



MISERICORDIA
Health Centre
The future of care



DEC/JAN 2020-21

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: HAPPY HOLIDAYS



For me, December is a time to reflect on the year. I believe for many of us, 2020 has been one of the most challenging times we've experienced. As we've learned to co-exist with COVID-19, we've had to make many changes and face obstacles head on, working together along the way.

As I reflect on the year, the very first thing I think of is the MHC Family. As the pandemic has evolved, I've seen a strong, resilient team who have worked collaboratively to do what's needed to continue to provide compassionate care for residents, patients, clients and keep all who enter this building safe. Thank you.

While it seems that we've had to continuously adjust plans for special events and occasions – for example long-service traditions and now, the holidays – know that we are still celebrating, just differently. With Manitoba's Level Red public health orders being carried over into the New Year, gathering together won't be possible for the foreseeable future.

The Senior Leadership team and I are extremely grateful to have you as part of the MHC family. We may not be able to gather and celebrate together as we traditionally do, but we do have a special Christmas gift for you! Please see your manager about pick-up times for your gift.

As we approach the holidays – a time that can be stressful without the added layer of COVID-19 – I want to remind you to please take good care of all aspects of your wellbeing, especially your mental health. Through your Blue Cross EAP plan, there's extended coverage for counselling and there are several free mental health resources available through the Provincial Government: gov.mb.ca/covid19/bewell

Regardless of how you celebrate this time of year, I hope that you find joy and peace. Sometimes it's easy to look at what the pandemic has taken from us. However, I think it's also put into perspective what's most important. For me, what's most important are the people in my life, like you, the MHC family. So, let's work safely, stay home and do everything we can to flatten the curve so we can gather together again soon.

Wishing you a blessed and joyous holiday season!

And as we approach 2021, may we take what we've learned from the past year and continue to live the legacy of the Misericordia Sisters. A little bit of kindness can go a very long way!

Caroline DeKeyster

cdekeyster@misericordia.mb.ca



THANK YOU FOR BEING AN ANGEL!

Kris Gladwell, Executive Director,
MHC Foundation

Wow, I can't believe we're already halfway through December! Just like this month, Angel Squad flew right by – all 25 days of giving!

On behalf of the Foundation team and MHC Foundation Board, I'm thrilled to announce that not only did we double our goal of raising \$25,000 we raised more than \$60,000 in support of long-term care! We couldn't have done it without the generosity and support of our community.

Thank you to our 2020 Angel Squad tree sponsors: MacDon Industries Ltd., Mathen K. Mathen Medical Corporation, Manitoba Blue Cross, Ernst & Young, McLaughlin Capital Management, FoodFare, MD Financial Management, Qualico, Winnipeg Building & Decorating Ltd. as well as Paul and Rosie Jacuzzi.

On a more personal note, I'd like to extend gratitude to the MHC family for being part of my first-ever Angel Squad. I had so much fun reading the stories and helping continue the legacy of this cherished event.

Wishing you all health, happiness and joy this holiday season!





CHARITIES CAMPAIGN

First and foremost, thank you to all staff who participated in the 2020 Charities Campaign, whether you purchased 50/50 tickets, raffle tickets or made a donation to an area of your choice at MHC, your contribution is much appreciated.

Congratulations to the raffle winners:

50/50 draw – **Sheila Hutton**

Holiday starter prize pack – **Riza Magpantay** (pictured above)

On behalf of the Charities Campaign Committee and the MHC Foundation team, thank you for your support. Happy holidays!



WAY TO GO!

Congratulations to Johanna Tucker, LPN, MP 1, who studied throughout the pandemic to receive her Gerontological Nursing Certificate from the Canadian Nurses Association.



MISSION MOMENT

Submitted by Chris Salstrom

Geraldine (Gerrie) Anderson, MP 2 resident, found that she had extra Christmas cards, and as the mother of a veteran wanted to send them to vets this holiday season. Rael Kulchyski, recreation coordinator, went above and beyond helping Gerrie write more than 100 cards and supplying her with extras. Together, they have sent cards to long-term care residents at Deer Lodge Centre and veterans from the Occupational Stress Outpatient Clinic (those living with PTSD). Way to live our Mission Gerrie and Rael!



"What you do makes a difference, and you have to decide what kind of difference you want to make." - Jane Goodall

NICE COMMENTS

See what our followers and supporters are saying about MHC's amazing staff!

Shout out to all the staff on Cornish 6 for doing a great job. My mom's been there for a while now and being well cared for by the staff on that unit. It must be so scary to be working in health care right now- I can't imagine how it must feel on those front lines. But I know you are all doing your best and I know my mom is as safe as she can be. Thank you!



Perry Burden recommends Misericordia Health Centre.

February 24 •

Dr.Dookeran and staff do amazing work!



#TogetherWeCan  #IVD2020

THANK YOU VOLUNTEERS



STAFF PROFILE: KARLIE WILKIE

Occupational Therapist, Rehabilitation Services

Karlie joined the MHC family in summer 2019. She has worked in various programs at Misericordia, including PRIME, Transitional Care, and Misericordia Place. Initially hired as a casual occupational therapist, Karlie has now accepted permanent positions at MHC. She confirms that Misericordia truly is one of the best places to work in the city due to the friendly “community feel” and the many meaningful collegial friendships developed within the facility.

Karlie’s motivation to help others is not limited to patients. Earlier this fall, she rescued an injured pigeon outside MHC.

“I was in the office and I heard a noise outside the window. There was a pigeon flapping its wings and pecking on the glass trying to get in!” says Karlie, noting that her colleagues jumped in to help her with the rescue effort.

She brought the pigeon home and ensured it safely made it to Prairie Wildlife Rehabilitation Centre where it was determined to be dehydrated and extremely underweight. Volunteers nursed Karlie’s rescue pigeon back to health and reintegrated it with other fosters to the community.



CARDS FOR CARE

Cards for Care is a project that the Ace Burpee show launched to help spread some cheer to older adults in care homes this holiday season. Ace Burpee stopped by Misericordia Place to hand deliver cards that listeners wrote for residents.

Olga Bazilewich, MP 3 resident, was interviewed by Ace Burpee and shared some of jokes that she received in her card:

What do you call it when you cross Santa Claus with a duck? A Christmas Quacker!



#IVD2020

December 5 was International Volunteer Day! Thank you to all the amazing volunteers who have generously given their time to help support Misericordia Health Centre. Due to COVID-19, not all our regular volunteers are on-site right now and we miss them dearly!

Pictured above: Emily, Patient Registration Ambassador, who helps escort patients needing guidance to day surgery and other clinics.



DYK TRADING CARDS

We know it’s hard to keep up with the swiftly-changing COVID-19 information.

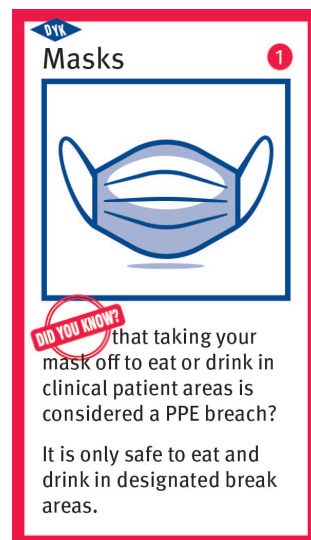
That’s why today we are launching a series of “Did You Know” wipeable trading cards with simple, helpful reminders for staff.

Collect them all!
Prizes to follow.

Cards will be handed out by auditors and also be available in the cafeteria and at the Information Desk.

Do you have a great “Did You Know?” idea you’d like to share? Would you like additional cards? If so, please email info@misericordia.mb.ca

Happy collecting!



NEW HIRES

Kelly Shaw, RN II, Health Links – Info Santé

Gwen Smith, Administrative Coordinator,
MHC Foundation

Ahmad-“Fahim” Amiri, HCA, Float Pool

Carol Sutham, Client Service Clerk,
Health Links – Info Santé

Sarah Sigurdson, Client Service Clerk,
Health Links – Info Santé

Ashley Yumang, Client Service Clerk,
Health Links – Info Santé

Amber Gledhill, Client Service Clerk,
Health Links – Info Santé

Jenna Coutts, Client Service Clerk,
Health Links – Info Santé

Mary Ann Cuevas, HCA, C6/Float Pool

Deborah Adebayo, HCA, Float Pool

Vivian Tran, Entry Point Screener, Security

Wendell Parke, Entry Point Screener, Security

Melissa McTavish, RN II,
Health Links – Info Santé

Bryner Danan, HCA, LTC Float Pool

Asmamaw Ambaw, ESA, Housekeeping

Betelehem T Tantu, ESA, Housekeeping

Arvin Teodocio, ESA, Housekeeping

Bethany Penner, Client Service Clerk,
Health Links – Info Santé

Andrew Faraci, Laundry Aide 1, Laundry/Linen

Lindsay Henderson, Client Service Clerk,
Health Links – Info Santé

Madison Charles, Client Service Clerk,
Health Links – Info Santé

Justin Carriere, Client Service Clerk,
Health Links – Info Santé

Chennel Fontaine, HCA, C2/Float Pool

Jessica de Jesus, Client Service Clerk,
Health Links – Info Santé

Cassandra Berti, Client Service Clerk,
Health Links – Info Santé

Kayla Manzoni, Client Service Clerk,
Health Links – Info Santé

Isabella Caci, Client Service Clerk,
Health Links – Info Santé

Shauna Morton, Client Service Clerk,
Health Links – Info Santé

Tsgazab Gebra, HCA, C5/Float Pool

Mark Aquino, HCA, Float Pool

Lauryn Kinakin, Client Service Clerk,
Health Links – Info Santé

Kalin Skolny, Client Service Clerk,
Health Links – Info Santé

Noah Buhr, Client Service Clerk,
Health Links – Info Santé

Lindsey Lemieux, Client Service Clerk,
Health Links – Info Santé

Kyra Shaver, Client Service Clerk,
Health Links – Info Santé

Jacqueline Maytchak, Client Service Clerk,
Health Links – Info Santé

BUY LOCAL
THIS HOLIDAY SEASON

Shop MHC makers and service providers

From baking to custom illustrations to
photography and more!



VISIT MBAY ON M-NET
SELECT "SERVICES PROVIDED"

HAVE A SERVICE OR PRODUCT TO PROVIDE?
EMAIL INFO@MISERICORDIA.MB.CA

Michala Rodgers, Client Service Clerk, Health
Links – Info Santé

Jacqueline Kennedy, Client Service Clerk,
Health Links – Info Santé

Jacqueline Reyes, Client Service Clerk,
Health Links – Info Santé

Ashley Finnen, LPN, C2/Float Pool

Brayden Barroso, Client Service Clerk,
Health Links – Info Santé

Anissa Vogel, Client Service Clerk,
Health Links – Info Santé

Stephannie Zaleski, Client Service Clerk,
Health Links – Info Santé

RETIREEES

Eusebio De Guzman, ESA, Housekeeping

