

FAMILY UPDATE



February 17, 2022

Hello everyone,

We continue to do well in terms of COVID-19 and currently have no cases or concerns. We will continue to be vigilant as we start to incorporate some normalcy in our daily routines. We are gathering more residents in the dining room than we have since December, and residents have begun to gather for small group activities. We know the isolation takes a toll on residents, so we will continue to balance ensuring safety and providing a balanced routine for residents. We are also looking to start using the chapel again.

Visitation updates

Visitation rules for PCH have been updated this week and changes will take effect on February 22 as follows:

- For designated Caregivers there are no changes – no appointment necessary, no visiting hours, one at a time.
- General visitors are welcome back by appointment. Appointments can be made by calling reception at 204-788-8440. General visitors need to be fully vaccinated to visit in residents' rooms. Visiting hours are 10 a.m. to 6 p.m. and only one visitor may be in a resident's room at any given time.
- If vaccinated general visitors or designated caregivers want to visit two at a time, they can book an appointment for the visiting pod/nun's suite.
- Unvaccinated visitors can visit in the visiting pod/nun's suite by appointment. One unvaccinated person can visit at a time. Appointments can be made by calling reception at 204-788-8440.

Help review standards for long-term care

Many folks are aware that we need to comply with Provincial Standards in PCH. These standards are under review both provincially and nationally. Below is an invitation to provide feedback into the Standards.

misericordia.mb.ca

HSO National Long Term Care Services Standards Review

Health Standards Organization (HSO) opened a [public review on its new National Long-Term Care Services standard](#).

The public review, which is an opportunity for anyone to review the draft standard and provide feedback, is open from January 27 to March 27, 2022.

Misericordia Place is due for an unannounced PCH Standard visit in 2022. This visit can happen any time. We will share the results they are available.

Free workshops for living well

The Wellness Institute is offering free evidence-based self-management and preventative health workshops that could greatly benefit our residents and family members. The virtual workshops include [Total Brain Health](#), aimed at people wanting to build better brain health, regardless of their age or ability; [Powerful Tools for Caregivers](#), which provides tools and techniques for caregivers to manage their own health while caring for loved ones; and [Get Better Together](#), aimed at individuals who have chronic physical or mental health problems or support someone who does.



Yours sincerely,

Jennifer Taylor, Director, Long-Term Care
204-788-8451
jtaylor@misericordia.mb.ca