



OCT 2020

Life @MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

Page 1 - President's message

Page 2 - Mission moment

Page 3 - Staff profile

Page 4 - Flu shot clinics

PRESIDENT'S MESSAGE: THE FIGHT AGAINST COVID-19 FATIGUE



It's been more than six months since the onset of COVID-19 in Manitoba. Whether you can't believe it's been this long or feel like it's been much longer, one thing is certain: we'll be co-existing with COVID for the foreseeable future.

First and foremost, I'd like to acknowledge all of you – the incredible staff at MHC. I know some days have been challenging and that the COVID climate – both personally and professionally – can be full of uncertainty and anxiety. Through it all, you've continued to live our Mission and show compassion to patients, residents, clients and colleagues alike. Right now, kindness is key.

As we enter flu season alongside the "new normal," it's evident that we'll need to approach this time as a marathon, not a sprint. As Dr. Brent Roussin, chief public health officer, would say: it's important to get back to the basics. We need to return to fundamental COVID-19 precautions and keep them top of mind. It's imperative that we overcome any COVID-19 fatigue and focus on our path forward.

I know that as a team we're ready for what's ahead. I appreciate every department's diligent planning and for remaining flexible as we collaboratively work through this ever-evolving pandemic.

Lastly, I'd like to remind you to get your flu shot. The flu shot is a highly effective way to protect your own health, and in turn, the health of those you care for. There are several opportunities starting October 13 to get your shot at MHC. The schedule can be found on the back cover.

Caroline DeKeyster

cdekeyster@misericordia.mb.ca

MEET MHC'S SENIOR LEADERSHIP TEAM

It's so important that as an organization we continue to make connections and get to know team members. In Life@Miz, we'll be profiling SLT members. This issue, you'll meet Cathy Johnston, Director of Human Resources.

ANGEL SQUAD: SILVER ANNIVERSARY

Kris Gladwell, Executive Director,
MHC Foundation

Save the dates: December 1 and 2, 2020

This year marks 25 years of Angel Squad! I know that Angel Squad is a staff and community favourite, and I couldn't be more excited to celebrate its silver anniversary with you.

Planning is fully underway for this year's event! We'll be doing things a little bit differently, as it's of utmost importance that we're COVID-conscious and prioritize the safety of everyone who's part of Angel Squad. Things might look a bit different for Angel Squad, but we'll be celebrating BIG!

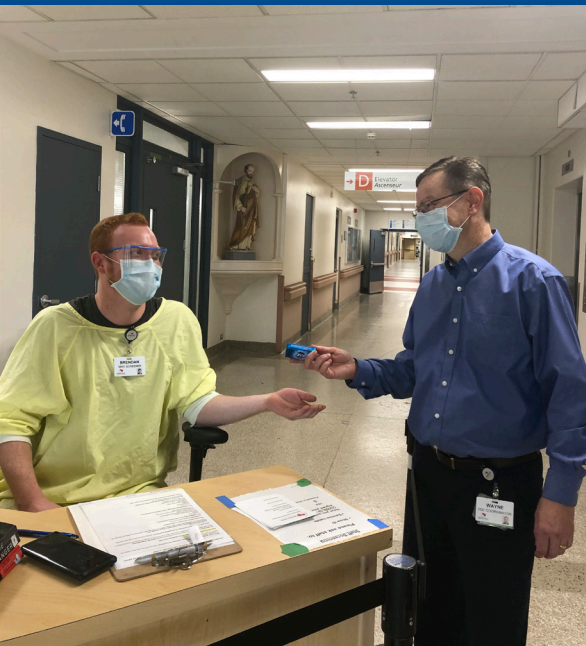
We want you to join the squad! We're looking for staff to suit up and don wings for one or both days of the event. If you're interested in getting your wings, please email mhcfoundation@misericordia.mb.ca or call Trish Taylor at x8469





National Sonography Week
October 4 - 10, 2020

#SONOGRAPHERSSAVELIVES



CANADIAN PATIENT SAFETY WEEK

October 26 – 30, 2020

Every Manitoban will access health services at some point in their lives – **#weareallpatients**. In consideration of the COVID-19 pandemic, the Manitoba Institute for Patient Safety notes that most of their resources are available for download. Visit mips.ca/canadian-patient-safety-week to learn more about Canadian Patient Safety Week and download resources.

It's Safe
to Ask*



MANITOBA INSTITUTE
FOR PATIENT SAFETY



MISSION
MOMENT

Submitted by Mirna Alberto, Volunteer Services

Wayne Thompson from the Sleep Disorder Centre has been bringing coffee to entrance screeners on weekends over the last three months. Wayne also purchased mints for MHC staff, including screeners, to help combat any “mask breath” they might experience throughout the day.

Way to live our Mission, Wayne!

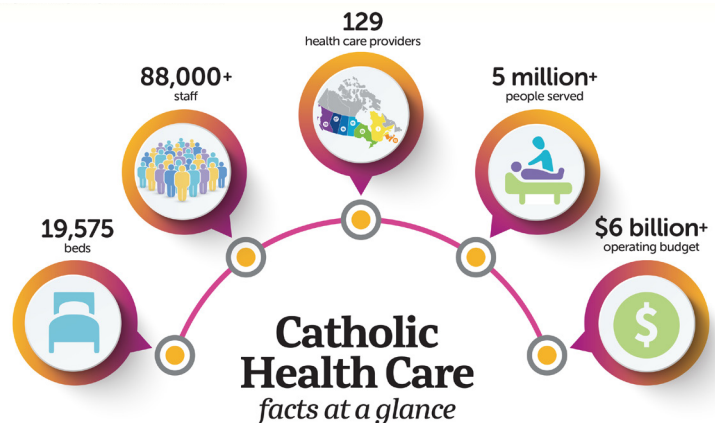
NATIONAL CATHOLIC HEALTHCARE WEEK

October 4 - 10, 2020

At the heart of Catholic health care is a deep respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people, from all backgrounds and faiths – especially society’s most vulnerable.

Q: why is National Catholic Healthcare Week is celebrated in October?

A: October marks the time of year when the first Catholic hospital (Hôtel Dieu) in Canada opened its doors, falls soon after the feast day of St Raphael, the patron saint of healing, and takes place during Thanksgiving, a well-recognized time of gratitude.





Orange Shirt Day
September 30, 2020

BUG DAY

Save the date: **October 20, 2020**

You're invited to participate in Bug Day!

- Bug day is Manitoba's largest health-care education event, held every year during National Infection Control Week.
- The 24th Annual Bug Day is hosted by HSC Winnipeg in collaboration with the University of Manitoba Continuing Professional Development (CPD) Medicine Program.
- If you're interested in prevention and control of communicable diseases, as well as health issue in the community or healthcare setting, then Bug Day is for you!



Venue: Virtually through MBTelehealth

MHC Location: Auditorium

Cost: free!

Agenda: hsc.mb.ca/files/Agenda-BugDay2020.pdf

INVISION: A GREAT SUCCESS!



more than \$90,000 was raised! The Foundation team would like to extend an enormous thank you to everyone who supported *InVision*, and send a special shout out to the event committee, volunteers as well as the MHC, MHCF and Misericordia Corporation Boards. Together, we're supporting the *Future of Care*.

STAFF PROFILE



Cathy Johnston, Director of Human Resources

A warm welcome to Cathy Johnston, who joined the MHC family in September!

Cathy started her career in health care at the Wellness Institute at Seven Oaks as the Director of Membership and Operations. Cathy had a keen interest in working at this medical fitness facility, given her background as a recreation professional.

After working as a recreational professional, Cathy returned to university to get a human resources certificate. Since then, she's worked as an HR professional, most recently at Health Sciences Centre.

Cathy and her husband enjoy spending time at their cabin, which she notes is a fixer-upper. Her COVID-19 hobby has been renovating the cabin as well as kayaking and hiking at the lake. She's a proud grandma to a one-year-old granddaughter and a granddog.

NEW HIRES

Ashley Davidson, Director of Development,
MHC Foundation

Brian Kotz, RN, Health Links – Info Santé

Camille Meub, Manager, Clinical Services,
Health Links – Info Santé

Cathy Johnston, Director, Human Resources

Danilo Baydal, Environmental Service Attendant,
Housekeeping

Delaney Ratcliffe, Client Service Clerk,
Health Links – Info Santé

Delaney Ratcliffe, Client Service Clerk,
Health Links – Info Santé

Howard Cade, Client Service Clerk,
Health Links – Info Santé

Jaclyn Despina, Client Service Clerk,
Health Links – Info Santé

Jenny Garcia, Patient Registrar,
Patient Registration

Jérémy Baudet, Team Leader,
Health Links – Info Santé

Jordan Loeb, RN II, Health Links – Info Santé

Kathy Dubois, Client Service Clerk,
Health Links – Info Santé

Margiela Bermudez, RN II, C3

Mark Guiling, RN II, MP2/FLOAT POOL

Samantha Gauthier, Client Service Clerk,
Health Links – Info Santé

Shannon Wilson, Client Service Clerk,
Health Links – Info Santé

Tolu Atama, Respiratory Therapist,
Respiratory Therapy

Tristan Malcolm, Entry Point Screener, Security

Valerie Crisostomo, RN II,
Health Links – Info Santé

RETIREEES

Kim Jones, RN, Day Surgery

Nancy Constantine, Staffing Clerk,
Human Resources

Denise Dueck, Administrative Assistant,
Acute Care Programs

Double your protection. Use a mask and the COVID Alert app.



ENTRANCE TO MHC

With Thanksgiving and Christmas coming up, please note that entry to MHC on holidays runs similar to weekends. Staff must enter and exit via the overpass.

Did you know that screeners at entry stations are informed daily with directives from the region? Whether it's a new process or an update to algorithms, our MHC screening team is here to keep you safe and healthy.



STAFF & VOLUNTEER INFLUENZA VACCINE CLINICS 2020



Date	Time	Location
Tuesday, October 13, 2020	0900 – 1600 hours	Vestibule outside Auditorium
Wednesday, October 14, 2020	0900 – 1600 hours	Vestibule outside Auditorium
Thursday, October 15, 2020	0800 – 1600 hours 1500 – 1900 hours	Occ Health office drop-in Rm 183W Travel Cart
Friday, October 16, 2020	0800 – 1600 hours	Occ Health office drop-in Rm 183W
Saturday, October 17, 2020	1000 – 1400 hours	Travel Cart
Monday, October 19, 2020	0800 – 1600 hours 1300 – 1600 hours	Occ Health office drop-in Rm 183W Travel cart MP
Tuesday, October 20, 2020	0800 – 1600 hours 0800 – 1600 hours	Vestibule outside Auditorium Occ Health office drop-in Rm 183W
Wednesday, October 21, 2020	0800 – 1600 hours 1500 – 1900 hours	Occ Health office drop-in Rm 183W Travel Cart
Thursday, October 22, 2020	0800 – 1600 hours 1300 – 1530 hours	Occ Health office drop-in Rm 183W Travel Cart
Friday, October 23, 2019	0800 – 1600 hours	Occ Health office drop-in Rm 183W

GET THE SHOT NOT THE FLU



MISERICORDIA
Health Centre
The future of care

Please bring your MANITOBA HEALTH Card!

Flu Shots are also available from:

- Pharmacists
- Public Health Clinics
- Quick Care & Walk-in Clinics
- Family Physicians



For more information go to:

<https://wrha.mb.ca/flu/>