

Minutes

Meeting Date: April 5th MP1, April 25th MP2, April 6th MP3

Meeting: Resident Advisory Council

Time: 10:30am on each unit

Staff & Resident Attendance:

MP 1: 6 Residents

MP 2: 3 Residents

MP 3: 3 Residents

1 Social Worker - Aliyah

1 Recreation Therapist- Faith

Meeting Called to Order at 10:30am by Social Worker

Brief overview of Resident Council's purpose:

A space for residents to come participate in a meeting to voice their needs and concerns.

A space for residents to have Input on the activities, policies and Issues affecting their lives in this facility.

A place to receive updates about the PCH.

Welcome Here & Resident Advisory Prayer Read by Social Worker

Resident Advisory Council Prayer

Loving God,

We come together as a community of neighbors. We are people who share a common space and work every day to live out your message of kindness and love. Today, as we gather for our advisory council, we ask that you bless this space with your presence. We pray that you provide us the ability to...

Listen with Integrity

Speak with Honesty

And respect the voices of one another.

God, we pray that you continue to bless all of us that live and work here at Misericordia Place.

In your loving name we pray, Amen.

Old Business:

Our last Resident Advisory Council was in February 2023, where we provided some general updates on Misericordia Place, spoke about Therapeutic Recreation Month and discussed 2 items on the Resident Bill of Rights.

New Business:

Spiritual Health Update: Spiritual Health has returned to weekly Roman Catholic Mass In the chapel (as opposed to the rotating scheduling by unit related to previous Covid-19 protocols). All residents from each floor will be able to celebrate eucharist together every Sunday. Monseigneur Jamieson continues to preside over Sunday Mass. An additional service will be held on Good Friday- April 7th 2023 at 10:30am.

Recreation Update: Recreation group activities can now safely resume with residents from different floors of MP getting together for activities. This includes recreation activities on the main floor, and recreation parties! Recreation Facilitator Rael from MP2 is now officially on Maternity Leave, covering for her will be Nadia.

Recreation Therapy Exercise:

Our Recreation Therapist at Misericordia Place, Faith joins us to share what her role is at a Recreation Therapist at Misericordia Place, and how this differs from that of a Recreation Facilitator. Faith will also be doing a group exercise with us about "What Makes a Good Group Participant". Participants of Resident Council agreed that the Misericordia Sister's Values of Compassion, Mutuality, Non-Violence, Hospitality, Companionship are very important to demonstrate during group activities. Residents in the Resident Advisory Council also shared some of their own ideas of what makes a good group participant, including:


- Letting everyone have their turn to speak
- Being a good listener
- Being respectful of other's opinions
- Being considerate of others

Bill of Rights at Misericordia Place:

At Misericordia Place we have a Resident's Bill of Rights, this is posted on every unit in the common areas. The Bill of Rights and Responsibilities is reflective of Misericordia's core value of caring, respect and trust and is intended to facilitate mutual cooperation, effective communication and a trusting, healing relationship between residents and staff.

During each Resident Advisory Council meeting we will continue to review the Bill of Rights and discuss 1-3 Rights that you as residents, have in this home. We would like to seek feedback as to if you feel your rights are being followed/acknowledged, and if not- the recommendations you have as to what we as a facility could do better to ensure your needs, and the needs of other residents here are being met appropriately.

Today we are talking about the following rights:



Residents have the right to...

- 1) Be free to exercise their freedom of choice of religion, culture and language.
- 2) Communicate and have visits with family, friends and others- in private if desired.

Residents accepted both rights.

Residents then asked if they have any questions, comments or concerns. None noted at this specific time.

Meeting adjourned by Social work.