

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: guidance from our board chair



This month, I'd like to share the message from Maria Grande, Misericordia Board Chair, so eloquently given at our recent Annual General Meeting.

Rosie Jacuzzi



President & CEO

Good evening everyone,

It took me some time to think of what to say this evening, given the impending closure of Urgent Care and the impacts to our Health Centre: our programs, patients, staff, Foundation and community at large.

So what do we say in such difficult times?

How do we make sense of the incomprehensible?

How do we behave?

These are my thoughts:

- We remain positive,

- professional and respectful
- We engage in meaningful discussions.
- We remain resolute in our beliefs and convictions.
- We appreciate and take pride in our accomplishments.
- We say thanks for all that we have - and the family and friends that surround us.
- We continue to be the voice for those matters and persons that we believe in, and for those individuals whose voices are not always heard.
- And we continue to volunteer and support care and give compassion to those in need.

We will adapt, we will be creative, and we will work hard to continue to succeed in what we have to offer.

Ask you know Rosie Jacuzzi, our President & CEO has given notice of her retirement.

We wish her great happiness and well-deserved relaxation in her retirement.

Rosie's positive attitude and her commitment to the Sisters' Mission will be infinitely missed at Misericordia.

Rosie has been President & CEO since November 2004 and will continue with us to the end of the year. More will follow on Rosie's retirement and celebration of her milestones.

Please join me in offering Rosie sincere thanks and appreciation for everything she has accomplished at Misericordia over the last 16 years.

In closing, thank-you all for your service, time and contributions to the Misericordia Family.

Maria Grande



MHC Board Chair

NEW FURNITURE FOR CORNISH 6!

By Karen Woloschuk, Executive Director, MHC Foundation

Thanks to the generous support from the staff at Misericordia Health Centre, our interim care residents on Cornish 6 now have new furniture!

This furniture has helped to beautify the interim term care units that serve as a temporary home for many Manitobans.

The purchase of the furniture was the result of the 2014 Charities Campaign where gifts were

directed to purchase beside tables and chairs for Cornish 6.

We never know how long our interim care residents are going to stay with us and typically they don't bring many personal items with them. To have beautiful and functional furniture warms up their living space and helps to make their stay with us a little more pleasant.

Thank you to all the staff who

participated in the Charities Campaign through payroll giving and our Charities Campaign events. Misericordia doesn't receive adequate operating dollars for enhancements like this, so we are particularly grateful to our staff for supporting this project.

This is just another example of how Misericordia's amazing staff give back and support this incredible facility and the people that we serve.



VOLUNTEER CONGRATULATIONS!

By Mirna Alberto, Volunteer Services Coordinator



Volunteers make a difference; we often hear how they impact our programs as well as how the volunteer experience contributes to their success.

I recently received a message from Tim, a volunteer here at

MHC, thanking us for connecting him with the Music & Memory volunteer role.

"I wanted to let you know that I was recently accepted for a Masters in Biotechnology program at McGill that starts in September. Thank you very much for your help getting into Music & Memory. I really enjoyed the experience and learned a lot from working with that very special program."

From everyone at MHC I would like to say thank you Tim for the gift of time and congratulations on being accepted into the Masters program at McGill. We wish you all the best!

MOTORCYCLES AT THE MIZ

By Ellen Locke, Manager, Recreation Services



Interim Care residents were treated to very special guests on June 20th.

Thank you to the riders for visiting with 45 motorcycles. For the past five years, these wonderful riders have come for their annual Father's Day visit with our residents. They share

stories, let the residents be photographed beside their bikes, and have a great deal of fun!

This is one of our favorite events. Thank you to Jane Van Dam, retiree, for arranging this exciting evening.

We look forward to the next visit, June 12, 2018.

SUMMER MUSIC

By Ellen Locke, Manager, Recreation Services

Welcome back George!

George Bajer-Koulack, our summer music student is back making music with our residents for the next nine weeks.

George just returned from Spain where he was studying flamenco guitar for six weeks.

Prior to his trip to Spain, George had just completed the second

year of his music degree at the University of Manitoba.

George will be performing on the units, at special events with the residents and providing solo shows (one-on-one visits) with residents.

The resident choirs will also benefit from George's return. He will be enhancing performances by adding and teaching the

residents about the use of percussion.

George is with us thanks to the generosity of the Government of Canada Summer Student Grant and Manitoba Artists in Healthcare.

If you see George you are welcome to say "Hi" or to watch the performance you've stumbled across and sing along.



EYE BANK ACCREDITATION

By Brenda Weiss, Patient Care Manager, Ophthalmology

Congratulations to the Misericordia Eye Bank team on another successful American inspection resulting in a full 3-year accreditation status. At the end of April surveyors from the Eye Bank Association of America visited Misericordia Eye Bank and reviewed processes on tissue recovery, processing, storage, distribution and donor eligibility. The Eye Bank team received accolades for their continued quality improvement, detailed documentation and excellent teamwork. The Misericordia Medical Device Reprocessing

department also received congratulations on their processes supporting the Eye Bank.

Misericordia Eye Bank also procures Amnion Tissue for use in numerous Ophthalmology surgeries.

The amniotic membrane, also known as the "amnion" is the innermost layer of the placenta, which lines the amniotic cavity. In order to donate, an expecting mother must be delivering through a planned Ceasarean (C-Section). The amniotic membrane is used in the



treatment of several ophthalmic conditions, especially those related to the ocular surface.

Want to know how you can support the Misericordia Eye Bank? Please visit signupforlife.ca;

your choice to become an organ and tissue donor could make a powerful difference in someone's life.



WEST BROADWAY CLEAN-UP

By Aynslie Hinds, 2017 West Broadway Spring Clean-up Coordinator



Thanks to the staff at Misericordia Health Centre who participated in West Broadway's annual spring clean-up on Friday, May 12th.

Your efforts to roll up your sleeves and pick up garbage were part of a larger annual spring community effort to clean and beautify the neighbourhood.

West Broadway is one of the most densely populated and well-traveled neighbourhoods in Winnipeg. Your participation in this event helps to improve the image of our community as a safe and welcoming place to live, work, and visit. Thank you!

BIKE WEEK PIT STOP - WE WON!

By Cathy-Anne Cook, Corporate Assistant & Fitness Committee member



We may be biased but we've always thought that our pit stop was the best; hot coffee, live music and free stuff, what more could anyone want?

This year the title for best pit stop was up for grabs and our pit stop, run by the MHC Fitness Committee, West Broadway Biz and CancerCare Manitoba's GetChecked program, won!

With our hash tag, #wafflesStarbucksandaband,

good food including waffles and banana bread, Starbucks coffee, live music by the Son Urbano Trio and giveaways our pit stop was able to shine even on the cloudy morning.

Watch our social media pages for the presentation of the trophy which will take place in mid July. Until then we have to decide on a time-share agreement for the trophy between the three groups who organized the pit stop.

COMMUTER CHALLENGE



From June 4-10, 2017 Canadians were challenged to actively commute or to commute in a more environmentally friendly way. For the fifth year in a row Manitoba has had over 50 per cent of the population participate in the Commuter Challenge, with the closest second place province coming in at less than 24 per cent participation.

Many MHC staff participated and became eligible for prizes both from the Green Action Centre in Winnipeg and the MHC Fitness Committee.

The MHC winner for the longest transit commute was Kelly Harris from Recreation.

The longest carpool winner for MHC was Alex Anis from POAC.

The winner for the longest active transportation to MHC (this was based on KM multiplied by average walking or biking speed) was Donald Plett from Spiritual Care.

Thank you to everyone who participated in the challenge, we hope you will all register your commutes next year so MHC's participation rate can be higher than the provincial average.

THANKING THE GARDENERS

By Shannon Chartrand, Director, Long-Term Care



On behalf of Misericordia Place I would like to thank the volunteer gardeners and the students of Westgate Mennonite Collegiate for helping make the gardens and courtyard look their best.

There aren't enough words of thanks, but the look of enjoyment in the residents and families eyes, make all the hard work worth it!

STAFF BBQ 2017

By Kristy Anderson, Executive Assistant

Thank you to the staff that joined us at the 2017 staff appreciation barbecue and to everyone who volunteered to make this a success.

This event is hosted by MHC's Board of Directors and Senior Leaders to thank staff for their dedication and hard work. It's a fun time for staff to get together, take a break from normal lunch routines, enjoy some time outside and welcome summer!



RETIRES

Tammie Tattam
RN, PAC, DS, POAC

Irene Guanlao
Health Care Aide, MP2

Kevin Lee
Respiratory Therapist
Sleep Disorder Centre

Katherine Klassen
RN, Operating Room



Mission Moment



YOU'VE BEEN MISSIONED!

MDR and Recreation: You've Been **Missioned!** Thank you for your hard-work, continuous care and living the Misericordia Sisters' legacy!

Want to know who will be **Missioned** in July? Watch MHC's Instagram and Facebook accounts for the reveal!



NEW HIRES

Maria Amio Dietetics Aide III Resident Food Services	Brittany Blackman-Shaw Ophthalmic Photographer Ophthalmology
Matthew Torres Ophthalmic Assistant Ophthalmology	Jessica De Ocampo Clerical Aide, Ophthalmology
Alvin v. Barcenas Dietetics Aide II Resident Food Services	Stephanie Smith General Duty Sonographer Diagnostic Imaging
Lauren Becker Diagnostic Imaging Assistant Diagnostic Imaging	Ramon Varanga RN II, PACU/DS/PO
Kylie Wildeman Health Care Aide, LTC Float Pool	Jodene Dusik-Sharpe RN II, PHCC
Cheryl McIvor Health Care Aide, LTC Float Pool	Jennifer Mohr LPN, C2
Jarod Strelnikow Health Care Aide, LTC Float Pool	Meagan Hill Health Care Aide, LTC Float Pool
Connie Sinclair Health Care Aide, LTC Float Pool	Stephanie Parel Stenographer II, BreastCheck
Arianne Mae Willamor Unit Clerk, Ambulatory Care	Tamara Baldes Registered Psychiatric Nurse LTC Float Pool
Dianne Boyce Occupational Health Nurse Human Resources	Alexander Avila Health Care Aide, LTC Float Pool
Lydia Willis RN II, MP3	Karen Grouette Administrative Assistant Spiritual Care & Education Services
Ancy Pradeep Health Care Aide, LTC Float Pool	Robyn Halliday RNII, Urgent Care
Nicole Welsh Health Care Aide, LTC Float Pool	Kaytlin Hampton Stenographer II Sleep Disorder Centre
Yves Toledo LPN, Cornish 6	Serina Adams RNII, LTC Float Pool
Debra Jacobsen RN II, PHCC	Peter Kresta MDR Technician Medical Device Reprocessing
Francoise Cahill Casual RN II, Urgent Care	Curtis McLarty MDR Technician Medical Device Reprocessing
Jennie Schaffer Clerical Aide, Urgent Care	

SAFETY CORNER

Did you know that each year nearly one in eight work time loss injuries are foot related?

There are a number of common foot injuries, ranging from sprains, strains and tears to surface wounds, bruises and fractures.

To help prevent these injuries ensure your footwear fits properly and is appropriate for your work area.

Not sure which shoes are safe for your work area? Please ask your department head or supervisor.

The right protective footwear can help protect you from :

- Slipping
- Crushing
- Punctures
- Electrical shock
- Static charges

Safety is everybody's responsibility!

MHC BY THE NUMBERS

A

Ambulatory Care:

5,930 Cast Clinic visits
1,064 Wound and Foot Care visits

D

Diagnostic Imaging:

7,234 CT scans
2,062 Electrocardiograms
8,694 Ultrasounds
19,457 X-rays

Diagnostic Services of Manitoba:

17,272 Blood samples collected
More than 200,000 tests

E

Easy Street:

1,859 Annual visits
23,525 Minutes spent training clients to drive power wheelchairs, including Winnipeg Transit training sessions

Education:

98 Students trained at MHC for a total of 11,176.5 hours

F

Focus on Falls Prevention Program:

595 Seniors visioned screened

Foundation:

1,002 donors raised \$1,625,043 for MHC programs and services

H

Health Information Services:

Over 4,000 charts filed by clerks every month

Housekeeping:

36% of waste diverted from landfill to recycling
193 washrooms, resident and patient rooms sanitized daily

Human Resources:

1,087 Staff members at MHC
135 Staff members under 30
160 Staff members over 60
Average age of all employees 46
Longest serving employee 56.5 years
24 retirees who served for a combined 667 years

L

Linen & Laundry

142 Kg. of laundry sorted, washed, dried, folded and delivered each day
800 Clothing protectors washed, dried and folded each day

Long-Term Care:

100 Bed Misericordia Place Personal Care Home with 35 admissions
111 Bed Interim Care with 237 admissions
16 Bed PCH Respite

M

MHC for Lungs:

802 Clinic visits

N

Nutrition Services:

257,755 Resident and patient meals
87% Satisfaction rating

O

Occupational Therapy:

2,543 Annual Visits
30 Home visits to assist people to function safely and independently

Ophthalmology:

11,447 Eye surgeries
32,123 Patients assessed & treated

P

Patient Registration:

Pediatric Dental Surgery:

866 Surgeries

Plant Services:

7,000 Florescents converted to LED

PRIME:

70 Clients enrolled
160 Referrals
12,015 minutes of group exercise
24,776 laps of the walking track for a total of 1,376 KM

Approximately 1,300 doctor visits

Provincial Health Contact Centre:

More than 600,000 calls
118,295 Calls to Health Links – Info Santé

524 Clients enrolled in TeleCARE-TélÉSOINS Manitoba

2,601 Calls to Dial-a-Dietitian

Physiotherapy:

12,276 Annual visits
6,980 Minutes of ultraviolet light treatments for people with skin conditions

R

Recreation Services:

Total attendance at all recreations events - 122,238
7 Residents 100 years or older
120 Pet visits from Jesse

S

Sleep Disorder Centre:

5,646 Sleep studies
20,681 Patients treated

Spiritual Care:

3,308 Individual visits to residents and patients
360 Chapel services of a variety of denominations with average attendance of 24 residents

Social Work:

5,109 Annual visits

U

Urgent Care:

38,571 Annual visits

V

Volunteer Services:

17,326 Volunteer hours
More than 380 volunteers
3 New volunteer roles added to PRIME with 8 new volunteers filling these roles