



## **C.A.R.E. - Caution and Respect Everyday**

### *Provincial Healthcare Violence Prevention Program*

#### **Information for Patients and Families**

Our goal is to provide a safe and respectful environment for all our patients, staff and visitors. To help keep everyone safe, we screen all patients for potential aggression and violence. This allows us to plan your care based on your own unique needs.

#### **What is meant by aggression and violence?**

Acts of aggression include yelling or swearing at others, hitting or breaking objects. Violence includes any threats, trying to harm, or actually physically harming someone. Sometimes when people feel very stressed, anxious, scared, or angry, they may deal with those feelings by acting out towards others. Some medical conditions or treatments may also cause aggressive or violent behavior.

#### **How will the screening for violence change the care that I receive?**

Knowing who may be at risk for violence helps us to protect everyone in our care. If there is a violence risk, we will adapt a plan to give you the best and safest care.

#### **What does the sign or symbol mean?**

The alert signage tells our staff that you have been screened, and that we have made a unique care plan for you.

#### **Will I always have the sign while I am here?**

The sign may be removed if your condition changes. We will adapt your care plan at times during your stay.

#### **Who can I contact for more information?**

Please speak with your nurse or a member of the health care team if you have any concerns about the CARE program.