

DIODE LASER PROCEDURE POST-OPERATIVE INSTRUCTIONS

OPHTHALMOLOGIST'S CONTACT INFO: _____

FOLLOW-UP APPOINTMENT: _____

1. Leave dressing on the eye for four to six hours (or as instructed by the ophthalmologist).
2. Take all medications as prescribed by the ophthalmologist.
3. For pain, take acetaminophen (Tylenol®) 325 mg or 500 mg tablet as needed every four to six hours.
4. Apply ice compresses every two hours (until bedtime) for 20 minutes on the day of surgery.
5. If you do not have a follow-up appointment booked with the ophthalmologist, please contact their office to book an appointment approximately 24 hours after your procedure. (contact information is provided above)
6. You may resume normal activities 24 hours after your procedure (or as instructed by the ophthalmologist).
7. If you experience intense pain, severely reduced vision, or major bleeding, please call the ophthalmologist's office. If you are unable to reach the ophthalmologist's office, please phone MHC (204-774-6581) and ask to speak to the ophthalmologist who is on-call.