



## Media Release

February 17, 2022



### A day IN at the symphony, IN at the opera and more ...

Doris Loewen dreams of a glamorous night out. Dress shopping, hair, make-up, the works! The 91-year-old Misericordia Place resident wants live music and dancing.

“Because I’m old, I wouldn’t be dancing – too much,” Doris says with a wink. For now, Doris keeps busy playing the piano with a wintery backdrop through the windows.

This year, as Misericordia Place residents and health-care workers continue to face pandemic challenges, dreams of sunshine and adventure are more important than ever.

Misericordia’s Foundation wants to make residents’ Manitoba dreams come true as soon as it is safe to do so!

In celebration of therapeutic recreation month, the Foundation is encouraging residents to stay fit with the promise of fulfilling dreams – whether a trip to the symphony, to an ice cream at BDI or cuddling puppies at the Winnipeg Humane Society.

“Exercise plays an important role in residents’ physical and mental well-being,” explains resident care manager Sarah Enzlberger. “Dreams of Manitoba adventures are really motivating residents to participate in therapy and fitness activities to reach their goals.”

For now, the recreation team is arranging special INDOOR experiences for residents such as:

- 81-year-old Leonard joined a viola Zoom class offered by the acting principal violist of the Winnipeg Symphony Orchestra
- Married residents Eapen and Marykuty (53 years!) had a special catered Indian meal from their favourite restaurant for Valentine's Day
- 93-year-old Elizabeth had doggie snuggles with a furry friend, part of the Winnipeg Humane Society's Animal Companionship Program
- Edith, whose "heart wakes up for music" is having not one but two Zoom opera performances from Manitoba Underground Opera singers
- And so much more!

Also: Doris WILL get her pampered night out at the Foundation's fall gala extravaganza!

## INTERVIEWS/PHOTO OPPORTUNITIES

**Who:** piano-playing, self-proclaimed glamour gal Doris and RCM Sarah

**When:** 10 a.m. Friday, February 18, 2022

**Where:** Misericordia Place: enter 44 Furby Street entrance for screening. COVID-19 QR code and identification required

Phone or virtual interviews also available!

*High res pictures and video of residents here:*

<https://www.dropbox.com/sh/qdn1eujzoghxml/AACBkjb6UN50whCk6kruqwM5a?dl=0>

Learn more:

To learn more, follow: **@MisericordiaFoundation** on Facebook and **@MHCFoundation** on Instagram & Twitter.

Options to donate:

1. Online: [misericordiafoundation.com](https://www.misericordiafoundation.com)
2. Call 204.788.8458

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