

Misericordia Place

Life Advice Line



*Call
Today!*

204-788-8060

- | | | | | |
|-------------|----------|--------------------------------|----------|----------------------------|
| PRES | 1 | for following your dreams | 6 | for moose hunting |
| | 2 | for dating | 7 | for how to dress |
| | 3 | for how to grow in new ways | 8 | for falling in love |
| | 4 | for surviving Winnipeg winters | 9 | for advice from Bill's dad |
| | 5 | for advice from a 97 year old | 0 | for being true to yourself |

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Dial 9 for the sublime

A lifetime of life experience only a phone call away

By: Jen Zoratti

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Combined, the residents of Misericordia Place Personal Care Home have hundreds of years of life experience.

And now, you can benefit from that wisdom directly via the newly launched Misericordia Place Life Advice Line.

Dial 204-788-8060, select a number from the menu of options and listen to recorded insights from the care home's residents and patients on all of life's quandaries.

Press "5" for advice from Nina, a 97-year-old ("Brush your teeth and listen to your mother"). Press "9" for advice from Bill's dad ("Try to get a smile out of everybody"). Press "2" for dating advice from Susan ("Most guys out there are hopeless").



The Life Advice Line is a project by artists-in-residence Francesca Carella Arfinengo, Natalie Baird and Toby Gillies, who have been running the program for the past 14 years with support from Misericordia Health Centre Foundation, Manitoba Arts Council, the Winnipeg Foundation and Artists in Healthcare.

They hold drawing and painting workshops with the aim of fostering creativity, connection and community among residents.

"Then every couple of years, we have a special project where we try to share all that artwork and all the connections we've made with the public," Gillies says.

This year, that project is the Life Advice Line.

"We meet so many fantastic people and art really is a way to get to know each other and hear those lived experiences and they say the most fantastic things," Baird says.

An advice line was a way to share snippets of those stories with the public in a fun, accessible and low-tech way. They struck a lot of gold in their life-advice chats with residents, but the menu only has 10 options, so they might rotate different advice in the future.

Original story has been edited for length.