



AUGUST 2018

# Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

## PRESIDENT'S MESSAGE: IN APPRECIATION



As President & CEO of Misericordia, I'm often privy to compliments from patients and families about the care they received at MHC.

It's inspiring to me is that most compliments demonstrate we are following our strategic priorities, such as:

- Enhancing the patient experience
- Improving quality and integration
- Fostering public engagement
- Supporting a positive work environment

Recent compliments include...

- Long-Term Care: "My warmest thanks for your kind and patient care of my Mom. Everyone has been helpful and supportive ... thank you for caring for my Mom and all the others that came before and will come after."
- Eye Care Centre of Excellence: "To all the medical staff and everyone else who makes the health centre run so smoothly behind the scenes, a big thanks!"
- Long-Term Care: "Thank you for all your patience." (This compliment was accompanied by baked goods).
- Health Links – Info Santé: "Thank you for saving my life."
- Environmental Services: "Exceptionally clean environment!"
- Recreation Services: "It sure looks like staff enjoy their jobs."
- Diagnostic Imaging: "Knowledgeable nurses and staff; felt safe throughout the testing."
- Clinical Resource Team (Emergency Eye Care): "This service was a surprise to me. Absolutely everyone I saw – from the front door clerk to the doctor – was pleasant and helpful. It is such an important service!"
- Eye Care Centre of Excellence/Rehabilitation: "I appreciated the genuine care, concern and attention from the nurses throughout my stay. I also appreciated the occupational therapist calling me at home after my surgery."
- Long-Term Care: "The resident barbecue was phenomenal. I cannot say enough thanks for this special time and meal."

I want to thank our staff, physicians and volunteers for everything they do daily to enrich the lives of our patients and residents.

Indeed, what impresses me the most about all of the feedback we receive is that the majority of commendations directly reflect our staff living our strategic priorities, our Mission and our values.

Caroline DeKeyster

President & CEO

## MHC FOUNDATION: ASPER GIFT

Karen Woloschuk, Executive Director, MHC Foundation

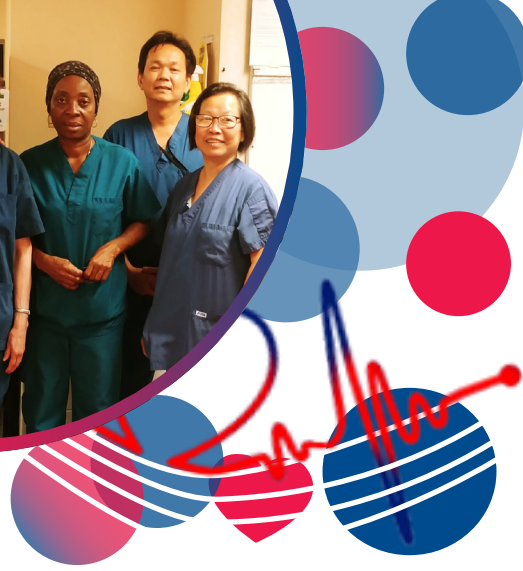
Earlier this year the Foundation received a generous contribution from the Asper family through their fund at The Winnipeg Foundation to support equipment for the Eye Care Centre of Excellence. Their gift allowed us to purchase two indirect light headsets that are crucial in determining the health of the retina, optic disc, vitreous humor and are vital for the diagnosis and treatment of retinal tears, holes or detachments. These headsets are used by every ophthalmologist to assess their patients and due to wear and tear there was a need to replace two of the headsets.



*Dr. Mathen demonstrating the indirect light headset*

We recently had the pleasure of touring Gail Asper, President and Trustee, and Moe Levy, Executive Director, of the Asper Foundation through the Buhler Eye Care Centre clinics. The tour highlighted some of the equipment used in the clinics and included a demonstration of how the headsets are used.

*Continued on page 3*



## People Profile: Dorothy Johannson



In May, 2018, Dorothy Johannson, RN, Long Term Care Float Pool, was awarded the Misericordia Nursing Award of Excellence. This award is presented to nurses whose practice demonstrates excellence in the application of the standards of practice for nurses and exhibits a high degree of professionalism

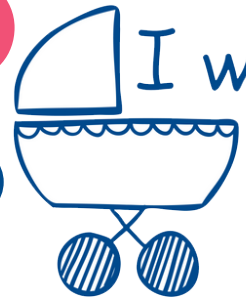
through their contributions in the areas of:

- professional responsibility and accountability
- competent application of knowledge
- communication and collaboration
- ethical practice

Dorothy's nominator described her as flexible, friendly, adaptable and willing to work in changing environments. She is highly regarded by her peers who know they can always come to her with a question or for assistance. She uses her years of nursing experience to better the lives of her residents and helps each unit she is working on run smoothly.

Originally from Winnipeg, Dorothy spent the majority of her career in London, Ontario. She moved back to Winnipeg and started working at MHC in December of 2015 shortly after marrying her sweetheart from nursing school. The two met in high school and when he was in grade nine, she in grade 10, he asked her out and was rejected. They eventually dated for one year and when that ended were not in contact for 29 years. They now share a fantastic life with their two cats in Winnipeg.

While in Ontario Dorothy worked in Long-Term Care as a RN, Charge Nurse, Clinical Coordinator and Director of Care. Her goal when moving to Winnipeg was to find a place with a good working environment as she was used to positive work places in Ontario. We are happy that MHC was able to fulfill this goal for her.



# I was born here...

## Mary Senkiw

On August 7, 1961, Mary Senkiw was born right here at Misericordia.



Fourteen days early, Mary's mother may not have had the August long weekend camping trip she had been planning but was happy with how the weekend turned out in the end.

Mary has now been working at MHC for just over 36 years. She started at Misericordia as a dietary aide and after a short time moved to housekeeping where she worked for 13 years. In 1995, after going back to school, Mary worked as a health-care aide in the OR, Urgent Care and in Long-Term Care over a period of 13 years. Feeling that it was time for a change she moved to stores 11 years ago and still loves that this position gives her different work to do every day.

When she is not spending time with her #MHCFamily she is at home with her family, spending as much time with her four grandchildren (pictured below) as possible, or hanging out with her neighbours.

Every year Mary and her husband go to Mexico and she is thrilled that her neighbours are coming along for the next trip. Above all else Mary is passionate about having a good time.

The next time you see her delivering to your department or speak to her on the phone remember to wish her a happy birthday!



# MHC FOUNDATION: CONTINUED

We are extremely grateful for the generosity of our donors who provide equipment, like these headsets, that ensure MHC has the best possible equipment to treat and assess our patients.



*Dr. Mathen and Dr. Bellan demonstrating the OCT machine to Gail Asper and Moe Levy*

## Canadian Fall Prevention Conference

Mary Ann Masesar, RN, BN, Program Coordinator, Focus on Falls Prevention Vision Screening Program

I recently had the opportunity to present at the Fourth Canadian Falls Prevention Conference in St. John's Newfoundland along with experts from across Canada and around the world. This conference included sessions and round table talks focused on identifying gaps and learning how to effectively implement best practice guidelines into various work settings.

Research continues to support environmental modifications and strength and balance training to reduce falls and minimize injury. Reducing the fear of falling and engaging the resident, patient and family in fall reduction plans is crucial for resident and patient safety. Vision screening, assessment and intervention must stay in the forefront of clinician's care planning activities.

Did you know that one in nine Canadians will develop irreversible vision loss by the age of 65? This is equal to the number of women affected by breast cancer.

Many falls related to impaired vision can be prevented by:

- proper lighting and using as much natural daylight as possible
- using colour contrast at meal time, in the bathroom, within their bedroom and throughout a facility while avoiding yellows and oranges in favour of bright colours such as red, blue and purple
- keep glasses accessible, clean and fitted correctly
- education regarding the importance of regular vision screening and assessment

Residents who received vision-care interventions have reported improvements in balance, increased social engagement, improved quality of life and a decrease in falls, fractures and depression.

Want to set up a vision clinic on your unit? Interested in becoming a vision screener or trainer? Contact Silvia Chidlow at ext. 8496 or myself at ext. 2073.

Visit the website for more information at [misericordia.mb.ca/focus-on-falls](http://misericordia.mb.ca/focus-on-falls).



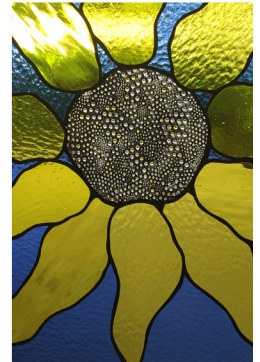
## Thank You!

Ellen Locke, Manager, Recreation

Hanna and Steve Brown were acknowledged for all of their dedication and hard work in transforming the Misericordia Garden into a beautiful and peaceful space for our residents to enjoy.

They were honored with a beautiful stained glass piece of art, created by glass artist Jayne Nixon, that will remain permanently in the window of Misericordia Place and presented with a lovely stained glass plaque as a token of appreciation.

The stained glass was unveiled at a resident Garden Party on July 13, 2018 in honor of Hanna and Steve.



Thank you both again for making the Misericordia Gardens so lovely.

Why not take your breaks

# OUTSIDE!

Spend some quiet time on the Maryland 2 patio





On Wednesday, August 1, Plant Services staff visited Gabriela Davis to address her concerns about the bicycle compound.

We would like to thank Plant Services for their prompt response and personalized service in resolving Gabriela's issues regarding the lock and door closures on the bike compound.



## NEW HIRES

Rael Kulchycki  
Recreation Facilitator,  
Recreation Services

Rosalie (Sally) Magnaye  
CSD Technician, MDR

Marta Maszczak  
RN, Operating Room

Mark Ivan Segui  
CSD Technician, MDR

Kateri Muys  
RN, Operating Room

Victoria Lewis  
Environmental Services Attendant,  
Housekeeping

Rosemin Brown  
Senior Radiology Technologist,  
Diagnostic Imaging

Prescilla Dalayap  
LPN, MP2

Mayren Sarmiento  
RN, Operating Room

Christopher Martens  
RN, Operating Room

Joy Anne Reyes  
RN, MP3

Joshua Opaleke  
RN, PACU/DS/POAC

Lovely Constantino  
Health Care Aide, C2

Wendy Feschuk  
Health Care Aide, C2

Markus Madewell  
Laundry Attendant, Laundry & Linen

Mara McQuarrie  
Staffing Clerk, Staffing

Shaminder Vasant  
Business Analyst, PHCC

Kerry Doerksen  
Laundry Attendant, Laundry & Linen

Allan Romero  
Health care Aide, MP2

## RETIRES

Roger Tsang  
Engineer, Plant Services

Evangeline Sarte  
Health Care Aide, MP3

Nida Borja  
Health Care Aide, MP2

Ken Watson  
Carpentry Supervisor, Plant Services

## PRIME FASHION SHOW EXTRAVAGANZA MODELS NEEDED!

FRIDAY, SEPTEMBER 28  
1-2 P.M.

CONTACT ROSE GARCEA TO MODEL  
YOUR BEST FORMAL WEAR

[rgarcea@misericordia.mb.ca](mailto:rgarcea@misericordia.mb.ca)



## Resident Art Show

Ellen Locke, Manager, Recreation

On Wednesday, July 25, staff, volunteers, residents and their families were invited to the Great-West Life Rooftop Garden and Solarium to see the annual resident art show.

I would like to thank Jayne Nixon for all of her hard work and the Manitoba Arts Council for the \$10,000 grant which makes this event and art programming at MHC possible.

