

DECEMBER 2015 / JANUARY 2016

Life@MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: MERRY CHRISTMAS!



t's the most wonderful time of the year!

At just a blink of an eye, December comes and goes at MHC - a busy month celebrating the festive season - and I couldn't ask for a better way to celebrate!

This December kicked-off

with the MHC Foundation annual Angel Sqaud breaking the Guiness world record! Followed by SIX hot-turkey resident Christmas dinners, Santa ho-ho-ho-ing at our annual children's party; the multifaith Celebration of Light, ... and so much more.

I feel so blessed to be working alongside committed, compassionate and hard-working staff each day, and to call each of you family - thank you for living our Misericordia Sister's legacy!

I do hope you take time to rest, recharge, spend time with loved ones over the holidays. On behalf of our corporation, board and leadership team, Merry Christmas to all!

Rosie Jacup;

Rosie Jacuzzi

President & CEO



Let us joyfully celebrate
"Today a Savior is born".
This Savior is Jesus who is incarnated.

On the occasion of the year of the Extraordinary Jubilee of Mercy, may we open "the holy door" of our heart and let ourselves be carried by this wind of mercy.

May the year 2016 be a year of Love, Peace and Joy for you and yours.

Our warmest wishes for a Joyful Christmas and a Fruitful and Happy Year!

Monique Lallier, s.m.

Superior General and the Members of her Council

MISERICORDIA = WORLD RECORD HOLDERS!

By Katie Hartle, MHC Foundation

Do you hear what I hear?
We broke the Guinness world record for *The Largest Gathering of Angels*!

The record kicked off our 20th annual Angel Squad - the largest Angel Squad in history!

We didn't do it alone - 1,275 angels like you gathered in the Mulvey school ground to beat Germany's original record of 1,039 angels.

This feat could not have been possible without the tremendous help from you.

We are so blessed to have such

a supportive community here at Misericordia and in Wolseley.

Thank you to all of you who participated, supported, sponsored, and volunteered to make world history together!

Foodfare, Starbucks, MacDon, Payne Transportation and many sponsors also helped to make our world record dreams come true.

We are so grateful to share in so much success and community spirit with each of you, every day of the year. Thank you for your ongoing support!

Merry Christmas and Happy Holidays

from all of us at the Foundation!



MISERICORDIA

FOUNDATION



MECCA AWARDS RECIPIENTS

By *Sarah Rogers*, Provincial Health Contact Centre

The MECCA Awards recognize those who represent the essence of contact centre excellence; dedicated representatives who do their best on every customer contact and leaders who excel in leading, mentoring and training their teams.

This year Christl Skolny won the Representative of the Year and Talia Martens was the winner of the Leader of the Year awards.

Christl is hard-working, enthusiastic, knowledgeable and helpful. Always willing to go out of her way and help. The Provincial Health Contact Centre (PHCC) would be a different place without her; she is a great asset and we can't imagine the office without her.

It was just 18 months ago that Talia joined the leadership team at PHCC. She is well respected by her peers and was

overwhelmingly nominated for this year's leadership award.

Congratulations Talia and Christl!







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lalia Martens

MISSION DAY 2016

Join your Misericordia family in MHC's auditorium for the travelling Sister's Legacy Exhibit throughout the week of January 25!

Watch M-NET for more information regarding Mission Day on January 27, 2016.



MHC VOLUNTEER RECEIVES J.M. GEORGE MEMORIAL AWARD

By Cristina Buonpensiere, Manager, Volunteer Services

HC's very own volunteer, Ms. Jean Brewer, is this year's recipient of The Judge J. M. George Memorial Award!

She was awarded this honour at the Legislative Building on Thursday, November 5, at a special luncheon with the Council of Regional Health Authorities of Manitoba Board Chairs and Chief Executive Officers. This award recognizes individuals providing outstanding services in the health-care field in Manitoba, particularly those of a voluntary nature. She was accompanied by another long-time volunteer, former student of hers and a great friend, Mary Anne Cairns. Also attending with her was Volunteer Manager, Cristina Buonpensiere and Reghan Scaletta, Director of Human Resources. A donation has been made by the Council on behalf of Ms. Brewer to the MHC Foundation, directed to the Nurses' Alumni Fund.

Ms. Brewer has had a career in nursing spending many of those years at MHC as a nurse and a teacher at the School of Nursing. She was a valued and respected health-care colleague heavily involved in providing excellent

patient care.
She has been
volunteering
with us for
28 years
contributing
countless hours
in many areas.
We appreciate
her steadfast
commitment to
Misericordia



and she is definitely a revered member of our Volunteer Program.

On behalf of Volunteer Services, Human Resources, and the Misericordia Family ... congatulations, Jean!

AON HEWITT EMPLOYEE OPINION SURVEY RESULTS



We are pleased to report MHC has received the results of the most recent AON Hewitt Employee Opinion survey, and we can proudly say that our employees are among the most engaged in the region!

Our results show that we have a 73 per cent engagement rate, the highest score among all hospitals! The overall regional engagement rate is 58 per cent.

We are in the process of analyzing all the results, and look forward to sharing more information with you in the new year.

Thank you for your participation in the survey and for confirming what we know: our staff love the work they do.

JERSEY DAY AT MHC!

On Friday, November 20, MHC participated in National Jersey Day! For just \$2 staff were invited to wear their favourite jersey, sport uniform or sport-related t-shirt (and jeans!) in support of MHC's fitness committee! Monies raised will go towards MHC's fitness centre. Thank you to everyone whe participated!





Just because you've entered the health-care system, it doesn't mean the holidays stop. Recreation Services along with other staff at Misericordia, have literally been serving residents to make their holidays a fun and positive experience!

On December 1, residents enjoyed a concert in the Chapel by the Yuletide Singers; December 4, 8 and 11 were Interim Care units held Christmas dinners. Thanks to all of the support from residents, their families and friends, and staff throughout

Misericordia, the dinners were a huge success!

December 10 was the annual *Celebration of Lights* - a celebration of both Christmas and Hanukkah. December 17 was our *Day of Giving* where residents received gifts and sang carols with students from Balmoral Hall.

From our Misericordia Family to yours, we wish you all the best this holiday season, and a happy and healthy New Year!











FEARLESSLY: WORLD DAY OF THE DID YOU KNOW?

SICK By *Stepan Bilynskyy*, Director, Spiritual Health Services

Celebrated for over 20 years, the day of February 11 of each year invites us to solidarity with the people around us, experiencing the harsh reality of illness and suffering. Under the inspiration of John Paul II, this day reminds us of the dignity of every person, ill or elderly. This is also the time for health-care providers to understand the high value of their healing mission. The theme of this year's celebration, *FEARESSLY*, reminds us hope is an essential human need and every moment of our lives has meaning and purpose.

During the week of February 8-12 Spiritual Health Services will offer a series of events including prayer card distribution, information displays, the presentation "Pain Embodied: The Price We Pay For Being Compassionate." A special prayer and blessing of the caregivers will be offered. The Anointing of the Sick will be available for the residents at a scheduled time.

For more information about the services on February 11, please contact the Spiritual Care Services department at spiritualcare@misericordia.mb.ca.

SPIRITUAL CARE SERVICES AWARENESS WEEK

By Stepan Bilynskyy, Director, Spiritual Health Services

The provision of excellent Spiritual Care Services has always been experienced as a significant dimension to Misericordia's mission to serve Manitobans in accordance with the Catholic tradition of ethical and spiritual values. Spiritual caregivers, trained to respond to the needs of the human spirit, will reflect throughout the week of January 18-21, 2016 on continuous teamwork and collaboration with staff, families and countless volunteers across our organization.

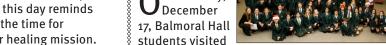
You are cordially invited to share in our celebration of Spiritual Care Services Awareness Week. We will offer information on our vocation via displays and group e-mails. We hope you'll enjoy our guest key note speaker, Tim Frymire with his presentation on grief and loss to be offered to staff, volunteers and family members.

For more information please contact the Spiritual Care Services department at spiritualcare@misericordia.mb.ca.

TAKE YOUR KIDS TO WORK DAY!

n Wednesday, November 4, MHC was pleased to host students for the annual Take Your Kids to Work Day!

Students from across Manitoba participated in simulated sleep disorder studies, ophthalmology surgeries, and visited the Misericordia Eye Bank for a hands-on eye tissue experience! How neat!



n Thursday,

GIVING

MHC for their annual Day of Giving!

BALMORAL HALL - DAY OF

SAFETY CORNER

n 2014 twelve MHC workers were injured due to a slip, trip or fall.

To help prevent falls:

- Wipe up spills immediately!
- Watch for "wet floor" signs.
- Choose appropriate footwear for the conditions. Plastic soles in winter can be a hazard!
- Clear debris from floors.
- Keep walkways free of clutter and obstacles.
- Secure (tack, tape, etc.) mats, and carpets that do not lay flat.
- Always close cabinet doors or drawers.

ANGEL SQUAD WORLD RECORD SOUVENIR T-SHIRT

Angel Squad World Record Souvenir t-shirts are on sale! Don't miss out – order yours online, over the phone, or in-person at the Foundation office. Many sizes are

Many sizes are available and are



\$20.99 each, with proceeds supporting MHC. Online orders: www.misericordiafoundation. com/angel-tees. Phone: ext. 8458.

SISTER'S LEGACY PROJECT - TESTIMONIALS

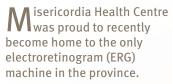
The Sister's Legacy project is looking for short testimonials of people who have been helped or been influenced by a sister at a time in need! If you have a story to share visit: http://www.sisterslegacy.ca/testimonials.html?lang=en.





NEW ERG MACHINE AT MHC

Only one of its kind in Manitoba



The new Maryland building provided expanded space for the Buhler Eye Care Centre, which was designed to accommodate the ERG machine.

Electroretinography is crucial in the early diagnosis of many hereditary eye diseases that cause blindness.

We're thrilled to be able to now test on site; patients were

previously sent to Edmonton and Ottawa for ERG testing.

Referrals for ERG testing are primarily for children, but adults who have rheumatoid arthritis and are taking a drug called chloroquine are also tested as chloroquine can cause retinal changes.

Our grateful thanks Dr. Paul Shuckett and the Odd Fellow and Rebekah Memorial Eye Foundation for their generous donations to purchase the ERG machine. Many thanks as well to our MHC Foundation.

INTERFAITH CALENDAR

December 26

Zarathosht Diso - Zoroastrain - Zoroastrian anniversary of the death of Prophet Zarathushtra.

December 28

Holy Innocents Day - Christian -Christian day of solemn memory of male children killed by King Herod in the attempt to destroy Jesus.

January 1

Gantan-sai (New Year's) - Sikh -Shinto New Year festival observed with prayers for inner renewal, prosperity and health.

January 17

World Religion Day - Baha'i - Baha'i sponsored day dedicated to the unity and oneness of all world religions.

January 18 - 25

Week of Prayer for Christian Unity -Christian - Christian observance with prayer for the restoration of unity between the churches of the faith.

January 25

Tu BiShevat - Jewish - Jewish celebration of the coming of spring by preparation of foods native to Israel. It is also known as "New Year for Trees" - a method for determining the age of trees for tithing purposes.

RETIREMENTS / NEW

RETIREMENTS:

Marc Rivard Supervisor, Laundry/ Linen/Stores

Robyn Roberts RN II, Urgent Care Lucille Folwark LPN, MP3

Ricardo Andrade Environmental Services Attendant, Housekeeping

NEW HIRES:

Hailey Syrnky Stenographer II, BreastCheck

Emma Robertson HCA, Float Pool

Rashidat Sanni HCA, Float Pool

Jignasa Patel HCA, Float Pool

Lilibeth Velasquez HCA, MP2

Deepa Shah Ophthalmic Assistant, Ophthalmology Clinic

Tanya Devloo Stenographer II, BreastCheck

Angela Hrybinsky Unit Clerk, Misericordia Place

Tsgerda Belay Environmental Services Attendant, Housekeeping

Jeffrey Garcia Environmental Services Attendant, Housekeeping

Chadellte Apilado Environmental Services Attendant, Housekeeping

Mary Lulus Environmental Services Attendant, Housekeeping

Darcy Little Environmental Services Attendant, Housekeeping Mary Anna Dominguez Environmental Services Attendant, Housekeeping

Ashley Pevie General Duty Cardiology Technologist, Diagnostic Imaging

Samantha Nedokus General Duty Cardiology Technologist, Diagnostic Imaging

Kaeleigh Fraser LPN, MP2

Karen Elna RPN, Float Pool

Sandra Moroz Kosowan RN II, Urgent Care

Eumir Enriquez RN II, MP2

Cachel Clarete LPN, Float Pool

Jennifer Kowall RN II, MP2

Dorothy Boughton RN II, Float Pool

Gloria Fernandez RN II, MP2

Linda Lee RN II, MP2

Karen Woloschuk Executive Director, Foundation

Kelly Cormack
Manager, Plant Services