



Easy Street Rehabilitation: The Road to Independence

What is Easy Street ?

Easy Street is a unique rehabilitation program where clients can learn and practice the skills they need for independent living after a life-impacting health change. The Easy Street team helps clients identify and achieve their personal goals, with the focus on activities they need to carry out everyday living. These activities may include:

- dressing
- walking
- cooking
- leisure
- driving a power wheelchair
- school or work
- shopping
- banking
- community transportation(taking the bus)
- adjustment/lifestyle issues

Who can Benefit from Treatment at Easy Street

Individuals who are having difficulty managing everyday living skills due to neurological illness or injury can benefit from attending Easy Street. These illnesses or injuries may include: stroke, brain injury, long COVID and/or other life-changing illnesses.

How are Clients Referred?

An initial assessment is performed with a referral from a health-care professional.

Is There any Cost?

Treatment at Easy Street is covered by Manitoba Health at no cost to clients.



The Easy Street Treatment Environment Includes:

- a car
- a bank and an ATM
- a putting green
- a grocery store
- curbs
- different types of flooring
- and much more

Our Easy Street treatment plans often incorporate other areas such as the occupational therapy kitchen, the physiotherapy department and the neighbouring community.

What Makes Easy Street Unique?

We use an interprofessional team approach. The team includes a physiotherapist, an occupational therapist, a social worker and a dietitian. Clients are assisted to set individual goals and work with team members to achieve physical, emotional, cognitive and social adjustments necessary for a more productive, independent life.

Our program is client-focused. Clients usually attend once or twice a week and may work with several team members during visits. The Easy Street treatment environment includes a unique mini-community which allows clients to practice skills and overcome obstacles in a realistic setting.

For More Information

To learn more about the Easy Street Rehabilitation program, or to speak with a member of the team, please contact us at: Easy Street Rehabilitation Program

Phone: 204-788-8158

Email: easystreet@misericordia.mb.ca

**Misericordia Health Centre
99 Cornish Avenue
Winnipeg, Manitoba R3C 1A2**

misericordia.mb.ca

