

Minutes

Meeting Date: November 10th 2022 – MP2
November 21st 2022- MP1, MP3 **Meeting:** Resident Advisory Council

Time: 10:30am

Staff & Resident Attendance:

MP 1: 8 Residents

MP 2: 5 Residents

MP 3: 4 Residents

1 Social Worker - Aliyah

1 Recreation Facilitator (MP2 Only)

1 Social Work Student (MP1 & MP3 Only)

Meeting Called to Order at 10:30am by Social Worker, brief overview of Resident Council's purpose:

- A space for residents to come participate in a meeting to voice their needs and concerns.
- A space for residents to have Input on the activities, policies and Issues affecting their lives in this facility.
- A place to receive updates about the PCH.

Welcome Here & Resident Advisory Prayer Read by Spiritual Health Practitioner

Resident Advisory Council Prayer

Loving God,

We come together as a community of neighbors. We are people who share a common space and work every day to live out your message of kindness and love. Today, as we gather for our advisory council, we ask that you bless this space with your presence. We pray that you provide us the ability to...

Listen with Integrity

Speak with Honesty

And respect the voices of one another.

God, we pray that you continue to bless all of us that live and work here at Misericordia Place.

In your loving name we pray, Amen.

Old Business:

We had a presentation about the Regional Distribution Facility, where our food comes from here at Misericordia Place. This presentation was not well received by the group and residents stated they would not like to have anything like this presented again. Residents at the last advisory meeting also stated they found it difficult to hear in the MP1 Multipurpose Room setting, and requested that moving forward Resident Advisory Council was completed on each floor. Due to this feedback, that is what we are doing this session. Concerns related to the food at Misericordia Place were relayed to the dietician on site, as well as the director of long-term care.

New Business:

Updates on up-coming events in the home from each department relating to the holidays, and an update on our End of Life Journey at Misericordia Place.

Recreation Update shared by MP2 Recreation Facilitator:

- Recreation has begun to put up Christmas and holiday decorations on the unit and will continue to do so over the next couple weeks.
 - Recreation and Spiritual Care will be planning a special service and reception for the residents close to Christmas.
 - There will also be Christmas themed arts and craft programs in December.
 - On Friday, December 30th there will be a New Year's Eve party with treats and bubbly for all residents in the MP1 Multi-Purpose Room, (the day BEFORE New Year's Eve).
 - Catered Christmas Lunch from the Fairmont Hotel: The meals will be available for everyone, and will consider all of the different diets and meal textures of each resident.
- MP1 Christmas Lunch: December 21st
MP2 Christmas Lunch: December 22nd
MP3 Christmas Lunch: December 30th

Spiritual Health Update shared by Spiritual Health Practitioner:

- Spiritual Health Programs will continue as usual, with Nurturing the Spirit and Hymn Sing offered weekly on the unit.
- Church concert (volunteer piano player) will continue on Tuesdays.
- Unit rotation of Sunday Roman Catholic Mass.
- In Mid-November, we will begin to sing Christmas carols during our weekly hymn sing and discuss advent themes in Nurturing the Spirit.
- The chapel will begin to see Christmas decorations next week.
- Residents can look forward to an announcement soon on inter-church Christmas services that will be offered for residents, family and staff in the chapel.
- Spiritual Health and Recreation Services are planning a special service and reception! On Christmas Day, our priest (Monsignor Jameison) will offer mass for every unit in the morning.

End of Life Journey shared by Spiritual Health Practitioner:

- Violet on the Door: When one of our residents has passed away it is important that we honor them and the life they

lived as our friend and neighbor. MP will be placing a picture of a violet on the door of the resident when they are end of life. The violet is a symbol of Sister Rosalie. This allows us to say our goodbyes and remind us to be respectful in the shared areas and hallways outside of the resident's room. Sample of violet on the door shared with all residents at the Advisory Council.

- Dignity Quilt: MP was donated a beautiful and meaningful quilt which includes symbols of a lighthouse, a lantern, violets and the words Respect, Caring & Trust which will be placed over the resident to help honor them as they leave MP. Quilt showed to all residents at the Advisory Council.

Bill of Rights at Misericordia Place:

At Misericordia Place we have a Resident's Bill of Rights, this is posted on every unit in the common areas. The Bill of Rights and Responsibilities is reflective of Misericordia's core value of caring, respect and trust and is intended to facilitate mutual cooperation, effective communication and a trusting, healing relationship between residents and staff.

During each Resident Advisory Council meeting we will continue to review the Bill of Rights and discuss 1-3 Rights that you as residents, have in this home. We would like to seek feedback as to if you feel your rights are being followed/acknowledged, and if not- the recommendations you have as to what we as a facility could do better to ensure your needs, and the needs of other residents here are being met appropriately.

Today we are talking about the following rights:

Residents have the right to...

- 1) Be treated with courtesy and in a way that promotes their dignity and individuality.
- 2) Have family participation in their care.

Residents accepted both rights.

Residents then asked if they have any questions, comments or concerns. None noted at this specific time.

Meeting adjourned by Social work.