

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: FAREWELL... AND WELCOME



outpatient physiotherapy will be discontinuing service, we believe, sometime at the end of October.

It's incredibly difficult to have these programs leaving our Misericordia Family and we will certainly do our best to give them an appropriate send off. Please join us in our farewell celebrations to thank our staff for their commitment to MHC over the years.

WELCOME

Beginning October 3, medical coverage will be provided by our new 24/7 MHC Clinical Resource Team – a work in progress!

I'm so pleased that many of the staff hired thus far are from our Urgent Care team. We're grateful to keep you in the Misericordia

Family!

This new clinical resource team will handle emergency eye intakes, respond to codes, support medical care in a variety of our programs – and so much more.

The plan at the moment is for the team – one doctor and one clinical resource nurse at all times – to be located in the Buhler Eye Care Centre eye clinic during the day and on our Ophthalmology Assessment Unit (C3N) at night.

Rosie Jacuzzi

President & CEO

FAREWELL

Autumn is usually a time of new beginnings and this year will certainly be no different for Misericordia Health Centre.

As I'm writing this, we know for certain our Urgent Care will close on October 3 and

You're invited...

URGENT CARE & OUTPATIENT PHYSIOTHERAPY FAREWELL TEA

Why: A thank you and celebration of programs closing and everyone affected by clinical restructuring

When: Wednesday, October 4 - official program begins at 10:30 a.m., but feel free to drop in until as late as 12:30 p.m. for the opportunity to reminisce

Where: MHC Auditorium

URGENT CARE

OUTPATIENT PHYSIOTHERAPY

A UNIQUE WAY TO SUPPORT MISERICORDIA HEALTH CENTRE FOUNDATION!

By Karen Woloschuk, Executive Director, MHC Foundation



Did you know that local jewelry designer, Hilary Druxman has created two special pieces for the Foundation?

We are fortunate to have a beautiful Angel Wing necklace

and a Misericordia Heart necklace. Each necklace is a sterling silver pendant on a 16-18" chain.

Necklaces can be purchased online at hilarydruxman.com/?s=misericordia. You can also visit the Foundation office to purchase a necklace.

The cost of each necklace is \$40 with 100 per cent of the net proceeds from each necklace sold being used to enhance patient



services, purchasing specialized equipment, and supporting other unique needs not fully funded by the provincial health-care system.

Wear one of these beautiful necklaces to show your support for the Misericordia Health Centre Foundation!



You're invited...

URGENT CARE FAREWELL

In what is sure to be a memorable evening, please feel free to bid Urgent Care a final farewell and celebrate its 19 amazing years at the King's Head Pub – complete with buffet dinner and instrumental rock band Apollo Suns playing at 7 and 9 p.m.

Tickets (\$15 each, available from MHC Corporate Office Reception) go on sale Monday, September 18 for Urgent Care staff and alumni and Monday, September 25 for everyone else.

When: Thursday, October 5 at 6 p.m. - band at 7 and 9 p.m.

Where: King's Head Pub
120 King Street

1ST ANNUAL PARADE OF PAWS AT MISERICORDIA PLACE

By Ellen Locke, Manager, Recreation Services

On Tuesday evening August 22, the staff and residents at Misericordia Place welcomed some very special four legged, furry guests to our multipurpose room.

Thank you to resident families, volunteers and staff members for bringing in their dogs to share with our residents.

Recreation facilitators Linda Martinenko, Jayne Nixon and Erin Loschiavo (emcee for the Runway Parade) created this special event to commemorate the "Dog Days of Summer."

Each pet paraded along the runway, some did a few tricks and all received treats donated by Sandra Olivson, manager, retail food services. After the parade, the pets had plenty of time to meet and visit with our residents.

The recreation department would like to thank everyone who volunteered their time to help out with this event. It was a great to see our residents smile!



IN APPRECIATION

Hello,

We are grateful for the care and kindness that was extended to our mother.

You have a great team at Cornish 5 and we thank you and the staff for assisting and guiding us through this stage in our lives.

The staff made us feel welcome,

demonstrated their concern for our mother, helped us understand the process, all while providing a positive environment.

We extend our deepest thanks to all and admire the staff's dedication to Cornish 5.

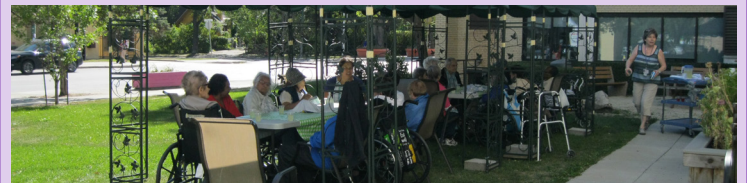
Thanks - from the family of an Interim Care Resident

PRIME BARBECUE

By Sherry McManus, Recreation Facilitator, PRIME

The weather warmed up and the sun came out for the PRIME clients as they enjoy the last barbecue of the season.

PRIME is a program designed to support seniors who still live in the community. Daily access to a variety of medical services enables our clients to live safely in their own homes and continue to be independent.



Eclipse photo by Tristan Cupida, Budget Analyst, Finance

MISERICORDIA PLACE GARDEN BENCHES

By Dave Ross, Program Assistant, Long-Term Care

On behalf of the MP residents, families and staff, a big thank you to Barry, Ken and the plant services department for their continued efforts to keep Misericordia Place looking its best!



CONGRATULATIONS BRENDA WEISS ON YOUR RECENT INTERNATIONAL PUBLICATION IN CELL AND TISSUE BANKING

DEVELOPMENT OF NATIONAL SYSTEM PERFORMANCE METRICS FOR TISSUE DONATION, PRODUCTION, AND DISTRIBUTION ACTIVITY

By Brenda Weiss, Patient Care Manager, Ophthalmology, Mazen Dakkak, Héma-Québec Quebec City, Gary Rockl, Southern Alberta Tissue Program Foothills Medical Center Calgary, Balram Sukhu, Mount Sinai Hospital Toronto, Jim Mohr, Canadian Blood Services Dartmouth, Kyle Maru, Canadian Blood Services Ottawa

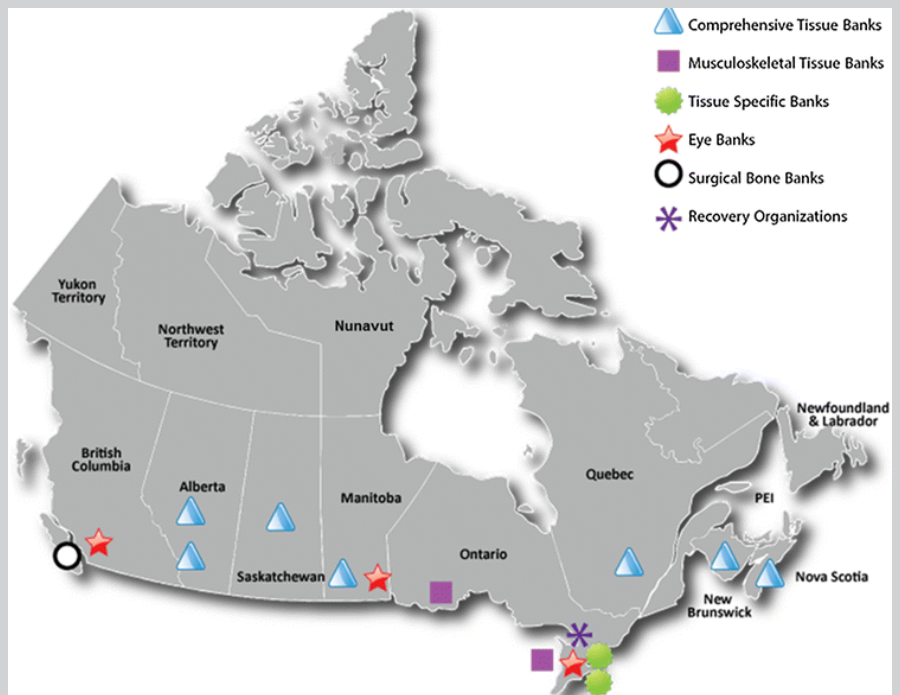
Abstract

Canada's federal, provincial, and territorial governments gave Canadian Blood Services a mandate for organ and tissue donation and transplantation, including system performance, data and analytics. In 2012 Canadian Blood Services facilitated an eye and tissue banking workshop focused on standardized specifications and practices. At the workshop, the Canadian tissue community directed Canadian Blood Services to facilitate the development and implementation of a national data stream and analytics. Prior to this no national data was prospectively collected or collated on tissue donation, production or distribution activity. An eye and tissue data committee was formed with representation from eye and tissue banks in all Canadian jurisdictions. A minimum data

set, standardized definitions, a data submission form and a quality assurance process was developed. Training was provided to data personal identified by each eye and tissue bank. Data collection was initiated January 1, 2013; with quarterly data submitted to Canadian Blood Services via excel spreadsheet. Data was submitted by sixteen Canadian eye and tissue banks, located in eight of Canada's thirteen provinces and territories, representing a census of activity. Annual data reports, with trend analysis, are generated and distributed to the tissue community

to inform operational strategy and system performance improvement. This report provides an overview of the data process and provides visibility

to the Canadian tissue donation, production and distribution activities for 3 years; January 1, 2013 to December 31, 2015.



To read the full story go to <https://link.springer.com/article/10.1007/s10561-017-9637-2>

SAFETY CORNER

Be Safe on the Roads

Even though summer is almost over and fall is just around the corner, there is still a lot going on the roads.

Road construction around the city is not yet complete, school is back in session, and the 30 km zones are back into effect since September 1st.

Even our MHC parkade had its own "road construction."

So please remember to be safe and patient around construction and school zone areas. Make sure to read the signs and slow down for pedestrians, bicyclists, school zones, and workers on the roads.



Mission Moment



By Mirna Alberto, Volunteer Services Coordinator

Crochet Comfort squares enhance the friendly visiting program for residents with dementia; they are a gift of love and time from volunteer Georgia Papastephanou, a friendly visitor volunteer.

When she dropped off her donation the note read, "I used to make them for my grandmother, and they brought her great comfort, which is why I call them comfort squares. It's just to let the residents have something soft to hold onto, to let them know someone is thinking of them, and that they are loved."

Georgia these are a welcome gift to the residents, they ease the interaction, it provides a venue for communication of a special kind.. THANK YOU!



Dial-a-Dietitian

1-877-830-2892
Call 204-788-8248 in Winnipeg

By Coralee Hill, Clinical Dietitian, Dial-a-Dietitian

Is your summer vacation over and it's time to get back to work at the office?

Here is an excerpt from @EatRightOntario's tips to help you ease back into the workplace routine and keep you feeling energized – even if you would rather be at the beach!

1. Start your day with breakfast

Eating breakfast fuels your body and brain so you can concentrate better at work.

2. Pack your lunch more often

Bring your lunch from home as often as possible to make healthier choices and save money.

3. Choose healthy snacks

Pack snacks or keep some at work so you don't have to rely on vending machine or convenience store snacks.

4. Stay active at work

Being more active can increase energy levels, lower stress and

help manage your weight. Find small ways to add more movement into your day.

5. Energize your day the healthy way!

Take a break from your work. Stand up and stretch or head outside for some fresh air.

For more tips or to read the full article go to:

eatrightontario.ca/en/Articles/Workplace-wellness/5-habits-to-make-your-workday-healthier.aspx

NEW HIRES

Mebrak Hebtetsion
Health Care Aide, LTC Float Pool

Rajandeep Ghataurha
Health Care Aide, LTC Float Pool

Rosita Catungay
Health Care Aide, LTC Float Pool

Michelle Ramos
Scheduling Assistant, PHCC

Jonathan McLaren
Health Care Aide, Acute Care

Avjeet (Avi) Brar
Dietetics Aide III
Resident Food Services
Sharon Lindsay
Casual RNII, Urgent Care

Aurora Sosa
Health Care Aide, LTC Float Pool

Leanne Kirk
LPN, C6

Maria Leonardo
Health Care Aide, LTC Float Pool

Maria Zelenewich
Stenographer II, BreastCheck

Tammie Tattam
RNII, C3/PACU/DS/POAC

RETIREES

Bonny Fullard
Polysomnography Technician
Sleep Disorder Centre

