



The Sleep Disorder Centre

Misericordia Health Centre
99 Cornish Avenue, Winnipeg Manitoba, CANADA, R3C 1A2
204-788-8570 • FAX 204-799-8657

Guidelines and policies for CPAP treatment

Sleep therapy is supported by the Sleep Disorder Centre (SDC) operated by the Winnipeg Regional Health Authority.

Clinical support and appointments related to your sleep breathing disorder are offered through the SDC, but there are a number of things you can do at home to support your treatments and manage your condition.

Treatment for your sleep breathing disorder

- If you receive a prescription for a Continuous Positive Airway Pressure (CPAP) machine from the SDC, you can pick up the equipment from one of two suppliers in Winnipeg or Brandon. Location information for both suppliers is listed below.
- Before attending the supplier, call ahead to set up your first appointment to be fitted for equipment.
- **Don't forget to bring your prescription to the appointment if it was mailed to you.**
- The supplier will teach you how to use the equipment and provide a trial of at least one month to ensure your equipment fits properly.
- In order to complete your trial successfully the CPAP must be used at least 70 per cent of the nights for four hours or more. This is required to get benefit from the treatment.
- Once the trial period is completed successfully, clients will be responsible to pay a co-pay of \$500 for the CPAP machine.
 - o The initial co-pay will include the new CPAP machine and the following supplies: interface (nasal, full-face or direct), filters for your equipment, humidifier chambers and tubing (if required).
 - o The WRHA will pay the remaining balance for the CPAP machine, as well as costs of a 60-minute consultation fee with the client's vendor of choice, mask fitting, education on equipment and care and follow-up appointments for treatment issues.

- All clients will be responsible to pay for supplies (including delivery fees) and equipment repairs.
- Individuals are eligible for machine replacement every five years at a \$500 co-pay cost.

Re-referral to the SDC

- If you feel your therapy is no longer giving you the same benefits, please contact your supplier to address any potential equipment problems.
- Your supplier cannot make changes to your pressure without contacting a Sleep Disorder Physician.
- If it has been more than one year since your last appointment, a new referral form must be received from your family physician to schedule an appointment at the SDC.

Equipment maintenance

- Please follow cleaning and care requirements as outlined by the manufacturer.
- All clients are responsible for the daily care of their equipment and supplies.
- This includes changing filters and ensuring the equipment is not damaged by exposure to smoke, including, but not limited to, cigarettes, pipe and cigar smoke.

Please contact SDC at 204-788-8570 if you have any questions about this information or your treatment plan.

Please note the cost of the CPAP equipment may be waived for individuals with exceptional circumstances who do not have Employment & Income Assistance (EIA) or private insurance and cannot afford the equipment. If you would like to be considered for exceptional circumstances, please call 1-866-281-0410.

Supplier information

Medigas Manitoba Ltd

Phone: 204-786-CPAP (2727)
Toll free: 1-855-766-7388

Medigas Winnipeg

150 McPhillips St.
(Near Notre Dame Avenue)

Medigas Brandon

1617 - 1st Street
(At the Paddock Mall)

CPAP Machines Canada

Winnipeg

4-660 Sterling Lyon Parkway
431-831-4313

Brandon

A2- 650 1st Street
431-808-5383