



**MISERICORDIA**  
Health Centre  
*The future of care*



# Transitional Care Unit

Misericordia Health Centre's 111-bed Transitional Care Unit (TCU) serves clients who require complex social and medical support for a limited period of time. Discharge planning begins at the time of admission.

## Admission to TCU

Clients come to the TCU as a transfer from a hospital, from another facility or from the community.

## Restorative Care

Clients receive a convalescent or restorative level of care. Restorative care promotes clients' ability to adapt and adjust to living as independently and safely as possible. The health-care team focuses on a holistic approach to improve the physical, mental and social functioning of clients. TCU staff provide care, treatment and services in a way that respects and fosters clients' dignity and autonomy.

TCU clients no longer require the care which is provided in an acute-care hospital and are not at risk for a rapid decline in medical stability. Restorative care needs are safely managed with a care plan.

During the TCU short-term stay, clients receive on-going treatment while being assessed to determine the best setting for them in the future. Discussions of options take place with both clients and their families. The goal is to have a discharge plan within 30 days and to have a destination within 90 days.

## Potential discharge options from the TCU:

- Return to client's home with or without community services
- A new apartment or home with or without community services
- Assisted living
- Supportive housing
- Personal Care Home or other long-term care options
- Hospice
- Geriatric Rehabilitation

## TCU Care Team

TCU clients are cared for by an interprofessional team that includes nurses, health-care aides, unit clerks, occupational therapists, physiotherapists, social workers, rehabilitation aides, dietitians, spiritual health providers, recreation facilitators and volunteers. Clients also have access to pharmacy technicians, speech language pathologists and mental health clinicians. Physicians are always available as required.

Misericordia's Clinical Resource Team responds to medical emergencies on site. Clients may be transferred to an acute-care hospital if change to medical needs require.

## TCU Care Teams:

Cornish 2 | 204-788-8398

Cornish 5 | 204-788-8128

Cornish 6 | 204-788-8130