



JULY/AUGUST 2024

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

Page 1 - New clinic

Page 2 - MP in the Olympics!

Page 3 - Looking back

Page 4 - Meet Josh!

PRESIDENT'S MESSAGE: MINOR INJURY AND ILLNESS CLINIC



It's been an exciting summer at MHC! The provincial government announced in July Misericordia would be home to a new minor injury and illness clinic – MIIC for short.

The MIIC will serve patients with minor injuries and illnesses. This is different than an Urgent Care.

The new clinic will operate within our ambulatory care clinics space on the first floor. Trying to picture it? Ambulatory Care is conveniently located between our Information Desk and Patient Registration.

Patients will be able to book appointments online for the new clinic and there will be spaces for walk-ins as well.

As we await more details, what I can tell you for certain is that our board is very excited MHC has been selected to expand its campus of care and serve our community.

- Misericordia is indeed a good fit for a new MIIC for a variety of reasons such as:
- Our vast experience of providing efficient, high-volume outpatient clinics
- Diagnostic Imaging and lab in close proximity
- Our familiarity with local community
- The Misericordia Sisters' legacy of serving those in need
- Our patient-centric approach in providing care

Of course it goes without saying that MHC has a long and rich history of meeting community needs – and adding an accessible minor injury and illness clinic does just that!

Yours sincerely,

Caroline DeKeyster
cdekeyster@misericordia.mb.ca

HERE'S WHAT'S NEXT!

Kris Gladwell, President & CEO
MHC Foundation

We have been hard at work on our fall line-up of activities and events designed to support the people and programs of MHC – here's a sneak peek of what's to come!

One Great Lottery
onegreatlottery.ca

One Great Lottery – 40+ Great Causes! With a guaranteed jackpot of \$100,000 PLUS \$25,000 in early bird prizes, you won't want to miss the next installment of this lottery that supports so many great causes in Manitoba! Ticket sales start on September 10, so get in early for a Manitoba win-win!

InVision
misericordiafoundation.com/invision.html



Our signature fall event, InVision, presented by the Eye Physicians & Surgeons of Manitoba will be held on October 16 at the RBC Convention Centre. While we are already 85% sold out, we'd love you to join us as we celebrate and support the Eye Care Centre of Excellence! We are offering a special half-price discount for all MHC staff. You can simply use the code MHCHCH online, or call our office at 204.788.8458 and we'll be happy to help!

Continued on page 4

MHC'S PRIME ROOFTOP GARDEN COMES TO LIFE

Staff and clients in MHC's PRIME program have collaborated to grow an amazing new project—the "Green Thumbs" garden project on our rooftop terrace.

The idea took root last summer. PRIME clients expressed their desire to get outside, and also to scratch their itchy green thumbs. Many of the seniors in PRIME live in apartments or spaces that don't allow them to keep gardens as many used to earlier in life.

Over the winter staff and clients brainstormed the idea and decided on all the needed supplies and plants to unearth the garden beds. Windowsills at PRIME were overflowing with plants and seedlings in preparation for the growing season this year.

During a planting week in May a total of 47 PRIME clients went to the rooftop to prepare soil and plant the beds, and many have since been involved with watering and tending the lovely garden boxes.

June, who is considered the "master gardener" by PRIME staff, used to spend long hours at her former St. Boniface home tending a garden that encompassed her entire backyard! She still grows herbs on the balcony of her assisted living home, but looks forward to tending the rooftop garden, where she most appreciates the scented garden and can rhyme off plant names—mint, heliotrope and sweet-scented geranium to name a few.

Transitional Care clients and their loved ones are enjoying the beauty of the garden. The PRIME recreation team assists clients with garden crafts and projects to further beautify the space, while the whole team works together to ensure clients can visit and enjoy the garden regularly.

The Green Thumbs PRIME garden project is funded by generous Misericordia Health Centre Foundation donors!



June, the "master gardener," gives sustenance to the rooftop garden

MISERICORDIA GOES FOR GOLD AT FIRST INTERFACILITY OLYMPICS

Electricity was in the air at The Saul and Claribel Simkin Centre as Misericordia Place residents faced off against Simkin residents in an intense showdown. After a lively opening ceremony complete with music and an Olympic torch bearer, athletes took center stage. Ann was a force to be reckoned with in the shuffleboard stadium while sharpshooter, Eapen, led Misericordia to an 8 - 6 victory in a game of axe throwing. Other games included balloon volleyball, Olympic trivia, bean bag toss, and bowling.

While the two teams may have been at odds during the event, residents and staff from both personal care homes agree that they would like to see more Olympic showdowns in the future.

Congratulations to all our athletes; you represented Misericordia Place with pride and vigour!



2004



LOOKING BACK 20 YEARS

Security officer Mike Tomchuk poses in front of the newly installed 4.8-metre cross on MHC's roof in August 2004 in a Winnipeg Free Press photo, and again in August 2024. The cross was installed in tribute to the Misericordia Sisters. Mike, who still works in security today, says 20 years went by in a blink of an eye!

The health centre originally had a wooden cross on display in the early 1950s. It was removed in the 1960s. Although it appears white during the day, at night it glows bright red. Sitting at nine stories high, the cross continues to cast its light upon the Wolseley neighbourhood today.

In 2004 the Winnipeg Free Press reported that two dedicated Montreal nuns started in 1898, and of the hundreds of nuns who helped it grow over the years, only two remained alive at the time. The two returned to their motherhouse in Montreal in 2004.

The Misericordia Sisters had only been running the hospital for a year in 1899 when they found they had outgrown their space off Broadway. They moved to a hectare of land between Sherbrook and Maryland streets, where Misericordia remains today. The nuns had their strongest presence in the 1950s, when more than 45 of them worked at the hospital.

Sam Fabro, a former chair of Misericordia's board of directors who worked with the nuns, said in 2004 that the nuns were "approachable."

"They'll even let you give them a hug, which was something that was probably unthinkable when we were young."

2024



NEW HEALTH LINKS INFO-SANTÉ PILOT PROMOTES TIMELY ACCESS TO CARE

Health Links-Info Santé has launched their new Health Clerical-Nurses Model pilot project. Clerks are now responsible for gathering patient demographics as well as assisting callers to navigate the health system.

The new project looks to improve efficiency by hiring two new clerical staff, Rhoda and Simran, to gather this information before passing the call to one of the nurses.

Senior business analyst, Robin Dilawri, notes there has been excitement in the air among staff since the project launched at the end of July and sees a clear benefit for both nurses and people seeking health care.

"The intention of this initiative is to improve timely care for all Manitobans," says Dilawri.



Simran is busy taking initial patient demographics as well as assisting callers to navigate the health system.

NEW HIRES

April Manzano, RN, PHCC After Hours

Connie Dimen, Clinical Dietitian, Clinical Nutrition

Gerald Acurin, MDR Technician, Medical Device Reprocessing

Joselito Dolores, Aide, Surgical Complex

Katherine Dysico, RN, C2

Navjot Kaur, Patient Registrar, Patient Registration

Piotr Turon, Respiratory Therapist, Respiratory Therapy

Ramandeep Virk, Clerical Aide, Surgical Complex

Rhoda Isaac, Clerk 3, Health Links-Info Santé

Robin Kemash-Robbins, RN, MP float pool

Simranpreet Sidhu, Clerk 3, PHCC

Sukhdeep Kaur, ESA, Housekeeping

Yasmine Fandino, Health Information Management Professional, Health Information Services

RETIREES

Pam McLeod, Executive Assistant, Corporate Office

MHC Foundation, continued from page 1

We will also be recruiting volunteers for the event and if you are interested in learning more please contact the Foundation Office at 204.788.8458 or by email at mhcfoundation@misericordia.mb.ca

Also – more details to come on the exciting prize auction that always accompanies InVision!

Angel Squad

misericordiafoundation.com/angelsquad.html

Save the date for this year's opportunity to don your halos! The 29th edition of Angel Squad will kick off on December 3 and we look forward to sharing more details about this cherished community event with you.

As always, thank you for everything you do and we wish you a wonderful rest of the summer!

MISERICORDIA'S HELPFUL COMMUNITY



MEET JOSH!

Josh Verinder just joined the MHC Family as a Communications Coordinator. This means you may see him wandering the halls with a camera and notebook looking for social media or Life@MIZ newsletter content!

He's a 2023 Red River College Creative Communications graduate and is excited to help MHC communicate with staff, patients and families.

"There's a lot happening here, and it's easy to get lost in the hallways, but everyone is super friendly and happy to point me in the right direction!"

Josh and his sister Kiah play in a "trumpet-infused punk rock band" called Dinner Club, most recently performing at The Cube for Fringe Fest.

He likes festivals, and is headed out to the Rainbow Trout music festival near St. Malo this fall to help create an art piece—a wooden fish for festival-goers to paint.



PIT STOP WINNERS!



MHC'S bike to work day pit stop team strike a pose with their best pit stop trophy!

BADMINTON TIME



Jason lines up the birdie during a Friday drop-in badminton session. All are welcome to play!