

Minutes

Meeting Date: October 17th 2022

Meeting: Resident Advisory Council

Venue: MP1 Multi-Purpose Room

Time: 10:30am

Staff & Resident Attendance:

MP 1: 4 Residents

MP 2: 3 Residents

MP 3: 4 Residents

1 Social Worker - Aliyah

2 Recreation Facilitators- Rael & Shen

Meeting Called to Order at 10:30am by Social Worker

Welcome Here & Resident Advisory Prayer Read by Social Worker:

Resident Advisory Council Prayer

Loving God,

We come together as a community of neighbors. We are people who share a common space and work every day to live out your message of kindness and love. Today, as we gather for our advisory council, we ask that you bless this space with your presence. We pray that you provide us the ability to...

Listen with Integrity

Speak with Honesty

And respect the voices of one another.

God, we pray that you continue to bless all of us that live and work here at Misericordia Place.

In your loving name we pray, Amen.

Old Business

In our previous Resident Council meeting on September 19th we spoke more into what Resident Council is and what we would like to see moving forward of Resident Council. Resident Councils are organized, self-governing, decision making groups of long-term care homes like Misericordia Place. Residents participating in Resident Council meet regularly to voice their needs and concerns and have input into the activities, policies and issues affecting your lives in this facility.

Last Resident Council it was decided that we would like Resident Council meetings to include information sessions or presenters to come in and share resources/information on various topics of interest to our residents. Some of the ideas for presentations that we have come up with are:

Food and Nutrition Services at Misericordia Place (Today)

Last Resident Council we also spoke about the U of M Research Study Taking Place, called “Strengthening a Palliative Approach in Long-Term Care”.

New Business

Food and Nutrition Services at Misericordia Place:

(13 Minute Video Included)

Where does our food at Misericordia Place come from?

Our food at Misericordia Place comes from The Regional Distribution Facility.

The Regional Distribution Facility

- The goal is to provide high quality, safe, nutritious meals
- The RDF is a 50,000 sq. foot building in the St. Boniface Industrial Park
- Employs 215 full time, part time and casual staff. Operates 18 hours a day, seven day a week.
- Prepares and delivers 8000 customized meals each day. 97 diet types are combined with patient specific preferences to create countless combinations
- Provide meals to Seven Oaks General Hospital, Victoria General Hospital, Grace Hospital, Concordia Hospital and Concordia Place, Deer Lodge Centre, Misericordia Health Centre and Misericordia Place, Riverview Health Centre, Calvary Place, Meals on Wheels, WRHA crisis centres and congregate meal programs
- The daily meal costs comparison to conventional hospital kitchens is more economical.
- The RDF has a green initiative.

The Process

- The RDF maintains all food at or below 5 degrees centigrade. Meal assembly occurs in temperature-controlled areas with trained safe food handlers.
- Meals are delivered three times daily in temperature-controlled trucks. Receiving facility place meals in specialized re-thermalization units for heating and chilling.
- The components and trays are returned from the facilities to the RDF for warewashing and sanitizing at a rate of 14 trays per minute.

Safety and quality control procedures ensure that patients and residents receive safe nutritious meals.

Resident Feedback on Presentation:

Residents stated they found this presentation about the food at Misericordia Place to be very boring and dry. Residents state they would prefer for Resident Council to continue being a conversation themed group as opposed to being presented too.

Bill of Rights:

Bill of Rights audits passed around to all members of Resident Council to complete with the assistance of Social

Work. Social Work read aloud the Bill of Rights to all residents and reminded residents of the Bill of Rights location on each unit.

Thoughts and Recommendations Relating to:

- The Home
- The Care
- Recreation, Spiritual Care & Other Social Activities

Round Table: Does anyone have any other questions, concerns or comments they would like to share with the group?

Comments/Concerns by Residents:

- 1) Residents would like to see Resident Council take place in short sessions on each floor as opposed to a large group in the multi-purpose room. Residents have described it is hard to hear the speaker in this environment.
- 2) Participants in Resident Council are really wanting to see more fresh fruit and salads included in the menu including peaches, apples, oranges, fresh fruit, tomatoes etc. Residents feel not enough fruit/vegetables are being offered with meals in the home.
- 3) Residents feel the music in the dining room is incredibly loud at times and can be very disruptive during eating times. Residents would like for staff to be mindful of music volume in the home.

Comments and concerns will be relayed to Resident Care Managers of each unit, Sarah & Tara and Director Jennifer Taylor.

Meeting Adjourned by Social Work at 11:30am.