



MAY / JUNE 2018

# Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

## PRESIDENT'S MESSAGE: MHC Welcomes New Programs



Spring has sprung! The grass is lush green and the leaves are out on the trees.

Just as the seasons change, Misericordia Health Centre continues to transition to meet community needs: we are shortly

adding two complementary programs.

### 1) Transitional Care Unit (TCU)

The WRHA recently announced details of the second phase of the Healing our Health System plan – and MHC has a role to play. We're pleased to be able to assist with unmet specialized needs in the system by creating a transitional care unit (TCU) this summer.

The TCU will be located on Cornish 5 and serve clients who require complex social and medial support for a limited period of time. MHC staff will assess and create treatment plans, determining if clients will transition back home with community services or to long-term care, supportive housing or elsewhere such as Hospice.

MHC is an excellent choice for a TCU as we already have existing skilled staff, infrastructure and services such as our lab, diagnostics and clinical resource team.

### 2) Community Intravenous Program (CIVP)

Phase I of the WRHA's Healing our Health System plan will be complete when Home Care's Community Intravenous Program (CIVP) joins our MHC family on September 25, 2018.

CIVP, which will be part of our acute care programs portfolio, just celebrated 10 years of supporting the needs of clients requiring short or long-term IV anti-infective therapy.

With approximately 35,000 visits annually, CIVP's volumes have almost doubled in the last five years and are anticipated to continue to grow. We're excited to be a part of their consolidation and assist in their expansion.

The program will have a co-manager structure with MHC's director of acute care programs Roberta Fransishyn sharing the role with CIVP team manager Tatyana Taubes.

All CIVP employees will receive MHC orientation – with attention to our Mission and values. Our faith-based Mission of compassionate care brings additional value to clinical excellence in all programs and services.

We look forward to welcoming Home Care employees into the Misericordia Family and will hold an official CIVP opening, which will include staff tours, later in the fall.

### What's next?

Both the TCU and CIVP are a good fit for Misericordia's outpatient excellence and reflect our Mission of meeting the needs of the communities we serve.

Misericordia has a long history of adapting and changing to meet community needs and we continue to actively assess community needs and explore the possibility of adding complementary programming to MHC.

One of my primary goals is to optimize our facility and build sustainability as we continue to do what Misericordia does best: provide excellent compassionate care while improving quality and enhancing the patient experience.

Caroline DeKeyster

President & CEO

## MHC FOUNDATION: Canada Day Run

Karen Woloschuk, Executive Director, MHC Foundation

After what seemed like a really long winter it's wonderful to see the sun shining stronger and longer every day. Along with the beautiful weather we are seeing lots of people outside enjoying a run or a walk and that means that it's time to start thinking about our annual Canada Day Run.

On Sunday, July 1, the Running Room will once again host a family-friendly run (or walk) in support of the Misericordia Health Centre Foundation. This event is becoming a favourite for many as it starts in the heart of Winnipeg's Canada Day events at the corner of Waterfront Drive and Pioneer Avenue; the course leads into St. Boniface and by beautiful Fort Gibraltar. Last year's run saw all ages coming out in their Canada gear to kick off Canada Day with a 5 km, 5 mile or kids a 1 km run/walk. Along with some great contests, all participants receive a beautiful medal and there are treats and activities for the kids.

In 2017, the Canada Day Fun Run raised \$1,294.50 with 300 participants. This year's run will be open to 450 participants.

Visit [misericordiafoundation.com](http://misericordiafoundation.com) or M-NET to learn more about this event. We hope you can join us on Canada Day!





## Environmental Services

Shauna Owens, Instructor, CDI College

Good day Hisabu

I just wanted to pass on to you that I really find the ward to be extremely clean.

I thought you would like to know that I have also heard clients say they must have the cleanest room in the hospital. It was really nice so I thought I would share that story with you.

## Electronic Home Care Record (EHCR) is live!

Burnice Johnson, Manager of Operations, Provincial Health Contact Centre

The After Hour Central Intake Program (AHCIP), which works out of the Provincial Health Contact Centre, has made a large shift in the workflow related to the WRHA Home Care Service. This change in workflow has required much training and education of all employees. This change required a team effort in the AHCIP to ensure that everyone is able to deliver the support to program clients, caregivers and community employees.

The new Electronic Home Care Record (EHCR) is a clinical scheduling system designed to assist the home care teams with the administration of quality health care for clients receiving care services in communities throughout the province.

Thanks to everyone in AHCIP, Home Care Service and the Manitoba eHealth Services project team for all of your work bringing this project to life.

## Please wish a warm Misericordia Welcome to two new tenants:

1. Neurologist Dr. Andrew Gomori is located across the street in our parkade building at 25 Sherbrook Street
2. Orthopedic surgeon Dr. V.R. Adduri has set up his clinic on Sherbrook 2. Dr. Adduri also works in our cast clinic!

## You've been MISSIONed!

The MHC Mission Day Committee has been busy!

We would like to thank Education Services, Spiritual Health Services and Volunteer Services for your hard-work, continuous care and living the Misericordia Sisters' legacy! We hope you enjoyed being MISSIONed!

Want to know who will be Missioned in May and June? Watch MHC's Instagram and Facebook accounts for the reveal!





## People Profile: Gillian Toth



Gillian Toth, MHC's new Chief Nursing Officer (CNO), always knew she wanted to be a nurse, starting her nursing diploma directly after high school. Her career started at HSC where she worked in hemodialysis as a clinician, teacher and manager. For eight years she worked in a children's diabetes clinic, helping children and their families manage Type 1 and Type 2 diabetes. She also spent time providing care at summer camps and in remote communities in Manitoba. Most recently Gillian held the position of Director of Acute Care at MHC for five years prior to accepting the position of CNO at the start of 2018.

In her new role, among other things, Gillian is the program lead for Mission and Spiritual Health Services. Contemplating this she commented on her experience as a nurse, "I have been fortunate throughout my nursing career to work within some excellent interprofessional teams providing specialized care to vulnerable populations." Experience, she feels, will aid her when continuing to lead MHC in following the Mission of the Misericordia Sisters and their values of compassion, mutuality, non-violence, hospitality and companionship.

Thinking about the 2018 MHC Nursing Awards, Gillian recalled some of the nursing awards she received over her career. As a newly graduated nurse she received a General Proficiency in Nursing Practice award, later on in her career she was presented an award for Nursing Excellence from HSC and a Diabetes Educator award from the Canadian Diabetes Association.

She and her husband of 34 years, Darren, have two children; Ryan, 27, recently completed his CPA designation and Emily, 24, is currently studying Human Resource Management at the University of Winnipeg. With their children grown Gillian and Darren have started to travel more regularly; recently taking a cycling trip through Portugal and Spain they are now hoping to go to Hungary in the fall.

In the summer you will likely find Gillian outside, working in her yard, walking or cycling through her neighbourhood while in the winter she takes advantage of Winnipeg's fantastic theatre and events scene.

When asked about education and workshops she was able to provide an impressive list of continuing education following her initial nursing diploma; undergraduate and graduate degrees, completion of an intensive care education program and additional education in dialysis nursing. Gillian also regularly attends workshops and conferences and has recently returned from the Dorothy Wylie Leadership conference in Toronto.

## National Nursing Week - Awards

Congratulations to the Misericordia Rising Star Award and Nursing Award of Excellence recipients. It is through your hard work and dedication that MHC shines.

### Misericordia Rising Star Award:

- Tamara Baldes, RPN, MP2

### Misericordia Nursing Award of Excellence:

- Joy Arado-Albero, RN, C6
- Sheena Bingham, RN, Case Manager, PRIME
- Lilibeth Clabria-Quizon, LPN, MP1
- Dina Gesualdo, RN, C5
- Abelina Greco, LPN, C6
- Dorothy Johannson, RN, Float Pool
- Sarah King, LPN, C2
- Shelley Kuzina, RN, C5
- Jayde McCulligh, LPN, MP2
- Jane Singh, RN, Ophthalmology Clinic
- Kerri Sutherland, LPN, MP2

Profiles of the recipients will appear in future issues of Life@Miz and on our @MisericordiaMB Facebook page.





Join MHC's Fitness Committee, West Broadway Biz and GetChecked Manitoba at the 2018 #Sherley\* Bike to Work Day pit stop!

Monday, June 18 from 6:30 - 9 a.m.

\*Sherbrook + Wolseley = Sherley

Help us defend our best pit stop trophy by posting about us and tagging:

 @BikeWeekWinnipeg

 @BikeWeekWpg

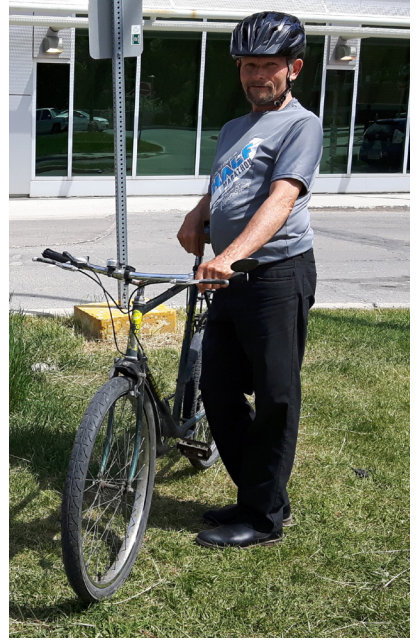
## Commuter Profile: Don Plett

Don Plett, Spiritual Care Associate, Spiritual Health Services, is currently recovering from hip surgery but is still looking forward to starting his 12km bike rides down Pembina Hwy to and from MHC throughout the summer.

Don has worked at MHC for 17 years but only started biking to work after deciding to stop running marathons seven years ago.

He may currently be using a cane to assist with walking and taking Handi Transit but he has been seeing a physiotherapist and hopes that he will be able to get back on the bike soon.

When asked about active commuting projects in Winnipeg, Don said he is most looking forward to the completion of the new Jubilee Underpass, though he did state "active transportation is an important part of anything in Winnipeg."



Please join Don by visiting the MHC Bike to Work Day pit stop on Monday, June 18.

## MHC STAFF GOLF TOURNAMENT

THEN



SPRING

Starting a new half-century of golf in a new season!

Join the MHC Social Committee at Southside Golf Course on Friday, June 1, 2018.

**UPDATE!**

**Staff Golf Day scheduled for Friday, September 21.**

Running Room Proudly presents

## CANADA DAY RUN!



Date: Friday, July 1, 2018

Location: Waterfront Drive & Pioneer Avenue

Race Times: 1K kids: 9 a.m.  
5 mile: 9:15 a.m.  
5K: 9:30 a.m.

Go to [misericordiafoundation.com](http://misericordiafoundation.com) for more information.



THE 29TH ANNUAL MISERICORDIA

## Golf Classic

MONDAY 18 JUNE | PINE RIDGE GOLF CLUB

## Dial-a-Dietitian

1-877-830-2892

Call 204-788-8248 in Winnipeg

Coralee Hill, Clinical Dietitian, Dial-a-Dietitian Seniors can face multiple challenges when it comes to the pursuit of good nutrition. Not only do nutrition needs change as we age, the ability to taste, absorb vitamins and minerals, cook for oneself and the desire to eat can all impact eating well and staying healthy. If you are over 50 or know someone who is, Nutri-eScreen is an online questionnaire to help older adults find out how they are doing with their eating patterns or habits. Access the questionnaire here: <http://www.nutritionscreen.ca/escreen/default.aspx>

Concerned about not getting enough nutrition or want tips and ideas to make eating easier and enjoyable?

Call Dial-a-Dietitian at 204-788-8248 in Winnipeg or toll free 1-877-830-2892 to speak with a registered dietitian for answers to all your food and healthy eating questions.

**VOLUNTEER  
HELP  
WANTED**

Any youth off for the summer? Volunteer invite to those 14+.

The recruitment for summer volunteers is now open.

We have volunteer assignments for youth, including over 60 barbecue events in which volunteers support residents with safe transport and general supervision.

This role gives youth the opportunity to build on those employable and general customer service skills while making an impact on the lives of residents and staff.

Shifts generally run 10:30 a.m. - 2 p.m.

Email; [malberto@misericordia.mb.ca](mailto:malberto@misericordia.mb.ca) or call at 204-788-8132 for more details on this and other opportunities.



## Mission Moment

Shannon Olafson, Supervisor, Community and Long-Term Care, Manitoba eHealth Services

I just wanted to send you a “kudos” message regarding Denise. She has helped me a few times now to set up meetings at MHC and she is always so accommodating and gets everything set up so quickly.

I completely appreciate all her help every time I ask for her assistance. I thought it would be nice to recognize her for her efforts.



## Mission Moment

Karen Woloschuk, Executive Director, MHC Foundation

Tyler Brown, Manager, Security, is a huge asset to the MHC Foundation's annual Golf Classic.

He is responsible for recruiting volunteers, arranging the course set-up for all the stations on each hole, checking in with all the volunteers throughout the day, shuttling volunteers in for breaks, delivering refreshments and generally taking care for everyone! When the tournament is finished he and his team head back out to the course to pick up all the supplies, tents, etc.; ensuring everything is cleaned up again. We truly couldn't run this tournament every year without Tyler's support.

During our 2017 tournament Tyler went above and beyond the call of duty! It had been raining like crazy leading up to the tournament and traffic was slow, underpasses flooded, etc. Despite all this, Tyler made the time to drive to MHC to pick up towels so that the volunteers would be able to dry off on the course and wouldn't have to sit on wet chairs at their stations. We can't tell you how much we appreciate Tyler and all of his work to help ensure a successful golf tournament and a positive experience for our volunteers!

## Saying goodbye to a Mission Day committee member

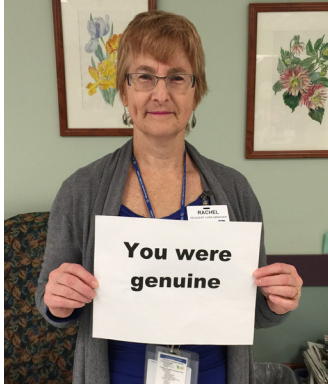
Brian Klos, Director, PHCC, Chair of Mission Day Committee

On behalf of the Mission Day Committee, we would like to express our appreciation to Rachel Dacquay for her support and dedication to the Misericordia Health Centre Mission Day Committee. She has shown the way for the committee to deliver on continuing the legacy of the Misericordia Sisters. Her insightful commentary helped frame the January Mission Day events and delivering on year-round mission activities. Enjoy your retirement.



# Adieu to our Resident Care Manager: Rachel Dacquay, RPN

Victoria Marek, Resident Care Manager, MP1 & 2



We here at Misericordia Place will miss our Resident Care Manager, Rachel Dacquay, RPN, who recently retired.

Rachel was born and raised in Ste Anne MB. She graduated from Selkirk Mental Health Centre School of Nursing in 1978. When asked why she chose nursing she replied, "I wanted to make a difference in the lives of people who were struggling."

Rachel has had a long and rewarding career in nursing. She has worked in psycho-geriatrics, community services and acute psychiatry at Victoria General Hospital. She was also the

coordinator of the health-care aide program at St. Boniface University and has now been in Long-Term Care since 1999.

When asked for her favourite nursing memory she could not pick just one. Forty years of caring has provided her with too many amazing moments to list.

Rachel's advice for those still working in nursing is "if you want to survive as a caregiver you must take the time for self-care in order to be resilient to face all the changes and challenges of health care. Never forget who you're there for... your resident, client and patient is counting on you to be the best you can be." For her own self care Rachel often engages in her favourite hobbies of yoga, reading and meditation.

If you were to ask Rachel what her retirement is going to look like you would likely get the response "sleeping in and not having a schedule!"

On behalf of all the residents, families and staff considered your MHC Family, we want to wish you well on your retirement and thank you for all you have done to fulfill our Mission here at MHC.

## Secondment to Shared Health

Gillian Toth, Chief Nursing Officer

It is with mixed feelings I am announcing that Brenda Weiss, who manages MHC Eye Bank, Outpatient Ophthalmology, Manitoba Retinal Screening Vision Program and Ambulatory Care, is being seconded to Manitoba Shared Health for a one-year term. Brenda's position at MHC is integral to the ophthalmology program and we will miss her leadership on site very much. This is however, an excellent opportunity for Brenda to help lead changes to health services in Manitoba and a good opportunity for MHC to participate.

The date for transition is being confirmed and we will post the term position as soon as possible.

Please join me in wishing Brenda all the best for the upcoming year.



## In Memoriam: Jean Brewer

Jean Brewer was a long-time volunteer at MHC who, prior to her retirement, spent 36 of her 41 years in nursing at MHC. Even before her nursing career started she was a member of the Misericordia Family while she attended the Misericordia School of Nursing; graduating in 1947.

She worked in various departments during her employment as an RN at Misericordia, ending her vocation as a teacher and coordinator of the Misericordia School of Nursing.

For 28 years Jean was a volunteer at MHC contributing countless hours in many areas. A short-list of her volunteer roles includes:

- Gift Shop
- Admitting
- Library
- School of Nursing
- Nursing Alumni
- Multiple Foundation roles
- Memorial Scroll
- Pre-Operative Anesthesia Clinic
- Multiple Auxiliary volunteer roles
- Ophthalmology

Misericordia Health Centre won't be the same without Jean Brewer who was a part of the Misericordia Family for roughly 75.