

# FAMILY UPDATE



August 19, 2022

## MP3 outbreak over

I am pleased to report that the COVID-19 outbreak on MP3 has been declared over. We will, as always, continue to closely monitoring our residents and responding to any concerns or symptoms that arise.

## Get to Know Me posters and Memory boxes – knowing our residents better

The MP team, including social work, recreation and spiritual health, support initiatives to help us get to know our residents and support them better. Research tells us that knowledge of a person's past and present helps form better connections with caregivers and advances kindness, humanity and respect.

One initiative is creating a **Get to Know me poster** for each resident's room which includes information related to things like primary language, hearing, comprehension, life interests, likes/dislikes and important people in their lives. We will be asking for this kind of information for your loved one's poster. As well, if you have information you wish to share, speak to our staff from social work, recreation or spiritual care.

Another great initiative is a **Memory Box**—small, enclosed and locked boxes in residents' rooms. These are meant to be filled with items that are meaningful to the residents, including photos (e.g., photos of family, pets, past events and places travelled) and other small items. **Please bring in such items for your loved one's memory box!** When you bring in items you can ask



*Memory boxes are for photos and other small items that are meaningful for residents, and help our staff know them better!*

nursing staff for the key to your family member's memory box or leave them labelled at the front desk for Aliyah.

## Admission package review

We are currently working on updating our admission package and are interested in hearing from current residents' families if there is anything they think should be included in our admissions package that would be helpful to new families. Please call Aliyah, our social worker, at 204-788-8435 with your suggestions.

## Alzheimer Society of Manitoba free virtual session

The [Alzheimer Society August newsletter](#) has some great information, including how to register for a free Zoom session being held on September 21—World Alzheimer's Day—called *Beyond the Headlines: Uncovering Dementia Myths*.

## One Great Lottery winner!

Congratulations to Susan Shortill, the grand prize winner of One Great Lottery! Susan won \$136,800 plus \$100K bonus cash.

It's lovely that a member of the Misericordia Family won (Susan is "retired" but is currently working as a screener at MHC and is our former Volunteer Services manager).

If you bought tickets but did not win, it's not over! One Great Lottery is announcing a \$1,000 winner every day until the end of August as part of the Great Cash Calendar.



Congratulations Susan!

Sincerely yours,

Jennifer Taylor, Director, Long-Term Care

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