

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2024

MP1

10:30 Miz Melodies on Main Floor

10:30 Program w/ Nadia



2:00 Word Games

Diwali (Hindu)

3 10:00 Hymn & Scripture

11:00 Stretch & Strength
4 3:00 Nurturing The Spirit
Happy Birthday, Nicola

11:00 Pampered Hands
5 2:00 Travelogue
3:20 Music w/ George

2:00 Bean Bag Toss
6 2:45 Trivia
6:00 Active Games on MPR

2:00 Balloon Tennis
7 6:00 Evening Program on MPR

10:30 Miz Melodies on Main Floor
8 2:00 Art w/ Jayne

3:00 Social Group
9 **Happy Birthday, Edith**



Daylight Saving Time Ends

10 10:00 Hymn & Scripture
11:00 Exercise
2:00 Canada Remembers (Veterans Day Discussion)



11:00 Program w/ Jude
12 3:20 Music w/ George
SHEN OFF

2:00 Yoga Exercise
13 6:00 Active Games on MPR

10:30 Miz Melodies on Main Floor
14 2:00 Egg Toss
6:00 Winnipeg Jets Game & Beer on MPR

10:30 Art for Anyone
15 2:00 Bingo

3:20 Horndean Choir
16



17 10:00 Hymn & Scripture

11:00 Stretch & Strength
18 3:00 Nurturing The Spirit

11:00 Pampered Hands
19 2:00 Travelogue
3:20 Music w/ George

10:30 RC Mass
20 2:00 Bingo
6:00 Active Games on MPR

2:00 Egg Toss
21 6:00 Evening Program on MPR

10:30 Miz Melodies on Main Floor
22 2:00 Art w/ Jayne

3:00 Social Group
23



24 10:00 Hymn & Scripture
11:00 Stretch & Strength
2:00 Birthday Cake

11:00 Program w/ Jude
25 3:00 Nurturing The Spirit
SHEN OFF

11:00 Program w/ Jude
26 3:20 Music w/ George
SHEN OFF

10:30 RC Mass
27 2:00 Yoga Exercise
6:00 Active Games on MPR

2:00 Balloon Tennis
28 6:00 Evening Program on MPR

10:30 Miz Melodies on Main Floor
29 2:00 Bingo

10:30 Program w/ Nadia
30 **Happy Birthday, Victoria**



Thanksgiving Day (US)

CALENDAR SUBJECT TO CHANGE. 1:1 RECREATION PROVIDED DAILY.