



# Mission Moment

By Brenda Weiss, Patient Care Manager, Ophthalmology

In the past month the Registration Department has undergone a huge transformation and change of scenery.

They have joined the Buhler Eye Care Centre in the Maryland Building and are registering all ophthalmology clinic patients on the second floor.

Everyday, Monday-Friday 1-2 p.m. registration clerks work at

the blue desk and welcome all patients warmly and efficiently.

This patient-centred improvement process is already receiving accolades from patients and family members. On a daily basis we are hearing in person or receiving thank you's and comments on how great it is to be able to register on the same floor as their appointment.

For many of our patients decreased vision and mobility issues are a concern. Streamlining access to their appointments by having registration on the second floor has made the patient experience a better one.

The staff of the Buhler Eye Care Centre is please to include patient registration to the eye-care team.

## YOU'VE BEEN MISSIONED!

Rehabilitation Services: You've Been **Missioned!** Thank you for your hard-work, continuous care and living the Misericordia Sisters' legacy!

Want to know who will be **Missioned** in November? Watch MHC's Instagram and Facebook accounts for the reveal!



## NEW HIRES

Michelle Ramos  
Scheduling Assistant  
Health Links – Info Santé

Jayaseeli Fernandopulle  
Dietetics Aid III  
Resident Food Services

Tammie Tattam  
RN II, C3/PACU/DS/POAC

Bonny Fullard  
Polysomnography Technician  
Sleep Disorder Centre (casual)

Barbara Snidal  
Clerical Aide, C3/PACU/DS/POAC

Heather Ballantine  
Patient Registrar  
Patient Registration

Bernard Kwizera  
HCA, LTC Float Pool

Cynthia Ryan  
RN II, Health Links – Info Santé

Olga Anik  
LPN, Cornish 6

Ronald Perreaux  
Supervisor  
Environmental Services

Jaime Barr  
Eye Bank Technician  
Misericordia Eye Bank

## RETIREES

Adelina Mangale  
Health Care Aide, Cornish 2

Lynne Barr  
RN, C3

Allen Rance  
Capital Projects Coordinator  
Corporate Office

## Dial-a-Dietitian

1-877-830-2892  
Call 204-788-8248 in Winnipeg

By Coralee Hill, Clinical Dietitian, Dial-a-Dietitian

November is Diabetes Awareness Month and the Provincial Health Contact Centre is here for you! Every three minutes, another Canadian is diagnosed with diabetes or prediabetes while 30 per cent of Manitobans have diabetes or prediabetes. Chances are that diabetes affects someone you know. If you or a family member are looking for assistance with managing diabetes, call Dial-a-Dietitian to speak to a registered dietitian or you may be eligible to enroll in the TeleCARE-TéléSOINS Manitoba free diabetes education and support program.

For more information please check out Dial-a-Dietitian and TeleCARE-TéléSOINS Manitoba on our website [misericordia.mb.ca](http://misericordia.mb.ca).



# Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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## PRESIDENT'S MESSAGE: MHC IS ONLINE!



Manitoba eHealth Services that the software we had chosen for our new website would be the new regional standard, so the website we were creating would be our new permanent site.

After a year of consultation with our department heads and senior leaders, the new **Misericordia.mb.ca** was soft launched at the beginning of October 2017.

This new website design is more responsive to screen readers and other accessibility devices; it also allows for further accessibility options, including an audio element that is currently being looked into for our eye patients.

The site also makes it easier for Manitobans to contact MHC and receive a timely response

as many program pages now contain program specific contact information.

I would like to recognize the dedication and talent of our staff here at MHC, particularly corporate administrative assistant Cathy-Anne Cook, who found time within their days to create and update content on this new website. Without you, we would not have been able to create the new **Misericordia.mb.ca** at no additional cost.

Please take some time to look around the new website and let us know if you spot anything amiss or have any suggestions for improvement.

I suggest you "follow" our website for MHC updates, such as Life@Miz

sent directly to your personal email address. We are so pleased to have this new feature.

You can also follow MHC by searching for **@MisericordiaMB** on Instagram, Twitter and Facebook for an almost daily snapshot into what is happening at MHC - I know I will!

Rosie Jacuzzi

President & CEO

I am very happy to announce a change we have been working towards for over a year.

At the beginning of September 2016 WHRA Communications approved MHC updating our website while awaiting the WRHA to create a new integrated site.

This summer we found out from

## 2017 CHARITIES CAMPAIGN

By Karen Woloschuk, Executive Director, MHC Foundation



The 2017 Charities Campaign has started once again; MHC staff have been very generous with their donations and contributions. Proceeds from this year's campaign will support health and wellness programs for our

residents and patients.

So far the pizza day and bake sale have been a great success and we are still looking forward to the 50/50 and basket raffles (November 10).

Thanks to the generosity of MHC staff a total of \$31,125 was raised during the 2016 Charities Campaign. From that amount \$8,345 was designated for the Misericordia Place gardens, \$9,670 to the United Way of Winnipeg and \$13,110 was allocated to other projects and programs at MHC.

The 2016 Charities Campaign project was in support of the

Misericordia Place gardens. The garden adds a beautiful green space to our community and is also the "backyard" for our residents. They take pride in it when family visit. It gives them access to fresh air, sunshine and flowers. Familiar plants and the sights, sounds and smells in the garden trigger happy memories for the residents; this is particularly important for residents living with dementia. The garden gives residents a non-clinical environment to visit with family and friends resulting in more and better visits.

Gardens help reduce stress, improve mood, quality of sleep,

ability to concentrate, lower blood pressure and promote a positive effect on the mental state in the workplace.

Your donations to the Charities Campaign assured funding to maintain the Misericordia Place garden as a beautiful sanctuary for residents, their families, and MHC staff.

We are grateful for the incredible support of our staff in contributing to the important programs and services here at MHC and for supporting our broader community through the United Way of Winnipeg.

Thank you!



## PETTING FARM

By Ellen Locke, Manager, Recreation Services

On September 27 and 28 the Frog Hollow Petting farm visited the residents of Misericordia Place and MHC Interim Care.

This annual visit is a favourite of the residents; it provides a chance to visit with rabbits, goats, chickens, ducks and other animals.

This year there was a new addition to the farm, a potbellied pig named Pepper. She had a great disposition and everyone enjoyed meeting her.

I would like to thank the recreation and unit staff for making sure as many residents as possible were able to enjoy this event.



## PRIME CARNIVAL

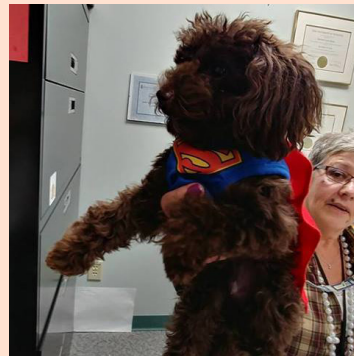
By Sherry McManus, Recreation Facilitator, PRIME

I would like to thank all of the MHC United Way volunteers who helped out at the PRIME carnival on September 29.

This amazing afternoon would not have been possible without their help.



## HAPPY HALLOWEEN FROM MHC!





## IN MEMORIAM - KELLI RALPH



KELLI RALPH January 14, 1963 - October 11, 2017 It is with deep sadness that the family announces the sudden passing of Kelli Ralph (née Braun). Mourning her passing are her parents Reg and Mary Braun (née Nickel); daughter Bailey, granddaughter Brooklyn, sister Shannon (Garth), nieces Cassie and Sammi; nephew Reggie, great-niece Madeline; partner

Shane, and loyal dog Levi. Kelli loved to laugh and will always be remembered by her infectious smile. She was a giving, generous, and selfless soul, who always put others ahead of herself. It was only fitting that she chose nursing as her career. Even during her last days on Earth she would try to send her family home from visiting her and kept insisting they go get some rest, because they must be exhausted. She worked in many different positions during her career, before settling into her long-time position in interim care at the Misericordia Hospital. It is no surprise, given her outgoing and witty personality, that she was immediately loved by her co-workers, who ultimately became like a second family to Kelli. Friends and relatives are encouraged to share in a video tribute, eulogy, stories, and condolences for the family by visiting Kelli's memorial page on IntegrityDeathCare.com Kelli touched so many lives and will be greatly missed by all who knew her. At her request, in lieu of a funeral service, a celebration of her life will be held on Tuesday, October 17, 2017. Please drop in anytime between 1:15 pm and 4:15 pm at the Fort Garry Community Centre, 880 Oakenwald Avenue, Winnipeg, Manitoba. INTEGRITY Cremation & Funeral Planning 204-295-5408 - IntegrityDeathCare.com

**As published in the Winnipeg Free Press on Oct 14, 2017**

## HEALTH CARE AIDE DAY!

*By Shannon Chartrand, Director, Long Term Care Programs*

On October 27 we celebrated Health Care Aide Day.

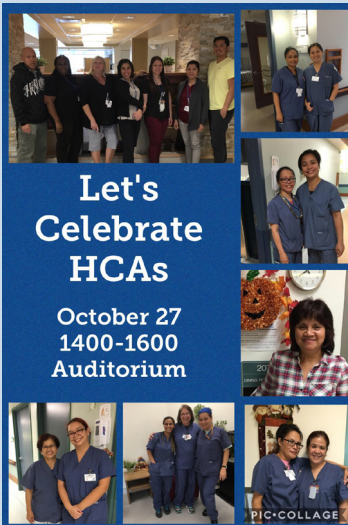
We recognized all of the HCAs with a cake and tea to honour and celebrate all of the important work HCAs do at MHC.

Health care is about teamwork. Our HCAs are key players in our team. With them we are able to provide care for our residents with respect and dignity.

We took this opportunity to say thank you to all of MHC's HCAs who live our mission and values of caring, respect and trust.

We couldn't do it without you!

On behalf of everyone at MHC we say thank you!



**Let's Celebrate HCAs**

**October 27  
1400-1600  
Auditorium**

## REMEMBRANCE DAY

*By Helen Heppner, Misericordia Place Resident*

He stood in a threadbare coat among the throngs  
With shoulders hunched against the wind and rain.

A tear rolled down his face as old battle songs  
Echoed in his aisles of memory and once again

He was young, eager to do his duty and his right,

To preserve his homeland, freedoms and democracy.

With comrades, he was prepared to stand and fight

So boats and ships could sail on a friendly sea.

When the last bombs had crashed with murderous roar,

Great men wondered and asked why so many had died

To be enshrined in the memory at the end of a war

By loved ones and those who fought at their side.

The Last Post sounded and mound of poppy wreaths lay

Upon the cenotaph to remember all who were not here today.

## PEOPLE PROFILE

### - ANNALLEE ABUBO-PARKE

Many of you already know Annalee Abubo-Parke; why wouldn't you, she's very friendly and has been a member of the Misericordia Family since 2003.

Her history at MHC started at the Information Desk as a part-time switchboard operator eventually getting a second position in Diagnostic Imaging as a part-time DI assistant. In September 2006 she took

a position as an environmental services clerk leaving this position in February 2017 when she moved to Security as the WHIMS Safety & Security Operations Clerk. In October 2017 she moved all her stuff (there is a surprising amount after 14 years at MHC) to Corporate Office Reception where she is now the assistant to Karen McCormac, Director of Quality & Patient Safety, and Dr. John Reda, CMO.

Annalee's life revolves around her family. She met her husband Wendell Parke through mutual friends and their love blossomed from friendship. Wendell is a full-time stay at home dad and part-time jazz musician who currently leads a local reggae band called Cornerstone; but this is just a small part of his music career.

She has three children; Sudan who is 13 has danced in the Folklorama Filipino Pavilion for four years and seems to be part of every extracurricular activity Gordon Bell has to offer. Mali who is seven also dances for the Filipino pavilion and was recently at MHC for the Mulvey School Halloween Parade through Interim Care. Benin is four and loves to dance so much that he stole the show at the 2017 Mulvey School talent show.

We are proud to have Annalee and her family as a part of the MHC Family!

