



MISERICORDIA
Health Centre
The future of care



MAR/APR 2021

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: INTRODUCING MISERICORDIA TERRACE



To me, spring signifies new starts and new beginnings.

On that note, I'm pleased to introduce a new name that will be joining the MHC lexicon: Misericordia Terrace.

MHC's campus of long-term care includes some names you're already familiar with: Misericordia Place, PRIME and transitional care. Misericordia Terrace is the name we've chosen for the MHC assisted living centre that is currently under construction at 691 Wolseley Avenue.

This much-needed affordable housing facility has been many years in the making, but the naming signifies a major milestone in MHC's future. Aligning with our Mission, Misericordia Terrace is an important next step

in meeting the evolving health-care needs of the community.

Misericordia Terrace will bridge an existing gap between facilities that provide 24/7 medical support (hospitals and personal-care homes) and those that do not (apartments/houses), creating affordable, safe housing for older adults that supports independent, healthy and active living. Moreover, the assisted living centre is not-for-profit and the 97 suites will be rented out below market rates.

While the physical structure is not yet completed – but thankfully, the pile-driving is done! – we are one step closer to seeing this project come to fruition. And now with a new name, comes some exciting next steps! We are currently planning a marketing strategy to promote Misericordia Terrace in advance of completing construction. We have already had interest and enquiries from members of the public!

I believe it's important that you, the MHC family, are kept in-the-loop about projects and new developments that are taking place at Misericordia. **Please see page 2 for a few FAQs about the assisted living centre, Misericordia Terrace.**

If at any time you have questions about Misericordia Terrace, please do reach out by emailing info@misericordia.mb.ca.



Wishing you a happy spring!

Caroline DeKeyster
cdekeyster@misericordia.mb.ca

Pictured on left: architectural rendering of the future MHC assisted living facility, Misericordia Terrace.

AROUND THE WORLD IN 80 DAYS

Kris Gladwell, Executive Director,
MHC Foundation

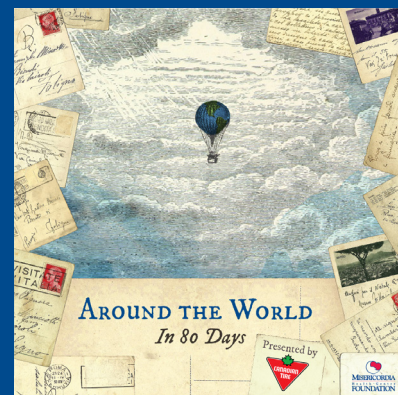
Spring has certainly sprung in Winnipeg! With a fresh new season, we've launched an exciting and impactful new fundraising campaign: Around the World in 80 Days.

With a goal of raising \$80,000 in 80 days in support of MHC, MP residents are walking, pedalling and wheeling their way to dream destinations around the globe until May 20. Funds raised will support both long-term care and you – MHC's health-care heroes.

We're extremely grateful for Winnipeg Canadian Tire Dealers who are matching donations up to \$40,000 – quite fitting considering the distance around the world is 40,000 km!

Join along the adventure on social media: @MHCFoundation (Instagram, LinkedIn, and Twitter) and @MisericordiaFoundation on Facebook, and learn more about the campaign at misericordiafoundation.com/aroundtheworld

Last, but certainly not least, we'd like to acknowledge donors who've made a gift to the #COVID19 Relief Fund. Thanks to donors' generous support, all MHC staff are receiving a three-layer, non-medical MHC Foundation mask to wear proudly in the community!





Pharmacy Appreciation Month

THANK YOU
PHARMACY ❤️

MARCH 2021

#PAM2021

NUTRITION MONTH

This year's theme is **"Good for you. Dietitians help you find your healthy,"** acknowledging that everyone's health journey is unique.

Whether you're looking for some budget-friendly nutrition tips or healthy meal ideas for your little ones, Dietitians of Canada have put together some great resources at whatYOUeat.ca

MB 150 TRAILBLAZERS

The Misericordia Sisters have been recognized by The Nellie McClung Foundation amongst Manitoba's 150 Women Trailblazers.

While MHC has evolved to meet the health-care needs of Manitobans, we remain guided by the values and continue to live the legacy of the Sisters.

The Manitoba 150 Women Trailblazer Awards salute the contributions that Manitoba women have made to social justice, arts, sports, politics, community activities and promoting democracy while developing our great province.



PHARMACY APPRECIATION MONTH: MEET ANNA

To celebrate #PAM2021, we'd like to introduce you to Anna Spirkina, Extended Practice Pharmacist (EPPH) and WRHA Clinical Resource Pharmacist for the Community IV Program (CIVP). Anna completed the Accredited Canadian Pharmacy Residency program with the WRHA in 2012 and became an EPPH in 2020.

We asked Anna: What aspects of your job or health centre/health-system pharmacy do you love the most?

"The Community IV Program has a strong culture of inter-professional collaboration. Working as part of the CIVP team provides me with an opportunity to learn from my colleagues while developing my practice to its fullest extent. Together, we provide safe and optimal care to our patients."

MHC has pharmacy staff in the following areas/programs: PRIME pharmacist, Intravitreal pharmacists, MHC pharmacy assistants, CIVP pharmacists (Anna's colleagues) and long-term care med/system pharmacists.



MISERICORDIA TERRACE: FAQ

Q: Will MHC staff work at Misericordia Terrace?

A: No, the facility will have its own staff.

Q: Will the basement tunnel be demolished?

A: The basement tunnel will remain as a service tunnel only and a second-floor skywalk between Misericordia Terrace and our Wolseley East building will provide public access.

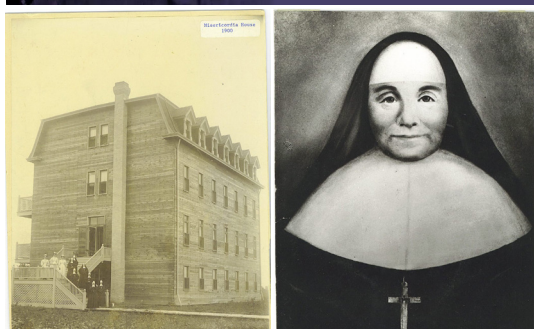
Q: Will PRIME or TCU clients have priority access to rent a suite?

A: No, MHC PRIME/TCU clients will apply to rent a suite like any other member of the community.

MHC TRIVIA

Q: Which decade is the photo of MHC from (pictured, right)?

See the back cover for the correct answer and discover if you're an MHC trivia master!





It's National Social Work Month.

Celebrate with us by sharing your story of why #SocialWorkIsEssential

**Social Work is
Essential**



SOCIAL WORK MONTH: MEET DAVID

"I usually go into the day with an idea of what's going to happen, but there's always the likelihood that something comes up that takes precedent over everything else," says David Rowe, social worker for Transitional Care Unit (TCU), Cornish 6.

David joined the MHC social work team in August 2019 and works alongside Crystal Cuthbertson-Black (Cornish 2) and Angela Harrysingh (Cornish 5), to cover all clients on the three TCUs.

"For TCU clients, there's no clear-cut disposition, and some individuals have quite complex needs, so we require more time for assessment," says David.

For assessment, David will first see clients with their families to get a good sense of what can be provided to them at MHC and how we can help in all areas of life. He works collaboratively with other teams, such as the MHC allied health team, nursing, homecare and long-term care, to determine the best disposition plan. He also determines resources that clients require once they leave MHC and transition to independent living, assisted living or in some cases, personal-care homes (PHC)s. Resources can include things like Lifeline, Meals on Wheels, Employment and Income Assistance, a family doctor, or if needed, community support workers.

Read David's full story online at misericordia.mb.ca/david-rowe



CALLING ALL MISERICORDIA SCHOOL OF NURSING GRADUATES!

The Misericordia School of Nursing Alumni was founded in 1926, and remains active today through the preservation and archiving of our history via the Misericordia School of Nursing Heritage Collection; quarterly newsletters to members; and our Annual General Meeting and Dinner.

Together we can help the Misericordia School of Nursing Alumni stay active! Please consider joining our executive. The Following positions will be available this June:

- President elect
- Treasurer
- Executive Council Representative Misericordia Heritage Planning and Policy Committee

For further information on these positions or questions you may have please contact

Sue Ihme-Steele - steeleps2018@gmail.com

Heather Crockett - heather@anonymouse.ca

#NVW2021

National Volunteer week is April 18-24

A message from Lynn Horton and Mirna Alberto, Volunteer Services Coordinators

It's been more than a year since some of our regular volunteers have been on-site at MHC. We are certainly missing our wonderful MHC volunteers! We are grateful for "essential" volunteers and all MHC volunteers who have contributed time and energy to help provide compassionate care and live our Mission.

During National Volunteer Week, April 18-24 – and beyond – don't forget to thank the volunteers in your life!

**Volunteers are the
HEART
of Misericordia**

SHROVE 50/50 RAFFLE

Although we couldn't be together to enjoy pancakes on Shrove Tuesday, you can still support the MHC Staff Crisis fund, and have the chance to win big!

The Shrove 50/50 is a rolling draw with SIX (yes, six!) opportunities to win. Draws are held every other week from April 1 to June 10.

- Single ticket \$5
- 3 for \$10
- 10 for \$20
- 50 for \$50



**Get your tickets online at
fundingchange.ca/mhc**

NEW HIRES

Miriam Stobbe Reimer, Spiritual Care Practitioner, Spiritual Health Services
Abraham Laureano, RN II, PHCC
Analiza Binongcal, HCA, MP3/Float Pool
Furaha Kanza, HCA, MP3/ Float Pool
Gerardo (Gerry) Parina, ESA, Housekeeping
Isaac Dubois, Laundry Aide, Laundry and Linen
Jeff McGregor, Entry Point Screener, Security
Juliana Barclay, Recreation Facilitator, Recreation Services
Julieta Alcantara, ESA, Housekeeping
Katrina Uy, RN II, Health Links – Info Santé
Kristine Mamonong, ESA, Housekeeping
Liane Doon, Patient Registrar, Patient Registration
Myrifel De Guzman, HCA, MP3
Sanja Hiebert, ESA, Housekeeping
Valerie Squire, Respiratory Therapist, Respiratory Therapy
Bailey Purse, Client Service Clerk, Health Links – Info Santé
Cara Asham, Client Service Clerk, Health Links – Info Santé
Christy Ploegman, Occupational Therapist, Occupational Therapy
Claire Gallagher Fenton, Supervisor, Food Services
Curtis Humeniuk, Physiotherapist, Rehab Services
Katherine Torralba, Corporate Administrative Assistant, Corporate Office
Kayla Kostal, Client Service Clerk, Health Links – Info Santé
Kaylee Spalding, Client Service Clerk, Health Links – Info Santé
Margot Lakowski, RN II, Health Links – Info Santé
Mark Ricafort, RN II, Health Links – Info Santé
Parminder Mathauda, HCA, C5/Float Pool
Tyree Milton-Gordon, HCA, MP3/Float Pool

RETIREES

Janet Stenhouse, RN, Health Links – Info Santé
Lori Mathews, RN, Ophthalmology Outreach
Dawn Zawadski, Education Facilitator, Education Services

"Throughout the course of the pandemic, the most important lesson I've learned is the essential need for community."

-Miriam Stobbe Reimer, MHC Spiritual Health

COVID-19 INFORMATION STATION

COVID-19 IMMUNIZATION

All MHC staff and physicians are eligible to book COVID-19 immunization appointments.

In addition to the phone line, there is now also the option to **book your appointment online**. For booking information, please visit **M-NET**.

Immunization is an extra layer of protection as we make every effort to protect clients, residents, patients and one another, to prevent the spread of COVID-19.

IMMUNIZATION RECORDS

Your immunization records are only a click away! Manitobans can now access records securely on the Shared Health online portal (that is also used for COVID-19 test results.) To view or print this information, visit: sharedhealthmb.ca/covid19/test-results

COVID-19 ASYMPTOMATIC SURVEILLANCE TESTING FOR MP

Appointments are drop-in or sign-up at the door. Testing takes place in the main floor treatment room at Misericordia Place.

Upcoming testing dates:

- March 31, 9 a.m. – 1 p.m.
- April 6, 1 p.m. – 5 p.m.
- April 9, 9 a.m. – 1 p.m.

STAY UP-TO-DATE

For the latest COVID-19 news, check the Government of Manitoba website, and for COVID-19 information specific to MHC staff, physicians and volunteers visit M-NET.

manitoba.ca/covid19



CONGRATS ON BEING AWESOME!

Congratulations to the Provincial Health Contact Centre (PHCC) team on receiving the "COVID-19 recognition" award from the Manitoba Customer Contact Association. PHCC/ Health Links - Info Santé has been at the heart of the response to COVID-19 in Manitoba.

