

Minutes

Meeting Date: September 19th 2022

Meeting: Resident Advisory Council

Venue: MP1 Multi-Purpose Room

Time: 10:30am

Staff & Resident Attendance:

MP 1: 4 Residents

MP 2: 2 Residents

MP 3: 2 Residents

Staff: Aliyah (Social Worker), Miriam (Spiritual Care), Rael (Recreation), Shen (Recreation)

Meeting Called to Order at 10:30am by Social Worker

Welcome Here & Resident Advisory Prayer Read by Spiritual Health Practitioner:

Resident Advisory Council Prayer

Loving God,

We come together as a community of neighbors. We are people who share a common space and work every day to live out your message of kindness and love. Today, as we gather for our advisory council, we ask that you bless this space with your presence. We pray that you provide us the ability to...

Listen with Integrity

Speak with Honesty

And respect the voices of one another.

God, we pray that you continue to bless all of us that live and work here at Misericordia Place.

In your loving name we pray, Amen.

What is Resident Council?

Resident Councils are organized, self-governing, decision making groups of long-term care homes like Misericordia Place. Residents participating in a Resident Council meet regularly to voice their needs and concerns and to have input into the activities, policies and issues affecting your lives in this facility.

Social Works Role in Resident Council:

The role of Social Works in Resident Council is to bridge the gap between what we discuss in our meetings, and the rest of the staff and care team here at Misericordia Place.

Old Business

We previously discussed the current Resident Bill of Rights here at Misericordia Place. Do you feel that your rights are being honored? Do you have any proposed changes or ideas you would like to see added to our current Bill of Rights? *Resident Bill of Rights read aloud with all residents, and accepted by all residents in attendance.*

New Business

U of M Research Study Taking Place, called “Strengthening a Palliative Approach in Long-Term Care”.

Over the next year and a half, our home will be partnering on a project to introduce and evaluate a new family-centred approach to care called Strengthening a Palliative Approach in Long-Term Care (SPA-LTC).

People in our province helped to build the practices and resources that are part of SPA-LTC, and now our home is among 18 homes across Canada helping to evaluate them.

Many people think of palliative care as specialized care for the dying. Actually, some of the most important palliative care practices can be offered much earlier. In fact, a palliative approach is relevant at *any stage* of a chronic health condition, in any healthcare setting.

The word “palliative” means different things to different people, and it’s important to us that you know what we mean by it. We want to promote good communication about health, attention to the needs of the whole person which is their physical, emotional, mental, and spiritual well-being, and stronger relationships between residents, families, and staff – at *every* stage of health. So, when you see the words “a palliative approach”, know that it’s meant for everyone, at every stage of health. It’s a way to do more to adjust our approach to your needs and goals.

In the next few weeks, a member of our staff may be reaching out to ask if it’s okay to put you in touch with the team member from the University of Manitoba to explain how the evaluation works and invite you to confirm your interest in participating. There is no obligation to participate and participating or not has no impact on your care. The person leading the study here in Winnipeg is Dr. Genevieve Thompson, and she will come and speak to us at our next resident council.

Are there any questions about this? – No Questions Presented.

What would you like Resident Council to look like moving forward?

Is there any topics you would you like us to discuss or would like to learn more about?

Thoughts and Recommendations Relating to:

- The Home
- The Care
- Recreation, Spiritual Care & Other Social Activities

Round Table: Does anyone have any other questions, concerns or comments they would like to share with the group?

1) Residents in attendance agreed they would like to have information sessions or presenters come to resident

council to share resources/information on any topics. Social worker asked if there was any specific topics they would like information or resources on, the group stated they were unsure at this time but would reach out with any ideas, and that they would like this to be a part of resident council moving forward. (Social work to brainstorm presentation ideas with the rest of MP staff).

2) A resident raised the concern that although they are very pleased and happy with the care they receive at Misericordia Place, but noted that at times in the late evenings staff appear to be having conversations outside of resident rooms with other staff and this can prevent residents from being able to fall asleep. Resident suggested staff conversations should take place away from resident rooms over night when it is possible to do so. Social work agreed to this and let the resident know this concern would be brought forward to RCM's (Tara, Sarah) and DOC (Jennifer).

3) A resident stated they are very happy with the activities, and particularly enjoy the themed parties that recreation puts on, such as the end of summer party, the summer carnival. Recreation facilitators in attendance let the residents know that there will be an October Fest party this Friday for all floors, and that there will be a Halloween party in October.

Meeting Adjourned by Social Work at 11:30am.