



APRIL 2023

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: EYE SURGERIES EXPANDED!



Happy spring!

I'm excited to share beginning May 1 our annual eye surgery volumes will increase by 2,500 surgeries – that's more than 11,500 total surgeries over the course of a year.

This is the largest increase in surgery volumes in Misericordia's history.

We'll be adding an additional slate every day to our operating rooms. The new volumes include cataract surgeries and specialty eye surgeries such as glaucoma, retinal, corneal transplants and strabismus.

This is no small feat: we're busy hiring new nursing and support staff to be able to perform these increased volumes.

I know our ophthalmologists are equally excited to be able to offer more surgeries to meet our communities' needs. The surgery volumes increase will go a long way in addressing our surgical backlogs.

I see this as a pivotal step along the path of propelling our Eye Care Centre of Excellence into Canada's premier eye institute, the **first priority** in our 2022-2026 strategic plan.

Stay tuned for planning updates, including specialty ophthalmology components, about our new Sherbrook Development, the **second priority** in our 2022-2026 strategic plan!

And I should also mention the third priority: how we'll be performing these surgeries. Our **third priority** is to foster innovation and to drive excellence in all that we do. Our Eye Care Centre of Excellence community in particular is stellar at viewing all aspects of care with an innovation lens: from identifying service efficiencies to enhancing the patient experience and improving care.

I'm incredibly proud of our MHC teams for the tremendous amount of preparatory work and the ramping up effort required to make these new volumes a reality.

Thank you!



Caroline DeKeyster cdekeyster@misericordia.mb.ca

SPRING INTO GIVING!

Kris Gladwell, President & CEO
MHC Foundation

The warmer weather isn't the only exciting thing on the horizon! The Foundation team is happy to share our upcoming slate of activities designed to support the people and programs of MHC!

TWO great causes, ONE great lottery
onegreatlottery.ca

It's back! Our joint lottery with the Winnipeg Humane Society will launch on April 13!



ONE GREAT LOTTERY

SUPPORTING WINNIPEG HUMANE SOCIETY + MISERICORDIA HEALTH CENTRE

Ticket prices remain very affordable and we are so excited that this year's prizes are specially designed to counter the rising cost of inflation! The first early bird draw prize on April 27 will be free groceries for a year!

Stay tuned for more exciting prize alerts – like free gas, house cleaning, and of course the 50/50 cash jackpot!

Misericordia Golf Classic
misericordiafoundation.com/golf

Our 2023 Golf Classic will take place on June 15 at Breezy Bend Country Club and registration is now open. Even if you are not available to join us on the greens, an online raffle with exciting prizes will be available for everyone to participate in!

Canada Day Run

Runners and walkers: save the date! We're thrilled to share the Running Room will be hosting an in-person July 1 run/walk for all ages with proceeds supporting Misericordia Health Centre. We'll let you know when sign-up becomes available – we hope you and your family will be able to join us!

As always, thank you for everything you do and happy spring!

STAFF PAWS

St. John Ambulance
Dog Therapy visits for staff

Staff, physicians and
volunteers are encouraged
to take a PAWS and visit
a therapy dog at MHC!

When:
12:30 – 2 p.m. every other Thursday

Where:
Between the cafeteria and the auditorium
(Elevator E lobby)

Why:
Research shows therapy dogs can assist
in improving mental health and can help
calm people in their workplace.

Upcoming dog therapy visit dates:

April 6 & 20

May 4

June 1, 15 & 29

Sponsored by:



THANK YOU, SCREENERS!

On March 31 we bid a grateful goodbye to our entry-point screeners who have been such an important part of our Misericordia Family throughout the pandemic.

As we move forward the same entrances will continue to operate with an entry-point security presence when possible and everyone entering MHC will still be required to clean their hands and wear a mask.

The entrance at the end of the overpass (by the donor wall) will revert to pre-COVID process of being locked nightly at 7 p.m. Anyone entering or exiting will need to press a button beside the doors. The parkade first-floor entry points will be locked at all times. Staff/MP frequent visitors can use access cards or the punch code to enter the first floor of the parkade building while others will need to use the intercom system. All staff are reminded to self-screen before coming to work.

Thank you, again, to all screeners for keeping everyone safe!



A FOND DON FAREWELL

Don Horton spent three years as an MHC screener and, as he embarks on his second retirement, asked to share his gratitude here:

Thank you to Human Resources for giving me the opportunity to work at MHC. Thank you to Taylor and her team for providing me with ample work. Thank you to Tyler and his security team for keeping things safe and their impressive response to code whites. Thank you to Mirna and her team of screeners—all consistently working together during a period of constant change of policies and procedures.

Thank you to the information desk group. They work in a fast-paced environment requiring many skills and they always had their eyes and ears open. They also took the brunt of my one-liners and bad jokes.

And thank you to every other department, employee, visitor, volunteer, resident and patient that came through our doors and made my time here so special and rewarding.

I will miss my MHC family.

Sincerely, Don (screener) Horton.



Long-time screeners Cathy and Jeff with entry-point screening coordinator Mirna. On March 31 we said goodbye to all screeners who had become such a part of our Misericordia Family throughout the pandemic.

AMBULATORY CARE PATIENTS LIKE FAMILY

Whether it's the smiles from staff when you walk into the waiting area or the personal cards from patients posted on the walls, it's easy to see why the Ambulatory Care team at MHC considers themselves a tight knit family.

"When I first worked here there were still nuns here, it was a long time ago," said RN Brad Black.

"This has always been my home."

Ambulatory Care clinics at MHC serve patients from all walks of life—in the city and those who travel from rural communities for care.

On Tuesdays and Thursdays, it offers diabetic foot clinics where patients are assessed for ulcers, Charcot foot fractures and other conditions that affect the foot related to diabetes. Orthopedic specialists are present in the clinic on Mondays and Wednesdays. Black says many people choose the Ambulatory Care clinics for the sense of community.

"We work together as a team, and most of our patients come in regularly, we know them well, so they become part of our family," Black said.

"We're smaller, it's familiar, and everybody gets treated with respect."

Orthopedic technologist David Carroll says treating conditions like diabetic wounds is specialized care.

"We cast people for ulcers, but also Charcot foot fractures which is quite serious as it can cause the bones in your foot to be displaced, so it's a very important program."

Carroll says regular casting for ankle and wrists also occur. Knee and hip injections to deal with painful joints are common.

Rosa Turkula is the unit clerk who has been with the team for 33 years. She's known as the "gatekeeper" by her staff, and is the first face patients see when they walk in the clinic.

"I set the tone and greet the patients, and just make them feel comfortable," Turkula said.



(L-R) David Carroll, orthopedic technologist; Liam O'Brien, orthopedic technologist; Rosa Turkula, unit clerk; Brad Black, registered nurse; Stacey Nohlgren, patient care manager

Her desk is adorned with thank you cards, photos and sweet messages from former patients and their families, many of them children.

"I love all this," she said. "It's the little things like this you appreciate because you know they really love you here in the clinic."

Turkula said younger patients appreciate the stuffed teddy bears she offers while they wait to receive care.

"This started many years ago when we were super busy doing casting care with younger patients at the time, some as young as three years old," she said.

She says the small but mighty Ambulatory Care team makes it easy for her to come to work every day.

"We all work together and help each other out, we care about our patients, it's just a great place to work."

DR. SETHI 'SURPRISED AND HONOURED' BY SERVICE RECOGNITION

A long-time physician at Misericordia Health Centre recently received a commemorative medal for his service to the community in northern Manitoba.

Dr. Krishan Sethi was presented the Queen Elizabeth II Platinum Jubilee Medal at a special ceremony held at the Manitoba Legislature in January.

He was nominated by Flin Flon MLA Tom Lindsay for his medical contributions to the rural community.

"I was quite surprised and honoured of course," Sethi said. "It was quite humbling."

Dr. Sethi, who has been a family physician for more than 40 years, was recognized for his long commitment serving the northern Manitoba community. He's also a big part of Misericordia's Clinical Resource Team handling emergency eye intake patients.

"As a physician, I always make time where I am needed," he said. "I really do enjoy what I do."



Dr. Krishan Sethi was recognized with a Queen Elizabeth II Platinum Jubilee Medal for his years of service in northern Manitoba.

Sethi also received a Family Physician of the Year Award from The College of Family Physicians in 2005—the only physician in Northern Manitoba to have received this award.

He loves being a doctor and has no plans to fully retire just yet, though he's starting to scale back some of his work in the north and recently closed his family practice in Flin Flon.

"I closed the family practice at the end of last November, but there are still a number of charts to be transferred to the (Northern Regional Health Authority), and follow-up care for my patients as there was no physician available to take over my practice."

Going forward, Sethi says he plans to focus mainly on his work in Winnipeg.

"I'm in transition, let's say," he said. "But I still have other work commitments in Flin Flon which I am going to honour for the rest of the year."

NEW HIRES

Brent Villaflor, Rehab Assistant, Rehab Services

Clarence Cantiveros, HCA, MP2

Gabrielle Demers, RN, C2

Jami Gill, HCA, MP3

Jennifer Diaz, LPN, C5

Jude Arnovitch, Recreation Facilitator, Recreation Services

Lloville Millanar, LPN, MP1/3 Float Pool

Melanie Hechanova, HCA, MP2

Merlen Saure, HCA, MP2

Michael Moninar, CSD Technician, MDR

Muneet Rakhra, RN, C2

Nasra Abdullahi, HCA-Uncertified, MP1/3 Float Pool

Ramandeep Partola, HCA, MP3

Vilma Tamayo, HCA, C5

RETIRES

Karen Hruska, RN, PRIME

Reminder
To
Monthly Parkers, Reloadable Card Users & Staff

Please **DO NOT** park on
Level 2B

Monday to Friday
6am to 3pm

Reserved for Patients, Clients & Visitors

Parkade users may have noticed this sign on the door at level 2B –the level leading directly to the skywalk over Sherbrook connecting to our main complex. Parking on this level is more convenient, so please remember to keep this level available for patients, clients and our visitors from 6 a.m. to 3 p.m., Monday to Friday!

NOMINATE A NURSE!

National Nursing week runs from May 8 – 14 this year.

To celebrate, Misericordia’s Nursing Practice Council is hosting an awards ceremony and celebration tea on Friday, May 12 at 2 p.m. in the auditorium.

Staff may nominate a nurse who they think should be celebrated for their outstanding contributions. The deadline for submission is Monday, April 24.

The Rising Star award will be presented to an PN/RPN/RN who began their nursing career at MHC after 2019. The Nursing Excellence award will be handed out to an LPN/RPN/RN who has been practicing at least two years at MHC and demonstrates excellence in nursing practice.

More details on how to submit your nominations coming soon!

The theme for this year’s National Nurses week is “Our Nurses. Our Future,” and we are grateful to all our nurses for the amazing work they do every day to support the future of care at MHC!



OUR NURSES. OUR FUTURE.

CELEBRATING THE MANY ROLES THAT NURSES PLAY IN A PATIENT'S HEALTH-CARE JOURNEY



NATIONAL NURSING WEEK
MAY 8-14 2023



MISERICORDIA
TERRACE

APPLY NOW!

Misericordia Terrace is inspired by the Misericordia Sisters’ legacy of compassionate care.

Misericordia Terrace is a 97-suite 55+ independent assisted living community located on Wolseley Ave.

On offer are spacious one-bedroom or two-bedroom suites, all with access to shared areas: lounges, recreation spaces, a spectacular rooftop patio and much more.

Included in your rent will be water, heating/air conditioning, electricity, weekly housekeeping, on-site chef-prepared lunch and dinner served every day in our airy dining room.




For more information and to apply, please visit misericordiaterrace.ca