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MARCH 2026

LIFE @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

THIS EDITION

- Page 1 - President's Message
- Page 2 - Recipe Contest
- Page 3 - Dignity Quilt
- Page 4 - Social Work Open House

PRESIDENT'S MESSAGE: COMMUNITY ENHANCEMENTS



With winter weather keeping many of us indoors, it's heartening to see our redeveloped café seating expanded into a lively community hub! More to come with additional sofas, flat-screen TV and glass artwork along the existing bank seating and on the conference room glass doors.

Having a welcoming gathering space supports staff, patients and visitors alike!

Other improvements in the Wolseley building include the addition of Northway Pharmacy across from our Gift Shop.

MHC is always looking for meaningful ways to meet the needs of our staff and patients, and the pharmacy addition does just that!

Our strategic plan outlines what success looks like as our Eye Care Centre of Excellence works towards becoming Canada's Premier Eye Institute. One such marker was eye patients having access to low-vision resources and a pharmacy. Check! And our Minor Injury and Illness Clinic patients can have their prescriptions ready for pick-up immediately following their appointments. MHC staff will receive a welcome package from Northway Pharmacy should they choose the convenience of switching from their current pharmacy.



Our Gift Shop is working collaboratively with their Northway neighbour to ensure limited duplication of inventory and to enhance offerings to all customers. We're fortunate the Gift Shop offers and array of food and drink options – especially important during off hours – as well as new and fun endeavours such as partnering with the Stroke Recovery Association of Manitoba to offer tea baskets!

Stay tuned for future growth and improvements throughout MHC!

Caroline DeKeyster
cdekeyster@misericordia.mb.ca



Love Filled the Halls at MHC! Kris Erickson, President & CEO MHC Foundation

This Valentine's season, kindness was on full display across Misericordia Health Centre.

Through the Foundation's Send the Love initiative, our community came together to brighten the days of patients, residents, and care teams. Flowers were delivered throughout the building, heartfelt messages lined the halls, and thoughtful notes brought smiles to many faces.

Each heart and flower represented more than a kind gesture — it was a reminder that the people who live, work, and receive care at MHC are supported by a community that truly cares.



To everyone who took part, thank you for helping create such meaningful moments across MHC. Your generosity and compassion helped make the season a little brighter for patients, residents, staff, and volunteers alike.

Thank you for all that you do to support the MHC community.

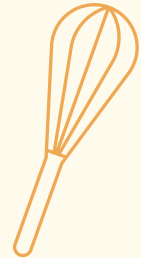


“THE ULTIMATE CROWD-PLEASER” RECIPE CONTEST

WRHA Nutrition & Food Services is looking for the best “Crowd Pleaser” recipe to highlight during Nutrition Month 2026! Do you have one?

Tips for a great crowd-pleaser recipe?

- Delicious and loved by all
- Not too difficult to make
- Affordable
- Easy to serve and eat



Staff, Residents, Friends - Anyone Can Enter!

Submissions should be in word format and include:

- Details (name, email, phone, PCH home)
- Recipe Details (Name, Portion, Yield, Ingredients, and Instructions)
- The story behind the recipe: why your recipe is an Ultimate Crowd Pleaser

Submit yours by **March 2nd**!

For more information, including to submit your recipe or request a recipe template, email dmartinussen@wrha.mb.ca!

Judging

- Top 10 recipes announced on March 13th, 2026
- Winner will be announced on March 27th, 2026

Exciting Prizes

- An announcement of winner in our WHRA communications
- Social media highlights
- Prize Draw





MP DIGNITY QUILT

Local artists and frequent Misericordia Place workshop facilitators, Toby, Natalie and Francesca created a dignity quilt for the residents at MP. Dignity quilts are used to cover the bodies of those who have passed as a sign of respect and care.

To begin this project, residents were tasked with drawing memories of their favourite place. Once the drawings were complete, they were then replicated on the dignity quilt using fabric paint, patchwork, and embroidery. It was a hands-on experience for many residents and an opportunity for meaningful contribution and collaboration.

With no plans of slowing their fingers down, this quilt is the first of five. The artists and residents alike are excited to start the next quilts, which will all eventually be displayed on the walls of Misericordia Place.

RAMADAN AND LENT

Two sacred seasons, rooted in different traditions, yet curiously aligned in practice: restraint, reflection, humility, and generosity. Across neighbourhoods, workplaces, hospitals, and homes, people are waking earlier, eating differently, praying more, speaking softer words, and examining their lives.

Ramadan asks Muslims to fast not only from food; but from excess, from distraction, from

indifference. Lent invites Christians into a similar narrowing of the field: less noise, less indulgence, more attention to what is fragile and human.

When sacred calendars converge, they quietly remind us that beneath our doctrinal differences lies a common human movement - toward meaning, toward mercy, toward one another.

**Taken from Interfaith Health Care Association of Manitoba*



MISERICORDIA CALL DISPLAY

We're pleased to share a small change that will make a big difference in how we connect with our patients.

Soon, all outgoing calls from Misericordia Health Centre will display "MISERICORDIA" as the caller ID, rather than appearing as "unknown caller." This update will make it easier for patients to recognize our calls and feel confident answering, helping our staff connect more quickly and reduce missed or screened calls.

NEW HIRES

Alex Bautista, Trades Helper,
Plant Services

Dung Duong, ESA,
Housekeeping

Fatuma Kurfesa, ESA,
Housekeeping

Habtom Meresi, Ophthalmic
Assistant, Ophthalmology Clinic

Hyacinth Salazar, RN II, Health
Links – Info Santé

Katryna Robinson, Respiratory
Therapist, Sleep Disorder
Centre

Komal Nikam, Patient
Registrar, Patient Registration

Kyle Mitchell, Industrial
Mechanic - Lead Hand, Plant
Services

Nicholas Zirk, Physiotherapist,
Physiotherapy

Rhobie Briosos, ESA,
Housekeeping

Sheree Into, HCA, MP2

Sheryll Guadilla, HCA, MP1

RETIREEES

Els0 Clarete, HCA,
Misericordia Place Level 2

Andrea Froese, Nurse 3,
PRIME

Monika Ksiazkiewicz,
Polysomnography Technologist,
Sleep Disorder Centre



SOCIAL WORK

department

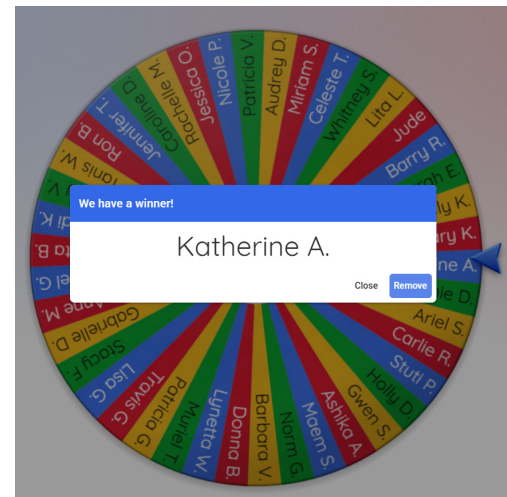
OPEN HOUSE

MARCH 5TH 2026 11:00 A.M TO 2:00 P.M

Come drop by the social work department and learn more about what social workers at MHC do! Social workers will be present to answer any questions!

Give-Aways! Treats! A game and a chance to win a prize!

CONGRATULATIONS TO OUR MHC COOKBOOK WINNER, KATHERINE A. ONE MONTH OF FREE PARKING!



CONGRATULATIONS TO OUR JETS TICKET WINNERS

@mar5tini

@jordoncrompton

COURTESY OF BLACK HISTORY MANITOBA