



# Transitional Care Unit

Misericordia Health Centre's 119-bed Transitional Care Unit (TCU) serves clients who require an extended recovery time and restorative care following an acute-care medical or surgical admission. TCU clients receive complex therapeutic, nursing and allied health support for a limited period of time with a focus on discharge planning at the time of admission.

## Admission to TCU

Clients come to the TCU as a transfer from a hospital, from another facility or from the community.

## Restorative Care

Restorative care promotes clients' ability to adapt and adjust to living as independently and safely as possible. The health-care team focuses on a holistic approach to improve the physical, mental and social functioning of clients. TCU staff provide care, treatment and services in a way that respects and fosters clients' dignity and autonomy.

Clients are eligible for TCU when they are medically stable and are not at risk for rapid medical decline. TCU clients no longer require the care which is provided in an acute-care hospital and do not require ongoing intensive rehabilitation.

During the TCU short-term stay, clients receive on-going intervention with the goal of returning home as soon as possible. Working together with the client and family, we will develop a goal for discharge within 14 days of admission. If returning home is not possible the plan will include looking at other options.

## TCU Care Team

TCU clients are cared for by an interprofessional team that includes nurses, health-care aides, unit clerks, occupational therapists, physiotherapists, social workers, rehabilitation aides, dietitians, spiritual health practitioners, recreation facilitators/therapist and volunteers. Clients also have access to pharmacy technicians, representatives from Indigenous health services, speech language pathologists and mental health clinicians. Physicians are present on the units twice per week and available as needed through the unit staff.

Misericordia's Clinical Resource Team responds to medical emergencies on site. Clients may be transferred to an acute-care hospital if change to medical needs require.

## TCU Care Teams:

Cornish 2 | 204-788-8398

Cornish 5 | 204-788-8128

Cornish 6 | 204-788-8130