



MARCH 2019

# Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

## PRESIDENT'S MESSAGE: DIOC TO OPEN IN APRIL



I'm excited to announce MHC, in collaboration with the Winnipeg Regional Health Authority and Shared Health, is expanding our Diagnostic Imaging department by creating a Diagnostic Imaging Outpatient Centre (DIOC) for Computed Tomography (CT) with extended hours and the ability to accommodate walk-in patients – a first in Manitoba.

We originally pitched this idea last year as part of a Canada-wide grant proposal. While we didn't receive the grant, Manitoba's Ministry of Health, Seniors and Active Living recognized the proposed efficient workflows and funding model as innovative and agreed to fund the project.

This is just another example of MHC's history of adapting and changing to meet the needs of the communities we serve.

The DIOC will improve the patient experience in so many ways. For example, with evenings and Saturdays available, patients will no longer necessarily have to miss work in order to have CT scans.

Patients will also receive CT scans sooner: referring clinicians will now be able to give patients a requisition to come to MHC directly, rather than patients waiting for a letter in the mail with their appointment time. Patients also will have the choice to call us and they'll receive a convenient appointment time.

MHC is fortunate to be located centrally for patients throughout the city on bus and bike routes and with ample parking!

The DIOC will also enhance patient flow throughout the region as emergency departments will be able to focus on the most urgent cases with less-urgent CT scans being performed here.

I'm pleased our state-of-the-art diagnostic imaging centre will be used more to its potential with nearly 5,000 additional CT scans annually. And, if the DIOC CT project is successful we anticipate extending to ultrasound walk-ins in the years to come.



## MHC FOUNDATION: STAFF DONATIONS!

Karen Woloschuk, Executive Director,  
MHC Foundation

MHC's staff continue to make the MHC Foundation great!

Last month MHC staff donated 10 boxes full of warm clothing to help the West Broadway Community Organization keep the members of our community warm. I would like to thank Leah Strong, foundation assistant, and Ellen Locke, recreation manager, for organizing these donations and promoting the campaign!



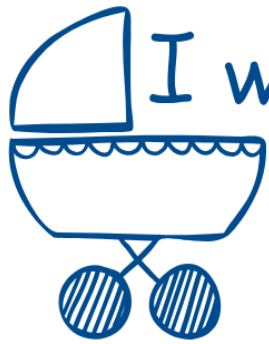
The MHC Foundation Charities Campaign is another amazing example of MHC staff giving back.

Due to your participation in events and payroll giving we will have approximately \$9,300 to complete our planned projects, plus another \$15,000 in funds that were allocated to the United Way and other areas of Misericordia.

The 2018 Charities Campaign planned projects include the installation of elevator art to make the Interim Care resident units feel more home-like and reduce anxiety and to create a sensory room in Misericordia Place.

Both of these initiatives will improve the lives of our residents living with dementia.

The MHC Charities Campaign committee will start planning the 2019 events over the summer. If you would like to join the committee please email me at [kwoloschuk@misericordia.mb.ca](mailto:kwoloschuk@misericordia.mb.ca).



I was born here...

Tony Grossi

For the Grossi family, the excitement of the 1979 August long weekend was not what they had planned. Prepped and ready to go camping for the weekend, Ada's water broke and instead of going to the lake the family came to Misericordia where Ada was able to share her excitement with co-workers from the Environmental Services department.

Ada Grossi wasn't the only member of the family working at MHC at the time. Proud aunts to newborn Tony, Anna Trotta and Angela Mancini, worked at MHC until 1999 and 2012 respectively. Tony is proud to work at Misericordia as it has served as a continuous place of employment for his extended family since 1971.

Tony Grossi started his career in the WRHA as a porter and supply tech at Victoria General Hospital. In 2006, following completion of his Bachelor of Medical Rehabilitation from the University of Manitoba, he joined MHC as a casual physiotherapist. Through the years his role has evolved with the Health Centre and he now holds permanent positions in PRIME, which opened in 2015, and the Transitional Care Unit (TCU), which opened in 2018. Tony also works at the Madison Square OrthoRehab Clinic where he works collaboratively with physicians and surgeons to guide patients through successful rehabilitation of post-operative conditions like joint replacements, fractures, ligament reconstructions, and rotator cuff repairs.

Tony has been active in promoting the physiotherapy profession at Misericordia. He has assisted in coordinating an open house, written an article for physiotherapy month and has acted as a clinical supervisor for university physiotherapy students.

In 2015 Tony grew wings to be one of 1,275 Manitoabans gathered to help the MHC Foundation break the Guinness world record for the largest gathering of angels. Outside of work he enjoys travelling and is currently planning a trip to Phoenix and Las Vegas in March. Tony's list of hobbies includes hiking, cycling, cooking and watching the Jets!



We would like to congratulate Tony on his recent completion of a 4-year Bachelor's Degree of Science from the University of Manitoba. MHC is proud to have him as a part of our #MHCfamily.

You can learn more about Tony's physiotherapy practice and professional accomplishments at [msoc.ca/our-team](https://msoc.ca/our-team).



## People Profile Jayne Nixon



If you attended the 2019 Mission Day event or have been to MHC's HR offices lately then you have seen the new International Misericordia Family Lighthouse logo stained glass art created by recreation

facilitator Jayne Nixon. This piece joins MHC's collection of stained glass by Jayne that includes a beautiful sunflower created to thank gardeners Hanna and Steve Brown for their years of dedication to the Misericordia Place gardens.

Jayne has been working with stained glass for roughly 25 years. Initially working at stained glass studios in Petawawa, Ottawa and Winnipeg as her family moved around the country following her husband's military career. Following his retirement from the military in 1993 their families in Vancouver and Victoria were urging them to return after so many years away; they had found their home in Winnipeg.

At the age of 50, Jayne went back to school full-time taking the recreation facilitator certificate program through Red River College. In 2010 she started working at MHC as a float for the recreation department; she recently covered Cornish 5 through the 2018 transition from Interim Care to a Transitional Care Unit (TCU).

The years she has been working and teaching stained glass helps her in her current role at MHC. As with all recreation programs, the art sessions are adapted to the abilities of the resident. Jayne also assists in organizing art exhibits throughout the community, promoting the value of expressive art for this population.

We thank Jayne for helping make MHC beautiful both with her art and through her wonderful spirit.

If you would like to read more about Jayne you can find the full story at [facebook.com/pg/MisericordiaMB/notes](https://facebook.com/pg/MisericordiaMB/notes).



The Doctor is in



Dr. Danica Kindrachuk

Dr. Kindrachuk knew she wanted to be an ophthalmologist in her fourth year of medical school. The connection between neuroscience and surgery and the requirement for well-rounded medical knowledge were large factors in her decision. She also appreciated that ophthalmology was a specialty affording patients increased quality of life as opposed to simply quantity; giving someone their sight back is a powerful thing.

This year Dr. Kindrachuk took on the role of Chief Resident. In this role, she is involved in scheduling and acts as the mediator for resident issues. She also participates in an assessment committee for the University of Manitoba and has been involved in research regarding retinal perfusion and intravitreal injections. Though she has a very busy schedule, in her spare time she enjoys listening to music and watching comedy shows such as *The Late Show with Stephen Colbert* and *Last Week Tonight with John Oliver*.

With only one year remaining in her residency, Dr. Kindrachuk has been looking back on her experience at MHC and towards future job prospects. She complimented the residency program here for how hands-on and involved it is. She is currently deciding between sub-specializing in a particular area of ophthalmology versus a more comprehensive practice. As she enjoys all aspects of ophthalmology, this is a difficult decision. We would like to wish Dr. Kindrachuk all the best in completing her residency and her future career.

MHC's Eye Care Centre of Excellence wouldn't be complete without the University of Manitoba Ophthalmology Residency program. This program includes a resident clinic and wet lab, where residents can practice surgical skills – a critical component of resident training. Residents, fellows and faculty have access to the lab which offers ample opportunity to hone different surgical techniques. If you would like to learn more about the Eye Care Centre of Excellence or the University of Manitoba Ophthalmology Residency Program, please visit [misericordia.mb.ca](http://misericordia.mb.ca).



## MHC YOUTH SCHOLARSHIP

Mirna Alberto, Volunteer Services Coordinator

Every year MHC recognizes the contributions of youth volunteers and awards a maximum of two \$500 scholarships to encourage youth to pursue health-care related careers.

Congratulations to Eagan Peters and Ryan Patterson, recent award recipients and future physicians!



The  
**VOLUNTEER  
FACTOR**  
*Lifting Communities*

2019 NATIONAL VOLUNTEER WEEK  
APRIL 7-13, 2019



Kelly Harris, Recreation Facilitator

Coming back from maternity leave is not an easy thing to do, creating a new routine for myself and now my son was an extremely scary thing for me to think about. Also, the added challenges of being a working full-time mom left me with feelings of guilt and uncertainty.

I decided to bring my son in for a visit the day before I came back so everyone could meet him. Upon my arrival, I was welcomed with so many well wishes and an overwhelming response of “Are you coming back yet???” I thought to myself “Ok maybe coming back won’t be so bad.”

My first day back was January 28 and having so many people approach me telling me how glad they were to see me back and encouraging me that my son would be just fine in day-care made my first day back so much better. Not to mention all the hugs!

I am so grateful to work in a place where your co-workers genuinely care about you and your family is so amazing. Thank you MHC family for making this new mama feel so welcomed back to work!



### MHC's Mission Committee

The Mission Committee would like to express our appreciation of the assistance provided by Jayne Nixon and Tom Kilbery.

Jayne is the artist who created the stained glass window unveiled on Mission Day. She used her artistic talents to take a picture and create from it a lasting and beautiful image to commemorate the occasion. Jayne who works in Recreation Services lives the mission every day through her interaction with residents, care givers, family and co-workers.

Tom provided a creative solution to display the lighthouse stain glass window. In a very short time period he was able to conceptualize, build and coordinate resources to complete the task. Tom does great work across the facility in his Plant Services role and this is just another example of his craftsmanship.

### Gayle Dyck, Resident Care Manager, MP3, LTC Float Pool & PRIME

In December, transportation refused to pick up a PRIME client as the sidewalks were too slippery, it was the day of the PRIME Christmas party so Candace the case manager, collected some ice melt/sand from security, she drove to the client’s house and put this on the sidewalk, the transportation then agreed and picked up the client to bring to the party.

Steve Payne, Totem Studios

A huge shout out to your security team: they were awesome helping with our video shoot for the Resource Centre for Manitobans who are Deaf-Blind. Tyler Brown is a first-class guy who was very accommodating and a true professional. We could not have completed the project without his assistance.

I would also like to thank Heidi Klaschka for her kindness accommodating our budget limitations and helping us make the project happen.

## NEW HIRES

Colleen Kunderman  
RN, Operating Room

Janice Bastounis  
RN, Health Links – Info  
Santé

Michelle Convery  
RN, Health Links – Info  
Santé

Evgenia Glick  
RN, Cornish 5

Llewelyn David  
LPN, Cornish 2

Tanya Kapelus  
RN, Operating Room

Sandy DeMarchi  
Communication Clerk,  
Information Services

Mardea King  
LPN,  
Misericordia Place 2

Criseda Tatlongmaria  
HCA, Cornish 6

N. Andrea Yanson  
HCA, Cornish 6

Margie Arroyo  
HCA,  
Misericordia Place 2

