



JUNE/JULY 2020

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE: MHC Summer 2020: COVID-19 edition



As you know Manitoba has entered Phase 3 of restoring services as of June 21. While COVID-19 cases remain low – and this can't be reiterated enough – we still need to remain vigilant and continue to keep Misericordia safe.

Together as a team, MHC staff has done an excellent job at responding to the pandemic so far. Let's keep up the momentum! For the well-being of staff, the community and Manitobans alike, we can't afford to become "COVID complacent." Hand hygiene, physical distancing and staying home when you're feeling ill is as important now as it was at the onset of the pandemic.

A reminder it's important to have your staff ID available to present when you arrive at MHC. This safeguard is important. While we expect process changes coming to staff screening in the future, showing your nametag will remain a constant.

COVID-19 has impacted and changed our work and personal lives, and will most likely continue to do so. With facing this "new normal," we're all having to make adjustments in areas of our lives. Special occasions and milestones will continue and I think it's important to find new, creative ways to celebrate. For example, the MHC Foundation is hosting a virtual event, *InVision*, in lieu of the annual Misericordia Gala (read more about *InVision* in Foundation Executive Director, Kris Gladwell's message).

We also took a different direction for our annual staff appreciation barbecue, as our Boards of Directors and myself couldn't imagine not having this important event to recognize all your hard work.

Thank you to everyone who made the staff barbecue possible. While I know we couldn't all come together physically and enjoy a meal; I'm grateful for those who helped re- envision the barbecue and for the leaders who delivered all the staff meals. I'd also like to thank Storm Café Misericordia for preparing the meals – excellent job to Mitch, Jennifer and their team. I highly recommend that if you haven't tried any of the delicious fare from the café to do so.



...Continued on page 2

MHC FOUNDATION: WE'RE GOING VIRTUAL!

Kris Gladwell, Executive Director,
MHC Foundation

Given the uncertainty of when hosting events will be safe for staff, guests and the community, we've had to re-think our upcoming event season. However, COVID-19 will not stop us from coming together – virtually – to celebrate and support critical programs at Misericordia Health Centre!

For the first time ever, we'll be a hosting virtual event, and you're invited to join us on September 24 for *InVision*. Featuring Ace Burpee as the host, music from Big City All Star Band, delicious fare catered by Calabria Market, and all from the comfort of your home. *InVision* promises to be the most casual formal this fall and fun for all ages. We've just released a family ticket option with limited quantities available!

For more details and tickets, visit misericordiafoundation.com



#CommunityHeroesMB

Westgate Mennonite Collegiate band students gave a fantastic courtyard performance for Misericordia Place residents.

(pictured right)



YOU'VE BEEN MISSIONED!

The Mission Committee is back in action after a short break around COVID-19. Cornish 2 and 6 (pictured above) were recently missioned and enjoyed some cool treats from the committee.



PRESIDENT'S MESSAGE, CONT'D...

With the warmer weather, I encourage staff to use your time off to refresh and rejuvenate: you definitely deserve it after all the challenges over the last few months.

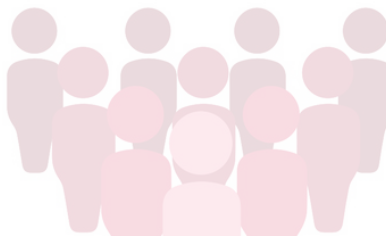
Wishing you and yours a wonderful summer!

Caroline DeKeyster

cdekeyster@misericordia.mb.ca

MEET MHC'S SENIOR LEADERSHIP TEAM

It's so important that as an organization we continue to make connections and get to know team members. In every issue of Life@Miz, we'll be profiling an SLT member. This month, you'll meet Jim Hill, our Chief Financial Officer.



STAFF PROFILE

Jim Hill, Chief Financial Officer

Jim has worked in health-care finance for 25 years and has been at Misericordia for three-and-a-half. Once he started in the field of health care, he knew that's where he wanted to be.

Prior to his time at Misericordia, Jim worked at Riverview Health Centre for 11 years and then for the Winnipeg Regional Health Authority before joining the MHC family.

With the onset of COVID-19, Jim and the finance team have been tasked by the region with isolating any costs related to the pandemic. Keeping track will create an overall picture of Coronavirus' financial impact on MHC. And of course, the pandemic timed itself quite nicely with the already busy year-end for the finance department.

Jim cites listening to music and running as his top activities that help relieve stress. He hasn't participated in a race in a few years, but he did recently race his teenage daughter on his birthday.



Mission Moment:
 Transitional Care visiting platform built by Plant Services in time for Mother's Day "window visits."

(pictured left)

HEALTH STORIES: COVID-19 staff profiles

The COVID-19 pandemic is changing our world, and Misericordia Health Centre staff are on the front lines.



"COVID-19 presented a lot of new information. It's been challenging to keep up with all the changes." - Muriel Torrato, Health Information Services

"Healthy sleep habits strengthen our immune system." - Siva Sreenu Pavan Gorantla, Sleep Disorder Centre to Health Links – Info Santé



Read all the staff profiles online at [misericordia.mb.ca/news/health-stories](https://www.misericordia.mb.ca/news/health-stories)

CONGRATS ON BEING AWESOME!



That's so awesome!!! She will love it!!

Thank you so much
 And please thank Gayle and Barb for everything!!

I will pass along to the message to Barb and Gayle. They along with the staff at Mis Place are awesome!

Delivered

They are the best!!!

We have had relatives at other care homes and the Mis is by far the very best



NEW BEGINNINGS

Demolition of the MERC building - to build the future Misericordia assisted living complex - has started and is expected to be completed by the end of September.



GYM RE-OPENED

New members – staff, physicians and volunteers who are currently working on site at MHC – are welcome to join!

Please note COVID-19 guidelines are in place.

For more information, please visit M-NET.

NEW HIRES

Erica Kappy, Scheduling Assistant, PHCC
Ashton Pruden, HCA, C5/Float Pool
Evelyn Manalo, LPN, LTC Float Pool
Amanda Lackey, RN II, C6
Leigh Morgan-Scheer, HCA, C6
Debbie Harms, RN II, PHCC
Whitley Schamber, RN II,
Health Links – Info Santé
Lisa Doll, RN II, Health Links – Info Santé
Eriedna Szpigel, HCA, MP3
Llewelyn David, LPN, MP2/Float Pool
Ryan Johnson, HCA, LTC Float Pool
Brianna Boyse, Recreation Facilitator,
Recreation Services
John Grivell, Laundry Aide 1, Laundry/Linen
U. Isabella Otutuama, HCA, MP1
Judy Iwanchuk, RN II, OR
Anna Rayter, Clinical Dietitian, Nutrition Services
Jennifer Klos, Manager, Recreation Services
Miranda Huppe, RN II, Health Links – Info Santé
Donald Garcia, Supervisor, Housekeeping
Rachel Segstro, Scheduling Assistant, PHCC
Joan Beredo, Scheduling Assistant, PHCC
Lorinda Rempel, Scheduling Assistant, PHCC
Ernelyn Espiritu, Scheduling Assistant, PHCC
Fatmata Daramy, Scheduling Assistant, PHCC
Ann Quincy Pimentel, Grad LPN, MP2/Float Pool
Denise Lazic, Corporate Administrative Assistant,
Nursing Administration
Breanne Timlick, Client Service Clerk, PHCC
Richard Luyun, Client Service Clerk, PHCC
Jenna Schurman, Client Service Clerk, PHCC
Nadia Zakhilwal, Grad LPN, LTC Float Pool
Tiana Rodgers, Client Service Clerk, PHCC
Sheryl Dayrit, Client Service Clerk, PHCC
Jaspar To, Entry Point Screener, Security
Jenna Gates, RN II, Health Links – Info Santé
Marcille Pasa, RN II, PACU/DS/POAC
Claudia Silva, Entry Point Screener, Security

RETIREEES

Joyce Okrainec, RN, POAC/PACU/DS
Louise Patenaude, Ophthalmic Assistant,
Ophthalmology Clinic
Karen McGregor, Team Leader,
Health Links – Info Santé



NICE COMMENTS

See what our followers and supporters are saying about MHC's amazing staff!



Sheri Kwasnik Our family has been visiting regularly with my Mom, who is a resident at Misericordia Place. She really enjoys seeing us, and we are so grateful for this service being offered. It has made this trying time a bit more bearable. Keep up the good work!!! 🙌🙌

Love · Reply · Message · 2h



Staying healthy and safe at work is important. We have been working hard collectively to stay safe during this pandemic.



Now that things are starting to feel a bit more “normal,” it’s important to remember some general safety tips:

- 1. Understand the risks.** Once you know the particular hazards of your job or workplace, you can take steps to reduce your risk of work-related injury or illness. Find out where the Safe Work Procedures are in your area and review them! Always follow the correct procedures.
- 2. Protect your back.** If you need to pick up and carry heavy loads, keep the load close to your body and lift with your thigh muscles. Avoid stooping or twisting. Use mechanical aids whenever possible.
- 3. Wear protective equipment to suit the task.** If worn correctly, PPE can dramatically reduce your risk of injury.
- 4. Keep your workspace clean and organized.** Take responsibility to clean up if you make a mess. Ensure a clear and easy route to emergency exits and equipment.
- 5. When in doubt, ask.** Contact your supervisor or manager for instruction, guidance, or training when you are unsure. Never take risks when it comes to safety.
- 6. Take breaks.** Taking your scheduled breaks keeps you more alert and awake, reduces stress, and helps to prevent injury.

Report hazards and/or injuries immediately to your supervisor and complete an Injury/ Near Miss form.

Here’s to a safe and healthy summer!

-Jen Downie RN, Occupational Health Nurse