

Minutes

Meeting Date: February 17-19, 2021

Name of Committee/Meeting: Resident Advisory Council

Venue: MP 1, 2 and 3

Time: 1000 (MP1), 1040 (MP2), and 1120 (MP3) hrs

1. Present/Apologies:

Attendees:

- 7 Residents per unit (as per MH guidelines)
- 1 Recreation Staff
- 1 Social Worker
- 1 Spiritual Care

• Call Meeting to Order

- Miriam led the Council in an opening prayer.
- New residents/members were introduced.

• Business Arising from September 30/20 minutes

Due to COVID outbreak on MP1 and MP3 November meeting was deferred.

Audits: Handwashing and Personal Protective Equipment audits are being done on a daily basis to ensure staff are following COVID19 protocols.

- **Spiritual Care Update:** Residents welcomed Miriam who has been hired as our full time Spiritual Health Advisor. Miriam was a student at MP and is familiar with many residents. Miriam informed residents that the chapel cannot be used until further notice. There will be mass on the units every Sunday at 1:30 p.m. via video stream. Nurturing the Spirit will be resuming on all the units with limited capacity.
- **Recreation Update:** The Recreation department has purchased PCH bicycles which can be used to exercise hands and legs/feet. Recreation facilitators will be setting up schedules for residents. Programs are open to 7 residents. On MP2 and MP3 programs will be held in the north and south dining rooms. On MP1 residents will be gathering in the dining room. TV rooms are not open on MP2 and MP3 at this time. MP1 TV area can have 4 residents. Live music and live stream performances will be offered throughout the facility. Big screen TVs have been purchased that can be connected to the internet for an increased variety of programming options. Recreation Facilitatorss advised residents to continue checking the monthly calendars for events. Residents expressed appreciation to the Recreation Facilitators for all their hard

work in keeping residents engaged during the COVID crisis. They stated they are thankful for the attention and the ability to remain involved as much as possible.

- **Bill of Rights:** Bill of Rights were reviewed and residents indicated that they continue to be relevant.
- **COVID19 update:** Misericordia Place continues to follow the guidelines as implemented by Manitoba Health. These guidelines change as the situation evolves and residents will be updated as policies are revised. Resident families/advocates receive MP updates on a regular basis. Two rooms with proper ventilation have been built on the main floor for the purpose of visitations. Visitors must make an appointment, be screened, wear a medical mask and goggles and maintain social distancing. As of today, one visitor may come at a time. Designated caregivers continue to be welcome on the unit, one visitor at a time. MP newsletters continue to be sent to families/advocates with regular updates.
- COVID vaccines have been administered to all residents who consented. Second doses are pending.
- Residents indicated that they are very pleased with visits opening up. They stated that it has been very hard to not see a family or friend.
- Hairdressing services will be resumed on Monday February 22/20. Residents were expressed relief at the news.

New Business

- **MP upgrades.** New call bell system has been installed on all units. Thanks to the residents for their patience and understanding. New curtains are in the process of being ordered. Residents expressed great satisfaction with the information. They indicated that the tables and chairs in the dining room could use an upgrade as well. Residents were informed that senior management is aware and are prioritizing improvement projects.
- **RAC Terms of Reference:** Terms of reference were discussed with residents. Residents noted that they find the meetings valuable for information sharing and as a means of expressing their thoughts, concerns and ideas. Some residents indicated that it is a safe place to share and they enjoy hearing what others think. Residents remarked that while it is nice to have family involvement they don't live here and may have a different perspective and different concerns than residents. Residents informed that terms will be reviewed taking their opinions into account.
- There being no further business meetings were adjourned.