



MISERICORDIA

Health Centre

The future of care



M-NET  
MHC Intranet



FEBRUARY 2024

# Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

Page 1 - Mission Awards

Page 2 - BINGO!

Page 3 - Caring for the self

Page 4 - In Memoriam

## PRESIDENT'S MESSAGE: MISSION AWARDS 2024



Mission Day is one of my favourite days at Misericordia Health Centre!

MHC's organizational Mission includes a line: *We are strengthened by the spirit and the legacy of the Misericordia Sisters* – and I believe this to be so true.

Providing compassionate, patient-centred quality care is at the heart of all we do and how we provide this care is equally important. Our intentionality around values-based care translates into this how we provide care, and truly makes a difference.

I would like to thank the Mission Day committee for organizing such a stellar event this year,

which included "Mission Awards" for our staff with nominations by their peers and residents' families.

### Nominations: Individual Category

- Gina Alcasid – Cornish 2 Transitional Care Unit
- Krisna Penner – Social Work Department
- Kelly Harris – Therapeutic Recreation Services (Cornish 5/MP1)
- Robin Dilawri – Provincial Health Contact Centre
- Perla Sacopla – Misericordia Place Personal Care Home (MP2)

*Congratulations to the award recipient Gina!*

### Nominations: Department Category

- Easy Street brain injury rehabilitation
- PRIME – Health Centre for Seniors
- Rehab Assistants – Allied Health
- Plant Services
- Clinical Resource Team (CRT)
- Misericordia Place PCH 3rd Floor Team (MP3)

*Congratulations to the award recipient MP3 Team!*

Naturally my congratulations extend to ALL the award nominees: you demonstrate the Misericordia Sisters' motto *Compassion of the Heart For Those in Need*.

Yours sincerely,

Caroline DeKeyster  
cdekeyster@misericordia.mb.ca



MP3 Team

## WELCOME, 2024!

Kris Gladwell, President & CEO  
MHC Foundation

We hope you all had a wonderful holiday season and have enjoyed all that 2024 has to offer so far!

The start of a new year is traditionally a time where people set goals for the future. At the Foundation, we are busy preparing another year of exciting activities and events in support of the work that you do each and every day. Here's what we have on the horizon so you can save the dates in your calendars!



### Misericordia Golf Classic

Our 2024 Golf Classic will take place on Thursday, June 13 at Breezy Bend Country Club.

### InVision

Our signature event celebrating and supporting the Eye Care Centre of Excellence will take place on Wednesday, October 16 at the RBC Convention Centre.

### Angel Squad

Finally, we look forward to having you all don your halos as we celebrate Angel Squad on Giving Tuesday, December 3!

As more exciting initiatives come up through the year, and as more information on these events is released, we'll look forward to sharing those details with you! Stay tuned to this space or you can always visit our website – [misericordiafoundation.com](https://misericordiafoundation.com).

As always, thank you so much for everything you do!

# MHC TR MONTH BINGO!

**CHALLENGE**

ROOM #OF ANY RECREATION OFFICE _____	EXAMPLE OF A PHYSICAL PROGRAM ON C2 _____	WHAT DAY IS MUSIC ON MP3? _____
WHAT DAY IS THE BDAY PARTY ON MP2? _____	EXAMPLE OF A SOCIAL PROGRAM ON C5 _____	WHAT DAY IS BAKING ON MPI? _____
EXAMPLE OF A COGNITIVE PROGRAM ON C6 _____	NAME 1 RECREATION FACILITATOR OR THERAPIST _____	GIVE AN EXAMPLE OF YOUR OWN FAVOURITE LEISURE ACTIVITY _____

## UNDER THE B: BIG TR FUN!

February is Therapeutic Recreation Month in Manitoba—a declaration by the province that recognizes the emotional, social, physical and other positive changes that therapeutic recreation promotes.

Join in the celebration this month with the MHC TR MONTH BINGO CHALLENGE! (Or, if you prefer, scavenger hunt!)

**SUBMIT YOUR ANSWERS** to recreation manager's office, ROOM 272. 😊



Barney, a volunteer through the St. John Ambulance Therapy Dog Program, brings joy to Misericordia Place residents and staff alike with his weekly visits!

## SHROVE TUESDAY PANCAKE BREAKFAST

**TUESDAY, February 13, 2024**

**9-11 a.m.—MHC Auditorium**

**TICKETS: \$5**

*Includes: pancakes and juice*

Pre-purchase\* tickets now available:

(\*limited day-of sales)

**MHC: 10 a.m.-5 p.m. in the Gift Shop**  
(or Patrick in Volunteer Services)

**MP: 8 a.m.-3 p.m. MP reception**

*Proceeds in support of  
MHC staff & programs*



Congratulations to Gina Alcasid of the Cornish 2 Transitional Care Unit for her Mission Award in the individual Category!

## APPRECIATION...

*I have been to MHC several times - you are the best Health Care Centre in the City of Winnipeg. Staff are so excellent! Efficient, professional, and friendly - it's a very well run and clean facility. Thank you, Everyone!*

- Kelli, grateful patient

*I had cataract surgeries in November 2022 and February 2023 - OUTSTANDING service from when I entered until I left. Wonderful doctors and nurses. Thank you.*

- Anonymous



# SELF-CARE IS SELF LOVE

You're Invited to participate in the upcoming Wellness Challenge!

ENTER FROM FEBRUARY 9 - 16, 2024

## HOW TO ENTER

Find the Volunteer Services mailbox (on the main floor of the Wolseley building), fill out a ballot letting us know what you do for SELF-CARE, and then drop it in the mailbox for a chance to win a prize!

Draw is on Friday, February 16, 2024 @ 1:00 pm

## SHOW SELF-CARE AND WIN!

February is Self-Care Month! The Wellness Committee has created a self-care brochure to help you maintain or create a self-care routine. You can find this brochure on M-NET or in a staff room. Additionally, beginning on Friday, February 9 until Friday, February 16 we welcome staff members to find the volunteer services mailbox (on the main floor of the Wolseley building), fill out a ballot and let us know what you do for self-care for a chance to win a prize. The draw will take place at 1 p.m. on Friday, February 16. We will be sharing staff members self-care ideas on a poster and on M-NET for inspiration!



We've been busy taking photos of our staff at work throughout MHC! We use these photos in our patient handouts, website, directory and so much more. It's important our excellent staff represent us and not generic images of health-care workers. Our strength is truly is our people!

DYK

## Photo identification essentials:



**DID YOU KNOW?**

- Show your photo ID badge upon entry to MHC – every time!
- Visibly wear your ID badge at all times at work

Wearing our ID badges enhances safety for everyone at MHC: patients, residents, clients, families, visitors – and ourselves.

*Thank you for your cooperation in keeping everyone safe.*



## Health & Safety Corner

## YOUR AWARENESS = SAFETY

By Tyler Brown  
Security and Environmental Safety Manager

Keeping everyone safe at Misericordia is an on-going process—from locking down staircases to installing panic buttons to changing exterior entrance times.

### IMPORTANT REMINDERS:

1. When arriving at and leaving work, be aware of your surroundings. If you see anything even slightly suspicious, please contact Security—call the Information Desk by dialling “55” internally or 204-774-6581 externally.
2. If you are coming in or going out a secure door such as a card access door, make sure the door secures behind you (just like at home!) and strangers don't come in with you.

Thank you for helping keep everyone safe!

**REMINDER:** This entrance is only for patients. We appreciate you not holding the door open for others.

[www.misericordia.mb.ca](http://www.misericordia.mb.ca)

*Don't let strangers in secure doors!*

# NEW HIRES

**Ademar De Guzman**, HCA, C2

**Alexandra Brunlees**, CRN, CRT

**Archy Corpuz**, Social Worker, Social Work

**Baljeet Hans**, HCA, C5 float pool

**Edison Haynes**, HCA, MP3

**Feseha Berhe**, HCA, C6

**Hannah Chale**, Respiratory Therapist, Respiratory Therapy

**Humna Aziz**, Physiotherapist, Rehab Services

**Keith Acheson**, Staffing Clerk, Staffing Office/HR

**Michelle Benavidez**, Clerk II, Surgical Complex

**Michelle Lagunay**, HR Consultant, Human Resources

**Richard Adegboyega**, Diet Aide, Food Services

**Yalem Tesfa**, HCA, C6 float pool

**Akhila Santhoshkumar**, Patient Registrar, Patient Registration

**Amy Anderson**, CRN, CRT

**Daljit Kaur**, Patient Registrar, Patient Registration

**Hayna Santos**, CRN, MP2 float pool

**Jonathan Sambajon**, MDR Technician, Medical Device Reprocessing

**Josh Chartrand**, Senior Financial Accountant, Finance

**Kevin Byrne**, RN, Health Links-Info Santé

**Ma Eliza Reyes**, HCA, C6

**Maria Lavador**, Patient Registrar, Patient Registration

**Michael Faustino**, Clerical Aide, Ophthalmology Clinic

**Nathan Varghese**, Staffing Clerk, Staffing Office

**Pamela Whitfield**, RN, Health Links-Info Santé

**Svitlana "Lana" Mushenko**, Laundry Aide, Laundry/Linen

# RETIREEES

**Dan Michalenko**, Aide, Surgical Complex

**Flordeliza Reyes**, Unit Clerk, Misericordia Place

**Havalee Whyte-Hibbert**, Intake Operator, PHCC After Hours

## Sister Monique Lallier



1937-2024

Superior General  
Misericordia Sisters

It is with great sadness we share news from Montreal of the passing of Sister Monique Lallier, Superior General of the Misericordia Sisters, notably on our Misericordia Mission Day – January 27, 2024.

Sister Monique passed away peacefully at the age of 86. She spent 62 years of religious life with 20 of those years as Superior General.

May her soul rest in peace and our prayers be with her family and those saddened by this loss.

Some staff may remember Sister Monique from her visits to us here at Misericordia Health Centre. She always enjoyed observing compassionate care at MHC and receiving our annual reports of innovation, responsiveness and community!

Here is one of her last messages to the staff, physicians at volunteers at MHC, assuring us she was confident we were living the Mission of the Sisters and strengthened by their legacy:

*Similarly, are we certain about the transmission of the legacy of our Foundress Mother Rosalie and that of the Misericordia Sisters. We are reassured about the future. We know that before long, the Sisters will have disappeared, but not the CHARISM of Mercy and Compassion and its Mission. Thank you.*

*Monique Lallier, s.m.  
Superior General  
and the members of her Council*