelyn House Hospice are both committed to providing a warm and dignified experience for individuals and families in need of end-of-life care.

It was this shared value that brought us together for a luncheon filled with friends.

Lunch was filled with laughs, a few tears, and many unexpected touches – from icebreakers at the table to a slideshow

featuring our guests with their friends.

We heard powerful stories from three speakers who shared their memorable friend experiences, laughed with emcee Chrissy Troy, and delighted at the sweet finale to lunch – a surprise candy buffet!

Thank you to all who supported, sponsored, and volunteered – we look forward to doing it all again next year!

UP NEXT –

July 15 is the MHC

Foundation's Annual Golf Classic, Presented by Canadian Tire, at Pine Ridge Golf Club.



MISERICORDIA
Health Centre
FOUNDATION

INTRODUCING ...

Meet George, MHC's newest visiting musical student from the University of Manitoba!

George is currently enrolled in classical voice at the University of Manitoba, and sees his future in musical education.

Music has always been a large part of George's life. His Dad, a musician, registered him in a musical group named *The Klezmer Kids* where he played drums and sang vocals.

George didn't start playing guitar until he was 17. His favourite music to play? Why Flamenco and Country Blues, of course!

When asked what he enjoyed most about his role at MHC, he said, "I really feel like I am making a difference, and I love seeing people smile when I am playing music they love!"

You can find George on any of the Interim Care or Long-Term Care units this summer - when you see him, please give him a friendly Misericordia welcome!



DID YOU KNOW?

THANK YOU

The MHC Nursing Practice Council would like to express our sincere gratitude to the Misericordia Nursing Alumni for their generous gift to fund the pins for this year's Nursing Excellence and Rising Star awards received in May. They will cherish them for a lifetime!



those with Alzheimers and other Alzheimers-related dementias.

Thank you, Alzheimer Society of Manitoba!



2015 STAFF APPRECIATION BARBECUE

On Wednesday, June 10, MHC's Board and Senior Leadership Team served hamburgers, smokies, chips and a special "We survived SAP!" cookie in appreciation of MHC's hard-working and dedicated staff.

Do you have a comment

about the Staff Appreciation Barbecue? Share them on M-NET under the *Question for You* tab!



ICE CREAM TREAT TUESDAYS!

On Tuesday, June 23 the Charities Campaign kicked-off: Ice Cream Treat Tuesdays!



Visit the Wolseley entrance on

FLOWERS BRING JOY AND HAPPINESS

Think back to the first day of spring; what comes to mind? Sunshine? Fresh garden flowers? Smiling faces?

This June Eileen Cormack, one of MHC's ever-so-generous volunteers brought just that - smiles and fresh flowers to many of MHC's residents.



Eileen delivered a surprise bouquet of freshly-picked blooms to Volunteer Services to share with our residents in MHC's chapel. When the flowers reached spiritual care staff they basked in glory reminiscing how often now-retired Fr. Vince would share his garden flowers each year in the chapel.

The blooms were graciously donated by close friend Jennifer, who works at a local garden nursery.

Thank you, Jennifer!

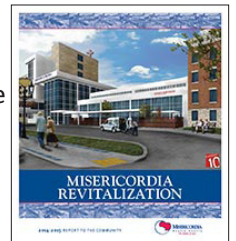
Tuesday, July 21 and August 18 to enjoy an ice cream novelty for only \$2.

Can't leave your desk? No problem! An ice cream cart will be visiting workstations!

MHC'S 2014-2015 REPORT TO THE COMMUNITY

Missed MHC's 2014-2015 Report to the Community in the Winnipeg Free Press? View it

online! Visit: <http://www.misericordia.mb.ca/News/Publications.html>.



ENGAGING RESIDENTS WITH FAIRY GARDENING

By *Ellen Locke*, Manager, Recreation Services

Our Great-West Life Rooftop Garden is planted and growing. This year the residents planted a Fairy Garden!

Fairy gardening engages residents and allows them to show their creativity by creating a “story.” Everything is miniature as the garden is meant to be ‘up close and personal’ for the residents, where each addition to the garden is a new part of the story.

Working in the garden enriches the residents lives in so many ways; it can be both motivational and relaxing.



Nicole Perras, Recreation Facilitator, and resident Peter Wilson, planted the Fairy Garden together.

.....

BIKE TO WORK DAY 2015

MHC together with the West Broadway Biz and GetChecked Manitoba hosted their third-annual Bike to Work Day pit stop on Friday, June 19!

As in previous years, the rainy weather held until late afternoon so volunteers and cyclists could enjoy live Cuban music from Son Urbano Trio, have their blood-pressure checked, enjoy MHC-baked banana bread, participate in the GetChecked Manitoba’s *What do you live for?* contest, and share a special drop-by visit from Winnipeg’s very own Mayor Brian Bowman!

A special thank you to our extraordinary volunteers, and our Housekeeping and Plant Services staff for all your help - Bike to Work Day wouldn’t be the same without each of you!

Did you know we had more than 400 cyclists visit? Check out MHC’s Facebook page for event and contest photos!

Until next year ...



WORLD ELDER ABUSE AWARENESS DAY

By *Jane Van Dam*, Manager, Social Work

Canadians and Manitobans have been recognized internationally as leaders in promoting World Elder Abuse Awareness Day (WEAAD), a day that recognizes the importance of identifying and preventing the mistreatment of older adults.

Here at Misericordia Health Centre and Misericordia Place, WEAAD was acknowledged on June 15 with special programs and activities.



This year our activities took on a team approach as residents, families, volunteers, staff and management joined together to wear purple as a representation of the importance of treating older adults with caring, respect and dignity.

Recreation staff assisted residents to personalize a purple ribbon with comments on what makes a safe and secure environment. These ribbons were displayed on the units.

The Social Work department contributed to the day with a display table providing information on resources available to assist in the prevention of abuse and affirming that older adults need to be supported and empowered.

MOTORCYCLES AT MHC!

By *Ellen Locke*, Manager, Recreation Services

The Harley Davidson riders visited Interim Care residents on Tuesday, June 16! Our residents had a great time looking at bikes, visiting with the bikers and shared many fond memories with our Harley Davidson guests.

A special thank you to Jane Van Dam, Manager, Social Work, who helped organize this wonderful event!



A Harley Davidson guest posed with MHC resident Barbara Owsiak

RETIREMENTS / NEW HIRES

RETIREMENTS:

Leticia Cruz
Health Care Aide,
Misericordia Place 3

NEW HIRES:

Ayla Horton
Scheduling Assistant,
PHCC

Austin Hill
Scheduling Assistant,
PHCC

Sasha Maric
Scheduling Assistant,
PHCC

Katrina Scaramuzzi
Scheduling Assistant,
PHCC

Erin Loschiavo
Recreation Facilitator,
Recreation Services

Mardea King
LPN, Misericordia
Place 3

LEGACY OF CARE, COURAGE AND COMPASSION

Manitoba has been blessed by the many sacrifices and works of the Catholic Sisters, who since 1844 have contributed greatly to the foundation of the health, education, and social service systems in the province of Manitoba by founding the first hospitals, orphanages, some of the first schools, homes for the aged, and other social service agencies.

The Catholic Health Association of Manitoba (CHAM) has committed to lead a two-year initiative that will acknowledge, commemorate, and celebrate Manitoba's Women religious who have served and continue to serve in our communities - proudly the Misericordia Sisters will be honoured for their courage and hard work in the development of Misericordia.



YOU'VE BEEN MISSIONED!

Ambulatory Care: You've been **Missioned!** Thank you for your hard-work, continuous care and living the Misericordia Sisters' legacy!

Want to know who was **Missioned** in July? Watch MHC's Instagram and Facebook accounts for the reveal!



INTERFAITH CALENDAR

- July 9 Martydom of the Bab - Baha'i - Ali Mohammed was executed in 1850 by Persian political and religious powers. Observed by abstaining from commerce and work.
- July 13 Ulambana (Obon) - Buddhist - Buddhist celebration of the ritual of saving the deceased from torments after death.
- July 13 Lailat al-Qadr - Islamic Night of Destiny. First revelation of Qur'an to Prophet Mohammed. Observed during the last 10 days of Ramadan. Prayers to Allah for a good destiny.
- July 18 - 21 Eid al Fitr - Islam - Islamic event marking the close of Ramadan. It is a festival of thanksgiving to Allah for enjoying the month of Ramadan. It involves wearing finest clothing, saying prayers, and fostering understanding with other religions.
- July 23 Emperor Haile Selassie birthday - Rastafari - Rastafari celebration honoring the founder.
- July 24 Pioneer Day - Mormon Christian - Mormon observation of arrival of first settlers at Great Salt Lake, USA, on July 24, 1847.
- July 26 Tish'a B'av - Jewish - Jewish celebration of romance between couples.

